

benchmark physical therapy centerville highway snellville ga

benchmark physical therapy centerville highway snellville ga is a leading facility dedicated to providing comprehensive physical therapy services in the Snellville area. This article explores the various aspects of Benchmark Physical Therapy, focusing on its location on Centerville Highway in Snellville, GA, and the range of treatments and services it offers. Emphasizing patient-centered care, the center specializes in rehabilitation, injury prevention, and pain management tailored to individual needs. Whether recovering from surgery, managing chronic pain, or seeking performance enhancement, Benchmark Physical Therapy Centerville Highway Snellville GA serves as a trusted resource. This article will detail the clinic's services, staff expertise, patient experience, and the benefits of choosing this facility for physical therapy needs. The following sections will guide readers through an in-depth understanding of what sets Benchmark Physical Therapy apart in the Snellville community.

- Overview of Benchmark Physical Therapy Centerville Highway Snellville GA
- Services Offered at Benchmark Physical Therapy
- Expertise and Credentials of the Physical Therapy Team
- Patient Experience and Facility Amenities
- Benefits of Choosing Benchmark Physical Therapy in Snellville

Overview of Benchmark Physical Therapy Centerville Highway Snellville GA

Benchmark Physical Therapy Centerville Highway Snellville GA is a reputable outpatient rehabilitation center located conveniently in Snellville, Georgia. The clinic focuses on delivering personalized physical therapy solutions to patients of all ages and activity levels. Its strategic location on Centerville Highway allows easy access for residents of Snellville and surrounding communities. The center is equipped with modern rehabilitation technology and staffed by licensed physical therapists who employ evidence-based treatment methods. The facility's mission centers on improving patients' quality of life through effective therapy, education, and ongoing support. Emphasis is placed on thorough evaluations to develop customized treatment plans that address specific functional goals and physical challenges.

Services Offered at Benchmark Physical Therapy

Benchmark Physical Therapy Centerville Highway Snellville GA offers a broad spectrum of therapeutic services designed to promote healing, restore mobility, and enhance physical function.

The clinic caters to patients recovering from orthopedic surgeries, sports injuries, neurological conditions, and chronic musculoskeletal issues. The service offerings include manual therapy, therapeutic exercise, pain management techniques, and post-operative rehabilitation. Additionally, specialized programs address balance training, vestibular rehabilitation, and injury prevention strategies. The center also provides work-related injury rehabilitation and ergonomic assessments to support safe return-to-work protocols.

Orthopedic Rehabilitation

Orthopedic rehabilitation at Benchmark Physical Therapy focuses on restoring function following injuries or surgeries involving bones, joints, ligaments, and muscles. Therapists use a combination of manual therapy, strengthening exercises, and mobility training to facilitate recovery.

Sports Injury Treatment

The facility specializes in treating sports-related injuries by utilizing evidence-based protocols that accelerate healing and prevent re-injury, enabling athletes to return to their peak performance levels.

Neurological Rehabilitation

For patients with neurological impairments such as stroke or Parkinson's disease, Benchmark Physical Therapy offers tailored interventions that improve coordination, balance, and motor control.

Pain Management and Chronic Condition Care

Chronic pain sufferers receive comprehensive treatment plans that combine physical therapy modalities with education on pain science to reduce symptoms and enhance daily functioning.

Expertise and Credentials of the Physical Therapy Team

The team at Benchmark Physical Therapy Centerville Highway Snellville GA comprises licensed physical therapists with extensive training and certifications in various specialties. Each therapist holds a Doctor of Physical Therapy (DPT) degree and participates in ongoing professional development to stay current with advancements in rehabilitation science. The staff includes experts in orthopedic manual therapy, sports rehabilitation, neurological recovery, and pediatric physical therapy. This multidisciplinary expertise enables the clinic to deliver holistic care addressing diverse patient needs. The therapists emphasize a collaborative approach, working closely with physicians, chiropractors, and other healthcare professionals to optimize treatment outcomes.

Continuing Education and Specialized Certifications

Benchmark Physical Therapy ensures its clinicians maintain certifications in specialized areas such

as:

- Orthopedic Manual Therapy (OMT)
- Certified Strength and Conditioning Specialist (CSCS)
- Vestibular Rehabilitation Therapy (VRT)
- Dry Needling Certification
- Geriatric and Pediatric Physical Therapy

Patient-Centered Care Philosophy

Therapists prioritize patient education, empowerment, and active participation in therapy. This philosophy fosters better adherence to treatment plans and improved long-term health outcomes.

Patient Experience and Facility Amenities

Patients visiting Benchmark Physical Therapy Centerville Highway Snellville GA benefit from a welcoming environment equipped with state-of-the-art rehabilitation equipment. The facility is designed to accommodate a wide range of therapeutic activities, including functional training areas, private treatment rooms, and advanced exercise machines. Scheduling flexibility and efficient appointment management contribute to a positive patient experience. The staff is trained to provide compassionate care and clear communication, ensuring patients understand their treatment progress and goals. Additionally, the center offers comprehensive initial evaluations and continuous progress assessments to tailor therapy effectively.

Facility Features

- Modern exercise and rehabilitation equipment
- Private and semi-private treatment spaces
- Accessible parking and convenient location on Centerville Highway
- Clean, comfortable waiting areas
- Supportive administrative and clinical staff

Patient Support Services

Beyond core therapy, Benchmark Physical Therapy provides educational materials, home exercise programs, and follow-up consultations to support sustained recovery and injury prevention.

Benefits of Choosing Benchmark Physical Therapy in Snellville

Selecting Benchmark Physical Therapy Centerville Highway Snellville GA offers numerous advantages for individuals seeking high-quality rehabilitation services. The clinic's focus on evidence-based treatments ensures that patients receive interventions proven to be effective. Its convenient location and flexible scheduling make accessing care straightforward for local residents. The personalized approach to therapy addresses unique patient needs, accelerating recovery and improving functional outcomes. Furthermore, the multidisciplinary expertise of the staff supports comprehensive care for a variety of conditions and injuries. Patients also benefit from continuous education and support throughout their rehabilitation journey, promoting long-term wellness and injury prevention.

Comprehensive and Customized Care

Customized treatment plans that adapt to patient progress enable more efficient healing and better restoration of function.

Community-Focused and Accessible

Located on Centerville Highway, the center is easily reachable, fostering strong community ties and trusted healthcare relationships.

Advanced Techniques and Technology

The use of the latest therapeutic modalities and equipment enhances treatment effectiveness and patient satisfaction.

Frequently Asked Questions

What services does Benchmark Physical Therapy on Centerville Highway in Snellville, GA offer?

Benchmark Physical Therapy on Centerville Highway in Snellville, GA offers a variety of services including orthopedic rehabilitation, sports injury therapy, post-surgical rehab, pain management, and personalized physical therapy programs.

What are the hours of operation for Benchmark Physical Therapy in Snellville, GA?

Benchmark Physical Therapy in Snellville, GA is typically open Monday through Friday from 8:00 AM to 6:00 PM, with some locations offering weekend or evening appointments. It's best to contact them directly for exact hours.

Does Benchmark Physical Therapy on Centerville Highway accept insurance?

Yes, Benchmark Physical Therapy on Centerville Highway in Snellville, GA accepts most major insurance plans. They recommend verifying your coverage with their billing department before starting treatment.

How can I schedule an appointment at Benchmark Physical Therapy in Snellville, GA?

You can schedule an appointment at Benchmark Physical Therapy in Snellville by calling their office directly, visiting their website to book online, or through a physician referral.

What makes Benchmark Physical Therapy on Centerville Highway in Snellville unique?

Benchmark Physical Therapy in Snellville stands out due to its personalized treatment plans, experienced therapists, state-of-the-art equipment, and a patient-centered approach that focuses on long-term recovery and injury prevention.

Are there any patient reviews available for Benchmark Physical Therapy in Snellville, GA?

Yes, patients generally leave positive reviews for Benchmark Physical Therapy in Snellville, praising the knowledgeable staff, effective treatments, and friendly environment. Reviews can be found on Google, Yelp, and their official website.

Does Benchmark Physical Therapy offer telehealth services in Snellville, GA?

Benchmark Physical Therapy has adapted to offer telehealth services for certain evaluations and follow-up sessions, allowing patients in Snellville, GA to receive care remotely when appropriate.

Additional Resources

1. Comprehensive Guide to Benchmark Physical Therapy in Centerville

This book offers an in-depth look at the services and therapies provided by Benchmark Physical Therapy in Centerville. It covers treatment approaches for common injuries and chronic conditions,

emphasizing personalized care. Readers will find useful tips on rehabilitation exercises and patient success stories to inspire recovery.

2. Healing Journeys: Patient Experiences at Benchmark Physical Therapy, Snellville, GA

A collection of real-life testimonials and case studies from patients treated at Benchmark Physical Therapy on Centerville Highway. The book explores various treatment plans and outcomes, highlighting the clinic's commitment to quality care. It also provides insights into the emotional and physical aspects of the rehabilitation process.

3. Physical Therapy Techniques Used at Benchmark Centerville Highway Clinic

This resource details the specific physical therapy techniques employed by practitioners at Benchmark Physical Therapy in Snellville, GA. It breaks down modalities such as manual therapy, therapeutic exercises, and pain management strategies. Ideal for students and professionals seeking practical knowledge about modern physical therapy.

4. Recover Strong: Injury Rehabilitation at Benchmark Physical Therapy, Snellville

Focused on injury recovery, this book guides readers through the rehabilitation journey offered at Benchmark Physical Therapy on Centerville Highway. It discusses common sports injuries, post-surgical care, and strategies to regain strength and mobility. The text also emphasizes the importance of patient education and active participation.

5. Benchmark Physical Therapy: A Community Health Resource in Snellville, GA

Exploring the role of Benchmark Physical Therapy within the Snellville community, this book highlights its outreach efforts and health promotion programs. It discusses how the clinic collaborates with local organizations to improve physical wellness. The narrative also includes profiles of key staff and their professional philosophies.

6. Advances in Physical Therapy Practices at Benchmark Centerville Highway

This book presents the latest innovations and research influencing treatment protocols at Benchmark Physical Therapy in Centerville. Topics include evidence-based practice, use of technology, and patient-centered care models. It is a valuable reference for clinicians looking to enhance their therapeutic approaches.

7. Managing Chronic Pain with Benchmark Physical Therapy, Snellville

Addressing chronic pain management, this title delves into the techniques and programs available at Benchmark Physical Therapy on Centerville Highway. It offers guidance on coping strategies, therapeutic interventions, and lifestyle modifications. The book is designed to empower patients and caregivers dealing with long-term pain conditions.

8. Sports Rehabilitation at Benchmark Physical Therapy, Snellville, GA

Targeted at athletes and sports enthusiasts, this book outlines the specialized rehabilitation services provided at Benchmark Physical Therapy. It covers injury prevention, performance enhancement, and recovery protocols tailored to various sports. The text also features expert advice from physical therapists working in the Centerville clinic.

9. Starting Your Physical Therapy Journey at Benchmark Centerville Highway Clinic

This beginner-friendly guide helps new patients understand what to expect when beginning treatment at Benchmark Physical Therapy in Snellville. It explains the initial assessment process, goal setting, and therapy planning. The book aims to reduce anxiety and promote a positive outlook for successful rehabilitation.

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benchmark physical therapy centerville highway snellville ga: Foundations: An Introduction to the Profession of Physical Therapy Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. Foundations: An Introduction to the Profession of Physical Therapy by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy - important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

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benchmark physical therapy centerville highway snellville ga: Foundations of Physical Therapy Ronald W. Scott, 2002 This essential core textbook for the early phase of a physical therapy program takes a global approach to the profession, focusing on both practice specialties, as well as practice settings, populations served, and essential issues such as specialization, relations with complementary health professionals, and education. FEATURES * Uses terminology based on APTA's new Guide to Physical Therapist Practice * Examines special audiences, including pediatric, geriatric, orthopedic, and neurologic * Written by a single author for a uniform and cohesive presentation * Includes the full text of the Model Practice Act for Physical Therapy

benchmark physical therapy centerville highway snellville ga: Physical Therapy in Acute Care Daniel Joseph Malone, Kathy Lee Bishop Lindsay, 2006 Safe and effective management is a top priority for every physical therapy student or clinician involved with patients in the acute care setting. Physical Therapy in Acute Care: A Clinician's Guide is a user-friendly, pocket-sized, evidence-based text that guides and reinforces successful acute care patient management. Physical Therapy in Acute Care provides clinicians with an understanding of the basic physiological mechanisms underlying normal function of all major organ systems, contrasted with the pathophysiology of the disease and disorders that physical therapists will most often encounter in an acute care environment. Inside the pages of Physical Therapy in Acute Care, Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice.

This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management. Some Chapter Topics Include: • Cardiovascular, pulmonary, musculoskeletal, gastrointestinal, genitourinary, and neurological diseases and disorders • The immune system and infectious disease • Oncology rehabilitation • Wound care • Transplantation Each chapter highlights important physical therapy concerns, examination findings, and rehabilitation interventions. In addition, *Physical Therapy in Acute Care* includes numerous tables, figures, review questions, and case studies that highlight the physical therapy patient care model as outlined in the *Guide to Physical Therapist Practice*. Exciting Features: • An in-depth description of laboratory tests and procedures incorporating the physiologic significance of abnormal findings • Pharmacologic information for each organ system chapter including side effects of common medical interventions • A chapter on deconditioning and bed rest effects in the acute care environment • A discharge recommendation decision tree Whether you are a student of physical therapy, a physical therapist entering the acute care environment, or an experienced acute care physical therapist, *Physical Therapy in Acute Care* is the only resource for successful patient management you will need by your side.

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benchmark physical therapy centerville highway snellville ga: *Wellness and Holistic Physical Therapy, 2nd Edition* Sharon Fair, 2020-10 *Wellness and Holistic Physical Therapy, 2nd edition* is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. *Wellness and Holistic Physical Therapy, 2nd edition* incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupuncture, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

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benchmark physical therapy centerville highway snellville ga: Teaching and Learning in Physical Therapy Margaret Plack, Maryanne Driscoll, 2024-11-04 *Teaching and Learning in Physical Therapy: From Classroom to Clinic, Second Edition* is based on the teaching, research, and professional experiences of Drs. Margaret Plack and Maryanne Driscoll, who together have over 60 years of experience. More importantly it contains practical information that allows students, educators, and clinicians to develop optimal instructional strategies in a variety of settings. Clinical scenarios and reflective questions are interspersed throughout, providing opportunities for active learning, critical thinking, and immediate direct application. Grounded in current literature, the

Second Edition is geared for physical therapists, physical therapist assistants, students, educators, and other health care professionals. By extending the principles of systematic effective instruction to facilitate critical thinking in the classroom and the clinic, and providing strategies to enhance communication and collaboration, the Second Edition has a strong theoretical basis in reflective practice, active learning strategies, and evidence-based instruction. Features: A user-friendly approach integrating theory and practical application throughout Classroom/clinical vignettes along with integrative problem solving activities and reflective questions to reinforce concepts Key points to remember and chapter summaries throughout Updated references and suggested readings at the end of each chapter Included with the text are online supplemental materials for faculty use in the classroom. In physical therapy, teaching and learning are lifelong processes. Whether you are a student, clinician, first time presenter, or experienced faculty member, you will find Teaching and Learning in Physical Therapy: From Classroom to Clinic, Second Edition useful for enhancing your skills both as a learner and as an educator in physical therapy.

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