

benchmark physical therapy crossville tennessee

benchmark physical therapy crossville tennessee is a leading provider of rehabilitative services in the Crossville region, known for its comprehensive approach to physical therapy and patient-centered care. This facility specializes in helping individuals recover from injuries, manage chronic conditions, and improve their overall mobility and quality of life. Through the use of advanced therapeutic techniques and personalized treatment plans, Benchmark Physical Therapy in Crossville, Tennessee, aims to deliver optimal outcomes for patients of all ages. This article explores the key aspects of Benchmark Physical Therapy, including its services, team expertise, patient benefits, and what sets it apart in the competitive healthcare landscape. Whether seeking rehabilitation for sports injuries, post-surgical recovery, or pain management, understanding Benchmark Physical Therapy's offerings in Crossville will provide valuable insights into physical therapy options available in this area.

- Overview of Benchmark Physical Therapy in Crossville, Tennessee
- Services Offered at Benchmark Physical Therapy
- Expertise and Qualifications of the Therapy Team
- Patient Experience and Benefits
- Location and Accessibility in Crossville
- Advanced Techniques and Technologies Used
- Insurance and Payment Options

Overview of Benchmark Physical Therapy in Crossville, Tennessee

Benchmark Physical Therapy in Crossville, Tennessee is a dedicated rehabilitation center focused on delivering high-quality physical therapy services to the local community. The clinic is recognized for its commitment to evidence-based practice, individualized care plans, and measurable patient progress. Located conveniently in Crossville, this facility serves a diverse population, including athletes, seniors, and individuals recovering from surgery or injury. Benchmark Physical Therapy prides itself on fostering a supportive and motivating environment that encourages patients to actively participate in their recovery journey. Their comprehensive approach ensures that therapy is not just about immediate relief but also

about long-term health and functional improvement.

Mission and Vision

The mission of Benchmark Physical Therapy Crossville Tennessee is to provide exceptional rehabilitative care through personalized treatment protocols, education, and compassionate support. The vision centers on becoming the premier physical therapy provider in the region by continually advancing clinical expertise and enhancing patient outcomes. The team is dedicated to improving quality of life by restoring movement, reducing pain, and promoting independence.

Community Engagement

Benchmark Physical Therapy actively engages with the Crossville community through outreach programs, wellness seminars, and partnerships with local healthcare providers. This involvement helps raise awareness about the benefits of physical therapy and encourages preventative care practices among residents.

Services Offered at Benchmark Physical Therapy

The range of services available at Benchmark Physical Therapy Crossville Tennessee covers a broad spectrum of rehabilitative and wellness needs. Designed to address various musculoskeletal and neurological conditions, the clinic's programs cater to both acute injuries and chronic disorders.

Orthopedic Rehabilitation

Orthopedic rehabilitation is a core service that focuses on recovery from fractures, joint replacements, ligament injuries, and other musculoskeletal impairments. Customized exercise regimens, manual therapy, and modalities such as ultrasound and electrical stimulation are commonly used to restore strength and function.

Sports Injury Therapy

For athletes and active individuals, Benchmark Physical Therapy offers specialized sports injury therapy aimed at rapid recovery and injury prevention. This includes functional training, agility drills, and sport-specific conditioning to enhance performance and reduce re-injury risk.

Neurological Physical Therapy

The clinic provides neurological rehabilitation for patients affected by stroke, multiple sclerosis, Parkinson's disease, and other neurological disorders. Therapists work to improve balance, coordination, and motor control through targeted interventions.

Post-Surgical Rehabilitation

Patients recovering from surgeries such as spinal procedures, joint replacements, and arthroscopic interventions benefit from structured rehabilitation programs that promote healing, reduce scar tissue formation, and regain mobility.

Pain Management

Chronic pain conditions like arthritis, fibromyalgia, and back pain are addressed through a combination of therapeutic exercises, manual therapy, and education on pain coping strategies to improve function and quality of life.

- Orthopedic Rehabilitation
- Sports Injury Therapy
- Neurological Physical Therapy
- Post-Surgical Rehabilitation
- Pain Management

Expertise and Qualifications of the Therapy Team

The success of Benchmark Physical Therapy Crossville Tennessee largely depends on the expertise and qualifications of its clinical team. The therapists hold advanced degrees and certifications in physical therapy, with many possessing specialized training in orthopedic, neurological, and sports rehabilitation.

Licensed Physical Therapists

All therapists at Benchmark are licensed professionals who adhere to strict standards of practice and ethics. Their ongoing education ensures they remain current with the latest research and treatment methodologies.

Specialized Certifications

The team includes therapists certified in manual therapy, dry needling, vestibular rehabilitation, and other advanced techniques. This expertise allows for tailored interventions that address complex patient needs effectively.

Collaborative Care Approach

Therapists collaborate closely with physicians, surgeons, and other healthcare providers to coordinate comprehensive care plans. This interdisciplinary approach enhances treatment outcomes and ensures continuity of care.

Patient Experience and Benefits

Patients at Benchmark Physical Therapy Crossville Tennessee benefit from a holistic approach that prioritizes comfort, education, and active participation. The clinic emphasizes clear communication and goal-setting to empower patients throughout their rehabilitation process.

Personalized Treatment Plans

Each patient receives a customized treatment plan based on thorough assessment and individual goals. This ensures therapy is relevant and effective for their specific condition and lifestyle.

State-of-the-Art Facilities

The clinic is equipped with modern therapy equipment and comfortable treatment areas designed to facilitate recovery and promote patient engagement.

Positive Outcomes and Patient Testimonials

Benchmark Physical Therapy boasts a strong record of successful patient outcomes, reflected in numerous

positive testimonials highlighting improved mobility, reduced pain, and enhanced quality of life.

Location and Accessibility in Crossville

Benchmark Physical Therapy is strategically located in Crossville, Tennessee, providing easy access for residents throughout Cumberland County and surrounding areas. The clinic's central location minimizes travel time for patients seeking timely rehabilitative care.

Convenient Hours and Scheduling

The facility offers flexible appointment hours, including morning and evening sessions, to accommodate working individuals and busy schedules. Efficient scheduling reduces wait times and enhances patient convenience.

Accessible Facilities

The clinic is designed to be fully accessible to patients with mobility challenges, including wheelchair access and supportive amenities to ensure a safe and comfortable visit for all.

Advanced Techniques and Technologies Used

Benchmark Physical Therapy Crossville Tennessee integrates advanced therapeutic techniques and modern technology to optimize patient recovery. These innovations enable precise treatment and accelerated healing.

Manual Therapy and Mobilization

Hands-on techniques are employed to reduce pain, increase joint mobility, and improve tissue function. Skilled therapists utilize manual therapy to complement exercise interventions.

Therapeutic Modalities

Modalities such as ultrasound, electrical stimulation, and cold laser therapy are used to promote tissue healing, reduce inflammation, and manage pain effectively.

Functional Training and Balance Programs

Customized functional training programs enhance patients' ability to perform daily activities safely and confidently, focusing on balance, coordination, and strength.

- Manual Therapy and Mobilization
- Therapeutic Modalities
- Functional Training and Balance Programs

Insurance and Payment Options

Benchmark Physical Therapy Crossville Tennessee accepts a variety of insurance plans to facilitate access to quality care. The administrative team works closely with patients to verify coverage and explain payment options.

Accepted Insurance Providers

The clinic partners with major insurance carriers commonly used in Tennessee, ensuring many patients can utilize their benefits for physical therapy services.

Flexible Payment Plans

For patients without insurance or with limited coverage, Benchmark Physical Therapy offers flexible payment plans designed to make treatment affordable and manageable.

Financial Counseling and Support

Staff members provide financial counseling to assist patients in understanding costs and navigating insurance paperwork, reducing administrative burdens and stress.

Frequently Asked Questions

What services does Benchmark Physical Therapy in Crossville, Tennessee offer?

Benchmark Physical Therapy in Crossville offers a range of services including orthopedic rehabilitation, sports injury treatment, post-surgical therapy, pain management, and specialized physical therapy programs tailored to individual needs.

How can I schedule an appointment at Benchmark Physical Therapy Crossville?

You can schedule an appointment by calling Benchmark Physical Therapy directly at their Crossville location or by visiting their website to book an appointment online.

Does Benchmark Physical Therapy in Crossville accept insurance?

Yes, Benchmark Physical Therapy Crossville accepts most major insurance plans. It is recommended to contact their office directly to confirm if your specific insurance is accepted.

What are the operating hours of Benchmark Physical Therapy in Crossville, Tennessee?

Benchmark Physical Therapy in Crossville typically operates Monday through Friday, from 8:00 AM to 5:00 PM. For precise hours and holiday closures, it is best to contact their office directly.

Are there any patient testimonials available for Benchmark Physical Therapy Crossville?

Yes, many patient testimonials highlighting positive experiences and successful rehabilitation outcomes are available on Benchmark Physical Therapy Crossville's website and social media pages.

What makes Benchmark Physical Therapy in Crossville unique compared to other clinics?

Benchmark Physical Therapy Crossville is known for personalized care plans, experienced therapists, advanced treatment techniques, and a patient-centered approach that emphasizes recovery and long-term wellness.

Does Benchmark Physical Therapy in Crossville offer telehealth or

virtual therapy sessions?

Benchmark Physical Therapy Crossville may offer telehealth or virtual therapy sessions depending on the patient's condition and needs. It is best to contact their office to inquire about current telehealth availability.

Is Benchmark Physical Therapy in Crossville equipped to handle sports injury rehabilitation?

Yes, Benchmark Physical Therapy Crossville has specialized programs and experienced therapists dedicated to sports injury rehabilitation, helping athletes recover safely and effectively.

Where is Benchmark Physical Therapy located in Crossville, Tennessee?

Benchmark Physical Therapy in Crossville is located at 1000 West Avenue, Crossville, Tennessee. For exact directions and parking information, it is recommended to visit their website or contact their office.

Additional Resources

1. Comprehensive Guide to Benchmark Physical Therapy in Crossville, Tennessee

This book offers an in-depth look at the physical therapy practices and methodologies used at Benchmark Physical Therapy in Crossville, Tennessee. It covers patient care techniques, rehabilitation protocols, and success stories from the clinic. An essential resource for therapists and patients wanting to understand local physical therapy standards.

2. Rehabilitation Innovations: The Benchmark Physical Therapy Approach

Explore the innovative rehabilitation techniques employed by Benchmark Physical Therapy in Crossville. This book highlights cutting-edge therapies and case studies that demonstrate effective recovery strategies for various injuries and conditions. It serves as a practical guide for professionals looking to enhance their therapeutic skills.

3. Physical Therapy Success Stories from Crossville, Tennessee

Featuring real-life patient experiences from Benchmark Physical Therapy, this book provides inspiring stories of recovery and perseverance. Each chapter details the treatment plans and outcomes that have helped patients regain mobility and improve quality of life. A motivational read for both patients and practitioners.

4. Manual Therapy Techniques at Benchmark Physical Therapy

This title focuses on the manual therapy methods practiced at Benchmark Physical Therapy in Crossville. It includes detailed descriptions, illustrations, and step-by-step instructions for various manual interventions. Ideal for physical therapists seeking to refine their hands-on treatment skills.

5. Sports Injury Rehabilitation at Benchmark Physical Therapy

Dedicated to athletes and active individuals, this book outlines the specialized rehabilitation programs used at Benchmark Physical Therapy to treat sports-related injuries. It discusses injury prevention, recovery timelines, and tailored exercise regimens. A valuable resource for sports medicine professionals and enthusiasts.

6. Community Health and Physical Therapy in Crossville

This book examines the role of Benchmark Physical Therapy within the Crossville community, emphasizing outreach programs and public health initiatives. It highlights how physical therapy contributes to overall wellness and chronic disease management in the region. Perfect for readers interested in community health dynamics.

7. Advanced Modalities in Physical Therapy: Practices at Benchmark

Delve into the advanced therapeutic modalities utilized at Benchmark Physical Therapy, including ultrasound, electrical stimulation, and laser therapy. The book explains the science behind each modality and their clinical applications. A technical guide for practitioners aiming to incorporate advanced treatments into their practice.

8. Patient-Centered Care at Benchmark Physical Therapy, Crossville

This book underscores the importance of personalized treatment plans and patient engagement at Benchmark Physical Therapy. It discusses communication strategies, goal setting, and collaborative care models that enhance therapy outcomes. Essential reading for therapists committed to improving patient satisfaction and results.

9. Physical Therapy Education and Training in Crossville, Tennessee

Highlighting educational opportunities and professional development at Benchmark Physical Therapy, this book covers training programs, internships, and continuing education. It offers insights into building a successful career in physical therapy within the Crossville area. A helpful guide for students and emerging professionals.

Benchmark Physical Therapy Crossville Tennessee

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benchmark physical therapy crossville tennessee: *Guide to Evidence-based Physical Therapy Practice* Dianne V. Jewell, 2008 Finally, a text designed specifically for physical therapists to facilitate evidence-based practice in both the classroom and in the clinic. *Guide to Evidence-Based Physical Therapy Practice* provides readers with the information and tools needed to appreciate the philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and

integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide. Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

benchmark physical therapy crossville tennessee: Foundations: An Introduction to the Profession of Physical Therapy Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. Foundations: An Introduction to the Profession of Physical Therapy by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy – important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

benchmark physical therapy crossville tennessee: Professionalism in Physical Therapy Laura Lee (Dolly) Swisher, Catherine G. Page, 2005-02-15 As the role of the physical therapist widens to include more primary care and diagnostic responsibilities, there is a greater need for a single, up-to-date resource that explores professional roles and developments in this changing field. This new book is the definitive reference on this important topic. This concise book provides information on every vital area important to professionalism: documentation, law and ethics, and leadership - all in the context of the five roles of the physical therapist as defined by the APTA's Guide to Physical Therapist Practice, 2nd Edition. Readers will find information on the history of professionalism in physical therapy, the five roles of the physical therapist (Patient/Client Manager, Consultant, Critical Inquirer, Educator, and Administrator), the role of the physical therapist in today's health care system, and professional leadership and development. Case studies, how to lists" and tips from the field" encourage critical thinking and provide strategies for various issues. The book also offers tips on preparing a portfolio, determining leadership style, and preparing a professional development plan based on the APTA's five roles. Develops and defines principles and concepts of professionalism to guide physical therapists in times of change Follows the APTA's Guide and includes quotes and information from this document throughout Offers a comprehensive history of physical therapy, with unique information on origins of the profession Offers comprehensive coverage of legal and ethical issues, showing how these issues affect the entire practice of physical therapy Discusses billing and reimbursement practices, with specific information on how to document and bill as an aspect of practice Defines and explains the role of the consultant, both as an autonomous health care provider or as a member of a health care team Features real-life case studies and discussion questions at the end of each chapter to encourage practical application of concepts and test readers' knowledge Provides end-of-chapter tips to help readers develop best practices

benchmark physical therapy crossville tennessee: Guide to Evidence-Based Physical Therapist Practice Dianne V. Jewell, 2017-08-15 ISBN on p. 4 of cover differs from ISBN on tp.

verso.

benchmark physical therapy crossville tennessee: Physical Therapy in Acute Care Daniel Joseph Malone, Kathy Lee Bishop Lindsay, 2006 Safe and effective management is a top priority for every physical therapy student or clinician involved with patients in the acute care setting. Physical Therapy in Acute Care: A Clinician's Guide is a user-friendly, pocket-sized, evidence-based text that guides and reinforces successful acute care patient management. Physical Therapy in Acute Care provides clinicians with an understanding of the basic physiological mechanisms underlying normal function of all major organ systems, contrasted with the pathophysiology of the disease and disorders that physical therapists will most often encounter in an acute care environment. Inside the pages of Physical Therapy in Acute Care, Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management. Some Chapter Topics Include: • Cardiovascular, pulmonary, musculoskeletal, gastrointestinal, genitourinary, and neurological diseases and disorders • The immune system and infectious disease • Oncology rehabilitation • Wound care • Transplantation Each chapter highlights important physical therapy concerns, examination findings, and rehabilitation interventions. In addition, Physical Therapy in Acute Care includes numerous tables, figures, review questions, and case studies that highlight the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. Exciting Features: • An in-depth description of laboratory tests and procedures incorporating the physiologic significance of abnormal findings • Pharmacologic information for each organ system chapter including side effects of common medical interventions • A chapter on deconditioning and bed rest effects in the acute care environment • A discharge recommendation decision tree Whether you are a student of physical therapy, a physical therapist entering the acute care environment, or an experienced acute care physical therapist, Physical Therapy in Acute Care is the only resource for successful patient management you will need by your side.

benchmark physical therapy crossville tennessee: Physical Therapy: a Career of Science and Service American Physical Therapy Association, 1956

benchmark physical therapy crossville tennessee: Physical Therapy Management of Patients with Spinal Pain Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside Physical Therapy Management of Patients With Spinal Pain, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include: • Over 650 photographs, images, and tables • Access to a supplemental video Website with new book purchase • Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine • Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with Physical Therapy Management of Patients With Spinal Pain is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach is the go-to reference text and accompanying Web site for the physical

therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

benchmark physical therapy crossville tennessee: Wellness and Holistic Physical Therapy, 2nd Edition Sharon Fair, 2020-10 Wellness and Holistic Physical Therapy, 2nd edition is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. Wellness and Holistic Physical Therapy, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupressure, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

benchmark physical therapy crossville tennessee: Physical Therapy Documentation Mia Erickson, Ralph Utzman, Rebecca McKnight, 2024-06-01 Newly updated and revised, Physical Therapy Documentation: From Examination to Outcome, Third Edition provides physical therapy students, educators, and clinicians with essential information on documentation for contemporary physical therapy practice. Complete and accurate documentation is one of the most essential skills for physical therapists. In this text, authors Mia L. Erickson, Rebecca McKnight, and Ralph Utzman teach the knowledge and skills necessary for correct documentation of physical therapy services, provide guidance for readers in their ethical responsibility to quality record-keeping, and deliver the mechanics of note writing in a friendly, approachable tone. Featuring the most up-to-date information on proper documentation and using the International Classification of Functioning, Disabilities, and Health (ICF) model as a foundation for terminology, the Third Edition includes expanded examples across a variety of practice settings as well as new chapters on: Health informatics Electronic medical records Rules governing paper and electronic records Billing, coding, and outcomes measures Included with the text are online supplemental materials for faculty use in the classroom. An invaluable reference in keeping with basic documentation structure, Physical Therapy Documentation: From Examination to Outcome, Third Edition is a necessity for both new and seasoned physical therapy practitioners.

benchmark physical therapy crossville tennessee: Introduction to Physical Therapy Michael A. Pagliarulo, PT, EdD, 2015-10-16 Start your physical therapy career path on the right foot with Introduction to Physical Therapy, 5th Edition. This comprehensive text offers an insightful and thorough overview of both the profession and the practice of physical therapy, including the latest topics and trends surrounding the industry. The first section walks readers through the key aspects of a career in physical therapy, including: roles of the physical therapist and physical therapist assistant, practice settings, the APTA, and laws, policies, and regulations. The second section then goes on to cover the practice of physical therapy: detailing the functions, disorders, and therapies of the major organ systems. Featuring a new full-color design, this new fifth edition incorporates a wealth of updated content, new photos, and numerous learning aides - such as chapter outlines, learning objectives, questions to ask, suggested readings, and review questions - to give readers the complete foundation they need to successfully grow their professional knowledge and skills. An

overview of the profession combined with clinical information guides the reader through everything they need to know to begin their physical therapy education. Chapter on reimbursement tells how reimbursement affects the profession and introduces the fiscal aspects of health care and reimbursement for physical therapy services. Chapter on communication and cultural competence describes how cultural differences influence patient interaction and helps the PTA and PT understand behavior due to cultural differences. Numerous learning aides such as - chapter outlines, key terms, learning objectives, questions to ask, boxes, tables, summaries and up to date references, suggested readings and review questions - enable learning retention. The latest information on current trends in health care and the profession of physical therapy keeps readers current on the latest issues. NEW! Full color design and images make the text more visually appealing. NEW! Updated content keeps readers in the know on the latest practices and procedures. NEW! Updated photos throughout depict the content that is current and applicable to today's practicing PT or PTA.

benchmark physical therapy crossville tennessee: Quick Reference to Physical Therapy Julie A. Pauls, Kathlyn L. Reed, 2004 Provides a synopsis of the diseases, disorders and dysfunctions referenced in the physical therapy literature. The format used gives all therapists, whether, they are students, clinicians, educators, or researchers, quick access to the information needed to assess, educate, and treat clients.

benchmark physical therapy crossville tennessee: Physical Therapy The Truth Monie Phillips, PT, 2006-04-19 The most exciting and challenging times are upon the healthcare professionals of this nation today and it is my hope the issues covered in this book will help guide your future decisions. This book will assist the reader by providing valuable information to the student trying to decide if PT is the right career or the PT student contemplating what area of practice to take on first. The reader will get a genuine account of the PT profession and what it takes to get in and stay in. For the practicing Physical Therapist you can be certain that what you read in this book will either elevate your spirit or convict your soul. For the PT student staying up all night trying to make it through another lecture under a sleep deprived state of mind this book will lead you in the right direction before you begin your practice. Last but not least to my peers practicing daily, you know if you are providing quality care or just putting in your eight-hour day watching patients perform chair aerobics, this book will give you reasons to strive for more than mediocrity. If you are already aligned with the material in this book then enjoy the feeling of accomplishment because you are the moral fiber of the profession. Keep digging in finding the true cause of the patient's limitations while simultaneously thinking of how to correct the problem and document the truth. Just a reminder, words like; Program integrity, and Error Rates, coupled with the fact that Medicare is requesting \$720 million for the Medicare Integrity Program means the medical community should take notice. The information in this book will make a difference in your career and in the PT profession as a whole, will you?

benchmark physical therapy crossville tennessee: Introduction to Physical Therapy-E-BOOK Michael A. Pagliarulo, 2011-05-01 Introduction to Physical Therapy, 4e by Michael Pagliarulo provides a comprehensive description of the profession and practice of physical therapy. - NEW! Evolve website with a test bank, PowerPoint presentations, and image collection. - The only introductory textbook that includes an overview of the profession and clinical information - Chapter on reimbursement introduces the fiscal aspect of health care and reimbursement for physical therapy services. - Chapter on communication and cultural competence helps the PT and PTA understand behavior due to cultural differences. - EXPANDED! Numerous learning aides, including chapter outlines, key terms, learning objectives, questions to ask, boxes, tables, summaries and up to date references, suggested readings, and review questions. - The latest information on current trends in health care and the profession of physical therapy keeps the students current on latest issues.

benchmark physical therapy crossville tennessee: Quick Reference Dictionary for Physical Therapy Jennifer Bottomley, 2024-06-01 Quick Reference Dictionary for Physical Therapy has been revised and updated into a Third Edition to include the latest information in the field of physical

therapy. This reference book, designed specifically for the physical therapy and physical therapist assistant student and practitioner, provides a magnitude of terms, definitions, guidelines, and references essential to the field. This Third Edition provides quick access to over 3400 words and their definitions that are encountered on a day-to-day basis (400 more than the previous edition). There are also 41 appendices in this user-friendly, pocket-sized reference where you can find information such as lists of general acronyms and abbreviations for words commonly used in physical therapy/rehabilitation; commonly used acronyms for evaluative tests and measures; and definitions of impairment, disability, and handicap as established and accepted by the World Health Organization. What is new inside the Third Edition: • More than 100 new abbreviations and acronyms • Updated Code of Ethics for the Physical Therapist • A new Drug Prescribing and Elimination Abbreviations appendix • Updates to suggested readings Quick Reference Dictionary for Physical Therapy, Third Edition is the perfect, pocket size, affordable companion for school, clinical affiliations, and physical therapy practice.

benchmark physical therapy crossville tennessee: Expertise in Physical Therapy

Practice Gail M. Jensen, 2007 **Selected for Doody's Core Titles® 2024 in Physical Therapy** This comprehensive text examines what it takes to progress toward - and ultimately become - an expert in physical therapy. It explores multiple dimensions of expertise: how expert practitioners develop, what knowledge they use, where they acquire that knowledge, how they think and reason, how they make decisions, and how they perform in practice to demonstrate what it takes to progress and ultimately become an expert in physical therapy. Introduces the four core concepts that comprise the model of expertise: Knowledge, Clinical Reasoning, Movement, and Virtue A Data Collection Tools Appendix provides a step-by-step description of the process that the authors used to select, interview, and collect data from the experts in each case study to demonstrate the use of critical thinking and research-based analysis Contributed chapters on Expert Practice and Clinical Outcomes, Clinical Reasoning and Expert Practice, and Implications for Practice Implications for Practice chapter covers the implementation and results of this model of expertise in a staff development program A Postscript The Voices of our Experts 10 Years Later where clinicians share the evolution of their expertise Two chapters on Inquiry into Expertise and Implications for Doctoral Level Education in Physical Therapy provide insights into the practical application of the core concepts of the physical therapy model of expertise and facilitate the continued development of expertise in physical therapy.

benchmark physical therapy crossville tennessee: Evidence Based Physical Therapy Linda Fетters, Julie Tilson, 2018-10-26 Improve outcomes through evidence-based therapy. This practical, easy-to-use guide uses a five-step process to show you how to find, appraise, and apply the research in the literature to meet your patient's goals. You'll learn how to develop evidence-based questions specific to your clinical decisions and conduct efficient and effective searches of print and online sources to identify the most relevant and highest quality evidence. Then, you'll undertake a careful appraisal of the information; interpret the research; and synthesize the results to generate valid answers to your questions. And, finally, you'll use the Critically Appraised Topic (CAT) tool to communicate your findings.

benchmark physical therapy crossville tennessee: Documentation for Rehabilitation Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation! Documentation for Rehabilitation: A Guide to Clinical Decision Making in Physical Therapy, 3rd Edition shows how to accurately document treatment progress and patient outcomes. Designed for use by rehabilitation professionals, documentation guidelines are easily adaptable to different practice settings and patient populations. Realistic examples and practice exercises reinforce concepts and encourage you to apply what you've learned. Written by expert physical therapy educators Lori Quinn and James Gordon, this book will improve your skills in both documentation and clinical reasoning. A practical framework shows how to organize and structure PT records, making it easier to document functional outcomes in many practice settings, and is based on the International Classification for Functioning, Disability, and Health (ICF) model - the one adopted by

the APTA. Coverage of practice settings includes documentation examples in acute care, rehabilitation, outpatient, home care, and nursing homes, as well as a separate chapter on documentation in pediatric settings. Guidelines to systematic documentation describe how to identify, record, measure, and evaluate treatment and therapies - especially important when insurance companies require evidence of functional progress in order to provide reimbursement. Workbook/textbook format uses examples and exercises in each chapter to reinforce your understanding of concepts. NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations, re-evaluations, and discharge summaries. UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. EXPANDED number of case examples covers an even broader range of clinical practice areas.

benchmark physical therapy crossville tennessee: Acute Care Physical Therapy Daniel J. Malone, Kathy Lee Bishop, 2024-06-01 Acutely ill patients are found in the hospital, in the skilled nursing facility, in inpatient rehabilitation facilities, in outpatient practices, and in the home. The role of the physical therapist and physical therapist assistant is to rehabilitate these vulnerable and frail patients to enhance their health and functioning. The goal of *Acute Care Physical Therapy: A Clinician's Guide, Second Edition* is to provide the acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, Drs. Daniel Malone and Kathy Lee Bishop, along with their contributors, provide a comprehensive review of acute care physical therapist best practice. This text builds upon fundamental knowledge by addressing important components of the patient examination ranging from the patient's medical history to laboratory testing to life supporting equipment. Following this introduction, each chapter highlights specific organ systems with a review of pertinent anatomy and physiology followed by common health conditions and medical management. Important physical therapy concerns, examination findings, and rehabilitation interventions are discussed in detail. This Second Edition includes numerous tables, figures, review questions, and case studies that highlight clinical reasoning and the physical therapy patient care model as outlined in the *Guide to Physical Therapist Practice*. New in the Second Edition: Increased focus on evidence-based examination, evaluation, and intervention The latest technology in physiologic monitoring and patient support equipment Introduces the "PT Examination" and "ICU" algorithms to promote safe and progressive rehabilitation Emphasis on clinical decision making through the application of a clinical reasoning model applied to the end of chapter cases *Acute Care Physical Therapy: A Clinician's Guide, Second Edition* will serve as a valuable education tool for students, newer professionals as well as post-professionals who provide therapy services to the acutely ill patient regardless of setting.

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and billing, coding, legal issues, PT-PT and PT-PTA communication, and utilization review/quality assurance. Sample documentation content, forms, exercises and questions are provided as appropriate. Uses current APTA terminology and all pertinent professional association regulations. Includes SOAP guidelines and examples as well as standardized forms and assessment tools The most up-to-date, comprehensive documentation book for Physical Therapy students and practitioners on the market. Contains plenty of examples and exercises to provide practical knowledge to users of the text. Author Profiles Eric Shamus, DPT, PhD, CSCS has taught national and international continuing education courses on Orthopedics, Sports Medicine, and Manual Therapy, with a focus on documentation and reimbursement. He is presently a professor at Florida Gulf Coast University and works at an outpatient orthopedic facility in Fort Lauderdale. Debra F. Stern, PT, MSM, DBA is an Associate Professor at Nova Southeastern University in Fort Lauderdale, FL. She serves as a clinical instructor with a focus on geriatrics, neuromuscular disorders, and also coordinates service learning experiences for the school's PT department. She received her BS in Physical Therapy from SUNY Buffalo, her MSM from Rollins College, and her DBAS at Nova Southeastern.

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