

benchmark physical therapy stockbridge ga

benchmark physical therapy stockbridge ga is a premier choice for individuals seeking expert rehabilitation services in the Stockbridge, Georgia area. This facility specializes in comprehensive physical therapy programs tailored to meet the unique needs of each patient. Whether recovering from surgery, injury, or managing chronic conditions, Benchmark Physical Therapy offers state-of-the-art treatments supported by experienced therapists. This article explores the range of services provided, the benefits of physical therapy, and why Benchmark Physical Therapy in Stockbridge, GA stands out as a trusted healthcare provider. Readers will gain insights into the clinic's approach, conditions treated, and how to access their services efficiently. The following sections will guide you through essential information about Benchmark Physical Therapy and its role in promoting recovery and wellness.

- Overview of Benchmark Physical Therapy Stockbridge GA
- Services Offered
- Conditions Treated
- Benefits of Physical Therapy
- Patient Experience and Testimonials
- How to Access Benchmark Physical Therapy Stockbridge GA

Overview of Benchmark Physical Therapy Stockbridge GA

Benchmark Physical Therapy Stockbridge GA is a well-established rehabilitation center dedicated to improving patient mobility and health through personalized therapy plans. The clinic combines advanced therapeutic techniques with compassionate care to ensure optimal patient outcomes. Located conveniently in Stockbridge, this facility serves a diverse population, including athletes, seniors, and individuals recovering from various physical ailments. The team at Benchmark Physical Therapy comprises licensed physical therapists who bring extensive knowledge and experience to every treatment session.

With a focus on evidence-based practices, Benchmark Physical Therapy consistently updates its methods and equipment to stay current with industry standards. The welcoming environment and patient-centered approach make it an ideal destination for those seeking effective physical therapy services in the Stockbridge area.

Clinic Philosophy and Mission

The mission of Benchmark Physical Therapy Stockbridge GA centers on restoring function, reducing pain, and enhancing quality of life for patients. The clinic emphasizes a holistic approach that considers each patient's lifestyle, goals, and physical condition. This philosophy ensures that every rehabilitation program is tailored to individual needs, maximizing the potential for successful recovery.

Benchmark Physical Therapy also prioritizes patient education, empowering individuals to take an active role in their healing process. This commitment to comprehensive care distinguishes the clinic within the competitive healthcare landscape of Stockbridge, GA.

Services Offered

Benchmark Physical Therapy Stockbridge GA provides a wide array of services designed to address various physical impairments and promote healing. These services leverage the latest advancements in physical therapy to deliver effective and sustainable results.

Orthopedic Rehabilitation

Orthopedic rehabilitation is a core service at Benchmark Physical Therapy, focusing on recovery from musculoskeletal injuries and surgeries. Patients benefit from customized treatment plans that include manual therapy, therapeutic exercises, and modalities such as ultrasound and electrical stimulation. This service is essential for individuals recovering from fractures, joint replacements, or sports injuries.

Sports Injury Therapy

Specialized care for athletes is provided to enhance performance and expedite recovery from sports-related injuries. The therapists at Benchmark Physical Therapy Stockbridge GA utilize sport-specific techniques to address common issues such as sprains, strains, and tendonitis, ensuring a safe return to athletic activities.

Neurological Rehabilitation

Patients with neurological conditions like stroke, multiple sclerosis, or Parkinson's disease receive targeted therapy aimed at improving motor skills, balance, and coordination. This service integrates functional training and adaptive strategies to support independence and quality of life.

Post-Surgical Rehabilitation

Post-operative patients are guided through carefully structured rehabilitation programs to regain strength,

mobility, and function. Benchmark Physical Therapy works closely with surgeons and healthcare providers to optimize recovery after procedures such as ACL reconstruction, rotator cuff repair, or spinal surgery.

Pain Management

Chronic pain sufferers benefit from physical therapy techniques that reduce discomfort and improve function. Modalities include manual therapy, posture correction, and tailored exercise regimens aimed at addressing the root causes of pain.

Balance and Fall Prevention

Especially important for elderly patients, balance training programs help reduce the risk of falls and related injuries. Benchmark Physical Therapy Stockbridge GA incorporates exercises and education designed to enhance stability and confidence in daily activities.

Conditions Treated

Benchmark Physical Therapy Stockbridge GA treats a broad spectrum of conditions affecting the musculoskeletal and nervous systems. The clinic's expertise covers both acute injuries and chronic disorders, ensuring comprehensive care.

- Back and neck pain
- Arthritis and joint disorders
- Sports injuries, including ligament and tendon tears
- Post-operative recovery from orthopedic surgeries
- Neurological disorders such as stroke and neuropathy
- Work-related injuries and repetitive strain conditions
- Balance deficits and fall risk
- Chronic pain syndromes

Each condition is approached with individualized assessment and treatment plans that integrate multiple therapeutic modalities. The goal is to restore optimal function while minimizing pain and disability.

Benefits of Physical Therapy

Choosing Benchmark Physical Therapy Stockbridge GA offers numerous benefits that extend beyond immediate symptom relief. Physical therapy is a proactive approach to healing that emphasizes restoring natural movement and preventing future injuries.

Improved Mobility and Function

Physical therapy helps patients regain strength, flexibility, and coordination, enabling them to perform daily activities with ease. This is particularly vital for those recovering from surgery or injury.

Pain Reduction

Through targeted treatments, physical therapy addresses the underlying causes of pain rather than just masking symptoms. Techniques such as manual therapy and therapeutic exercises promote long-term relief.

Minimized Need for Surgery and Medication

Effective rehabilitation can often reduce or eliminate the need for invasive procedures and reliance on pain medications. This approach supports safer, more sustainable healing.

Enhanced Recovery Time

Timely and appropriate physical therapy accelerates the healing process, helping patients return to work, sports, and daily life more quickly.

Prevention of Future Injuries

Physical therapists educate patients on proper body mechanics and exercises that strengthen vulnerable areas, reducing the likelihood of re-injury.

- Customized treatment plans

- Experienced and licensed therapists
- Advanced therapeutic techniques
- Patient-centered care
- Comprehensive rehabilitation programs

Patient Experience and Testimonials

Patient satisfaction at Benchmark Physical Therapy Stockbridge GA is consistently high, reflecting the clinic's dedication to quality care and positive outcomes. Many patients report significant improvements in mobility, pain levels, and overall well-being after completing therapy programs.

Testimonials often highlight the professionalism, empathy, and expertise of the therapists, as well as the supportive environment fostered by the clinic staff. These factors contribute to a comfortable and motivating atmosphere conducive to healing.

How to Access Benchmark Physical Therapy Stockbridge GA

Accessing services at Benchmark Physical Therapy Stockbridge GA is straightforward and patient-friendly. Individuals can schedule appointments through direct contact with the clinic or via physician referrals. The clinic accepts a range of insurance plans, facilitating ease of payment and reducing financial barriers.

New patients typically undergo a comprehensive evaluation to determine their specific needs and develop an appropriate treatment plan. Follow-up sessions are scheduled according to the patient's progress and therapeutic goals.

- Contact the clinic by phone or visit in person
- Obtain a referral if required by insurance
- Schedule an initial evaluation appointment
- Discuss insurance coverage and payment options
- Attend therapy sessions as prescribed

Benchmark Physical Therapy Stockbridge GA is committed to making rehabilitation accessible and effective for all patients, supporting their journey toward improved health and functionality.

Frequently Asked Questions

What services does Benchmark Physical Therapy in Stockbridge, GA offer?

Benchmark Physical Therapy in Stockbridge, GA offers services such as orthopedic rehabilitation, sports injury treatment, post-surgical therapy, pain management, and customized exercise programs to help patients recover and improve mobility.

What are the operating hours of Benchmark Physical Therapy in Stockbridge, GA?

Benchmark Physical Therapy in Stockbridge, GA typically operates Monday through Friday from 8:00 AM to 6:00 PM. However, it is recommended to check their website or contact them directly for the most accurate and updated hours.

Does Benchmark Physical Therapy in Stockbridge, GA accept insurance?

Yes, Benchmark Physical Therapy in Stockbridge, GA accepts most major insurance plans. It is advisable to contact their office beforehand to verify if your specific insurance is accepted.

How can I schedule an appointment at Benchmark Physical Therapy in Stockbridge, GA?

You can schedule an appointment at Benchmark Physical Therapy in Stockbridge, GA by calling their office directly, using their online booking system if available, or getting a referral from your physician.

What makes Benchmark Physical Therapy in Stockbridge, GA stand out from other clinics?

Benchmark Physical Therapy in Stockbridge, GA stands out due to its personalized treatment plans, experienced therapists, state-of-the-art equipment, and commitment to patient education and recovery.

Are there any patient reviews available for Benchmark Physical Therapy in Stockbridge, GA?

Yes, patient reviews for Benchmark Physical Therapy in Stockbridge, GA can be found on platforms like Google, Yelp, and their official website, generally highlighting positive experiences with their professional staff and effective treatment methods.

Does Benchmark Physical Therapy in Stockbridge, GA provide specialized therapy for athletes?

Yes, Benchmark Physical Therapy in Stockbridge, GA offers specialized sports therapy programs designed to help athletes recover from injuries, improve performance, and prevent future injuries.

Is parking available at Benchmark Physical Therapy in Stockbridge, GA?

Yes, Benchmark Physical Therapy in Stockbridge, GA provides convenient parking facilities for patients to ensure easy access to the clinic.

Can Benchmark Physical Therapy in Stockbridge, GA assist with chronic pain management?

Yes, Benchmark Physical Therapy in Stockbridge, GA offers chronic pain management programs that include therapeutic exercises, manual therapy, and patient education to help reduce pain and improve quality of life.

Additional Resources

1. *Healing Movements: The Benchmark Physical Therapy Approach in Stockbridge, GA*

This book explores the unique methodologies employed by Benchmark Physical Therapy in Stockbridge, Georgia. It delves into patient success stories, innovative treatment plans, and the community's role in rehabilitation. Readers will gain insight into how personalized care drives effective recovery.

2. *Rehabilitation Revolution: Advances in Physical Therapy at Benchmark Stockbridge*

Focusing on cutting-edge techniques used at Benchmark Physical Therapy, this book highlights advancements in therapeutic technology and evidence-based practices. It offers detailed case studies from the Stockbridge clinic and discusses how these innovations improve patient outcomes.

3. *From Injury to Strength: A Guide Inspired by Benchmark Physical Therapy, Stockbridge*

Designed for patients and therapists alike, this guide draws inspiration from the programs at Benchmark Physical Therapy. It outlines step-by-step recovery plans for common injuries and emphasizes the importance of tailored therapy for long-term wellness.

4. Community Care and Physical Therapy: The Benchmark Stockbridge Model

This title examines how Benchmark Physical Therapy integrates community support within its treatment framework in Stockbridge, GA. It discusses partnerships with local organizations and the impact of community engagement on patient motivation and recovery.

5. Physical Therapy Excellence: Stories from Benchmark in Stockbridge, Georgia

A collection of inspiring patient testimonials and professional insights, this book showcases the excellence in care provided by Benchmark Physical Therapy. It highlights the dedication of therapists and the resilience of patients in overcoming physical challenges.

6. Innovative Physical Therapy Techniques: Lessons from Benchmark Stockbridge

This book provides an in-depth look at the innovative techniques and equipment utilized at Benchmark Physical Therapy in Stockbridge. It covers manual therapy, therapeutic exercises, and the integration of technology in creating effective rehabilitation programs.

7. Personalized Recovery: The Benchmark Physical Therapy Experience in Stockbridge

Focusing on the personalized nature of care at Benchmark Physical Therapy, this book discusses how individualized assessments and customized treatment plans lead to successful recoveries. It includes practical advice for patients to support their therapy journey.

8. Sports Injury Rehabilitation at Benchmark Stockbridge: A Comprehensive Guide

Targeted at athletes and active individuals, this guide provides detailed information on rehabilitating sports injuries through the expertise of Benchmark Physical Therapy in Stockbridge. It emphasizes prevention, recovery, and performance enhancement.

9. Physical Therapy and Wellness: Integrating Health at Benchmark Stockbridge, GA

This book explores the holistic approach to health and wellness embraced by Benchmark Physical Therapy. It highlights the connection between physical therapy, nutrition, mental health, and lifestyle changes to promote overall well-being in the Stockbridge community.

Benchmark Physical Therapy Stockbridge Ga

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benchmark physical therapy stockbridge ga: Atlanta , 2004-07 Atlanta magazine's editorial mission is to engage our community through provocative writing, authoritative reporting, and superlative design that illuminate the people, the issues, the trends, and the events that define our city. The magazine informs, challenges, and entertains our readers each month while helping them

make intelligent choices, not only about what they do and where they go, but what they think about matters of importance to the community and the region. Atlanta magazine's editorial mission is to engage our community through provocative writing, authoritative reporting, and superlative design that illuminate the people, the issues, the trends, and the events that define our city. The magazine informs, challenges, and entertains our readers each month while helping them make intelligent choices, not only about what they do and where they go, but what they think about matters of importance to the community and the region.

benchmark physical therapy stockbridge ga: Annual Report United States. Small Business Administration, 1983

benchmark physical therapy stockbridge ga: Directory [of] Officers, Faculty, and Staff and Associated Organizations University of Michigan, 2001

benchmark physical therapy stockbridge ga: Foundations: An Introduction to the Profession of Physical Therapy Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. Foundations: An Introduction to the Profession of Physical Therapy by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy - important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

benchmark physical therapy stockbridge ga: Physical Therapy in Acute Care Daniel Joseph Malone, Kathy Lee Bishop Lindsay, 2006 Safe and effective management is a top priority for every physical therapy student or clinician involved with patients in the acute care setting. Physical Therapy in Acute Care: A Clinician's Guide is a user-friendly, pocket-sized, evidence-based text that guides and reinforces successful acute care patient management. Physical Therapy in Acute Care provides clinicians with an understanding of the basic physiological mechanisms underlying normal function of all major organ systems, contrasted with the pathophysiology of the disease and disorders that physical therapists will most often encounter in an acute care environment. Inside the pages of Physical Therapy in Acute Care, Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management. Some Chapter Topics Include: • Cardiovascular, pulmonary, musculoskeletal, gastrointestinal, genitourinary, and neurological diseases and disorders • The immune system and infectious disease • Oncology rehabilitation • Wound care • Transplantation Each chapter highlights important physical therapy concerns, examination findings, and rehabilitation interventions. In addition, Physical Therapy in Acute Care includes numerous tables, figures, review questions, and case studies that highlight the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. Exciting Features: • An in-depth description of laboratory tests and procedures incorporating the physiologic significance of abnormal findings • Pharmacologic information for

each organ system chapter including side effects of common medical interventions • A chapter on deconditioning and bed rest effects in the acute care environment • A discharge recommendation decision tree Whether you are a student of physical therapy, a physical therapist entering the acute care environment, or an experienced acute care physical therapist, *Physical Therapy in Acute Care* is the only resource for successful patient management you will need by your side.

benchmark physical therapy stockbridge ga: Physical Therapy Management of Patients with Spinal Pain Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside *Physical Therapy Management of Patients With Spinal Pain*, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include: • Over 650 photographs, images, and tables • Access to a supplemental video Website with new book purchase • Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine • Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with *Physical Therapy Management of Patients With Spinal Pain* is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

benchmark physical therapy stockbridge ga: Physical Therapy; a Career of Science and Service American Physical Therapy Association, 1956

benchmark physical therapy stockbridge ga: Guide to Evidence-based Physical Therapy Practice Dianne V. Jewell, 2008 Finally, a text designed specifically for physical therapists to facilitate evidence-based practice in both the classroom and in the clinic. *Guide to Evidence-Based Physical Therapy Practice* provides readers with the information and tools needed to appreciate the philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide. Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

benchmark physical therapy stockbridge ga: Teaching and Learning in Physical Therapy Margaret Plack, Maryanne Driscoll, 2024-06-01 *Teaching and Learning in Physical Therapy: From Classroom to Clinic, Second Edition* is based on the teaching, research, and professional experiences of Drs. Margaret Plack and Maryanne Driscoll, who together have over 60 years of experience. More importantly it contains practical information that allows students, educators, and clinicians to develop optimal instructional strategies in a variety of settings. Clinical scenarios and reflective questions are interspersed throughout, providing opportunities for active learning, critical thinking, and immediate direct application. Grounded in current literature, the Second Edition is geared for

physical therapists, physical therapist assistants, students, educators, and other health care professionals. By extending the principles of systematic effective instruction to facilitate critical thinking in the classroom and the clinic, and providing strategies to enhance communication and collaboration, the Second Edition has a strong theoretical basis in reflective practice, active learning strategies, and evidence-based instruction. Features: A user-friendly approach integrating theory and practical application throughout Classroom/clinical vignettes along with integrative problem solving activities and reflective questions to reinforce concepts Key points to remember and chapter summaries throughout Updated references and suggested readings at the end of each chapter Included with the text are online supplemental materials for faculty use in the classroom. In physical therapy, teaching and learning are lifelong processes. Whether you are a student, clinician, first time presenter, or experienced faculty member, you will find *Teaching and Learning in Physical Therapy: From Classroom to Clinic, Second Edition* useful for enhancing your skills both as a learner and as an educator in physical therapy.

benchmark physical therapy stockbridge ga: Acute Care Handbook for Physical Therapists - E-Book Jaime C. Paz, Michele P. West, 2008-11-05 Familiarize yourself with the acute care environment and confidently develop patient rehabilitation plans with this essential guide to physical therapy practice in a clinical setting. *Acute Care Handbook for Physical Therapists, Third Edition* helps you understand and interpret hospital protocol, medical terminology, and the medical-surgical aspects of acute care. Each chapter focuses on a body system and includes a review of basic structure and function, an overview of a medical-surgical workup, a review of pathophysiology, information on pharmacology, and guidelines for physical therapy intervention. This edition features a larger, slimmer design that highlights clinical tips, decision-making aids, and practice patterns throughout the text so that you can easily locate these tools and apply them to your practice. If you are unfamiliar with the complex acute care environment, this comprehensive resource is just what you need to become more comfortable and better able to manage the specific needs of your patients. Review of body system basics and disease processes in each chapter provides concise information to help you better manage patients in a hospital setting. Familiarizes you with the acute care environment by explaining medical terminology, hospital protocol, and surgical workups Includes updated information on medications, laboratory and diagnostic tests, and surgical and invasive procedures pertinent to physical therapy practice Clinical tips throughout the text show you how to maximize safety, quality, and efficiency of care. Over 350 illustrations, tables, and boxed text highlight essential concepts and procedures for quick reference. Uses terminology consistent with the *Guide to Physical Therapist Practice, Second Edition* Focuses on evidence-based practice to help you determine the best interventions including recent literature regarding rehabilitation in the critical care setting. NEW! Pertinent practice patterns from the *Guide to Physical Therapist Practice, Second Edition* are included in each chapter. NEW! Additional illustrations to improve comprehension of the material NEW! More pharmacologic implications for physical therapists, specifically concerning side effects and use of combination drugs. NEW! Additional decision-making algorithms facilitate critical thinking in the clinical setting. NEW! Updated surgical and invasive procedures include minimally invasive orthopedic surgery, bariatric procedures, and complete insight into circulatory assist devices. NEW! Expanded neurological chapter including vestibular dysfunction tests and measures, a discussion of dementia, and the latest in stroke evaluation and management. NEW! Revised appendices discuss the latest concepts in documentation standards, palliative care, and patient safety. NEW! Slimmer, larger format allows the book to lie open for easier reading. NEW! Improved design highlighting clinical tips and other key features lets you locate important information quickly in a busy clinical setting.

benchmark physical therapy stockbridge ga: *Quick Reference Dictionary for Physical Therapy* Jennifer Bottomley, 2024-06-01 *Quick Reference Dictionary for Physical Therapy* has been revised and updated into a Third Edition to include the latest information in the field of physical therapy. This reference book, designed specifically for the physical therapy and physical therapist assistant student and practitioner, provides a magnitude of terms, definitions, guidelines, and

references essential to the field. This Third Edition provides quick access to over 3400 words and their definitions that are encountered on a day-to-day basis (400 more than the previous edition). There are also 41 appendices in this user-friendly, pocket-sized reference where you can find information such as lists of general acronyms and abbreviations for words commonly used in physical therapy/rehabilitation; commonly used acronyms for evaluative tests and measures; and definitions of impairment, disability, and handicap as established and accepted by the World Health Organization. What is new inside the Third Edition: • More than 100 new abbreviations and acronyms • Updated Code of Ethics for the Physical Therapist • A new Drug Prescribing and Elimination Abbreviations appendix • Updates to suggested readings Quick Reference Dictionary for Physical Therapy, Third Edition is the perfect, pocket size, affordable companion for school, clinical affiliations, and physical therapy practice.

benchmark physical therapy stockbridge ga: Acute Care Physical Therapy Daniel J. Malone, Kathy Lee Bishop, 2024-06-01 Acutely ill patients are found in the hospital, in the skilled nursing facility, in inpatient rehabilitation facilities, in outpatient practices, and in the home. The role of the physical therapist and physical therapist assistant is to rehabilitate these vulnerable and frail patients to enhance their health and functioning. The goal of Acute Care Physical Therapy: A Clinician's Guide, Second Edition is to provide the acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, Drs. Daniel Malone and Kathy Lee Bishop, along with their contributors, provide a comprehensive review of acute care physical therapist best practice. This text builds upon fundamental knowledge by addressing important components of the patient examination ranging from the patient's medical history to laboratory testing to life supporting equipment. Following this introduction, each chapter highlights specific organ systems with a review of pertinent anatomy and physiology followed by common health conditions and medical management. Important physical therapy concerns, examination findings, and rehabilitation interventions are discussed in detail. This Second Edition includes numerous tables, figures, review questions, and case studies that highlight clinical reasoning and the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. New in the Second Edition: Increased focus on evidence-based examination, evaluation, and intervention The latest technology in physiologic monitoring and patient support equipment Introduces the "PT Examination" and "ICU" algorithms to promote safe and progressive rehabilitation Emphasis on clinical decision making through the application of a clinical reasoning model applied to the end of chapter cases Acute Care Physical Therapy: A Clinician's Guide, Second Edition will serve as a valuable education tool for students, newer professionals as well as post-professionals who provide therapy services to the acutely ill patient regardless of setting.

benchmark physical therapy stockbridge ga: Physical Therapy The Truth Monie Phillips, PT, 2006-04-19 The most exciting and challenging times are upon the healthcare professionals of this nation today and it is my hope the issues covered in this book will help guide your future decisions. This book will assist the reader by providing valuable information to the student trying to decide if PT is the right career or the PT student contemplating what area of practice to take on first. The reader will get a genuine account of the PT profession and what it takes to get in and stay in. For the practicing Physical Therapist you can be certain that what you read in this book will either elevate your spirit or convict your soul. For the PT student staying up all night trying to make it through another lecture under a sleep deprived state of mind this book will lead you in the right direction before you begin your practice. Last but not least to my peers practicing daily, you know if you are providing quality care or just putting in your eight-hour day watching patients perform chair aerobics, this book will give you reasons to strive for more than mediocrity. If you are already aligned with the material in this book then enjoy the feeling of accomplishment because you are the moral fiber of the profession. Keep digging in finding the true cause of the patient's limitations while simultaneously thinking of how to correct the problem and document the truth. Just a reminder, words like; Program integrity, and Error Rates, coupled with the fact that Medicare is requesting

\$720 million for the Medicare Integrity Program means the medical community should take notice. The information in this book will make a difference in your career and in the PT profession as a whole, will you?

benchmark physical therapy stockbridge ga: Careers in Physical Therapy Institute For Career Research, 2017-05-23 A YOUNG MOTHER STRUGGLES WITH MULTIPLE SCLEROSIS. A teenager sustains a concussion playing football. A soldier loses a leg. A child is born with cerebral palsy. An elderly man suffers a stroke. Thanks to the efforts of physical therapists, the young mother can now hold her child without fear of falling. The teenager is no longer experiencing dizziness and headaches. The soldier learns to walk normally with a prosthesis. The child takes her first step. The elderly man regains function and resumes daily activities. Physical therapists, sometimes called PTs, play a major role in the diagnosis, treatment, and rehabilitation of people with all kinds of injuries, illnesses, and chronic conditions. The most common goal is to help people improve their movement and manage their pain. Treatment plans may include a combination of exercise, traction, mobilization, muscle manipulation, ultrasound, electrotherapy, vestibular training, motor development, and patient education. Assistive and adaptive devices may be used, such as crutches, wheelchairs, orthotics, and prosthetics. An important component of physical therapy is teaching an individual how to move or perform particular tasks in ways that will speed recovery and prevent further injury. Physical therapy, which has been evolving for more than 200 years, can treat a wider range of problems with greater success than ever before. Today, there are many different kinds of physical therapy. Which kind is needed depends on the type of health problem. For example, a patient recovering from a heart attack needs different care than an athlete with a sports injury. Physical therapists are trained to be able to treat all kinds of patients. Because there are so many different kinds, many PTs specialize in one particular area, such as orthopedics or pediatrics. A physical therapist can become board certified in any of nine areas, but there are many more specialties that can be practiced without certification. Physical therapists must earn a Doctor of Physical Therapy (DPT) degree and become licensed to practice in their state. In total, it takes seven years of intense schooling after high school graduation to get to that point. Is it worth the time and hard work? Absolutely, say those in the field. In fact, physical therapy has been consistently ranked among the best careers to pursue. At a glance, the over 35 percent job growth over the next 10 years is exceptional. PTs are needed everywhere and the demand is far outpacing supply. Salaries are also good, generally ranging from \$85,000 to \$100,000 a year. The single reason most PTs are happy in their careers is the enormous satisfaction they get from helping people return to normal, fulfilling lives. Are you looking for a career that offers great job security and the opportunity to earn a comfortable living? If you are compassionate, patient, and physically fit, read on. Physical therapy may be what you are looking for.

benchmark physical therapy stockbridge ga: Introduction to Physical Therapy Michael A. Pagliarulo, PT, EdD, 2015-10-16 Start your physical therapy career path on the right foot with Introduction to Physical Therapy, 5th Edition. This comprehensive text offers an insightful and thorough overview of both the profession and the practice of physical therapy, including the latest topics and trends surrounding the industry. The first section walks readers through the key aspects of a career in physical therapy, including: roles of the physical therapist and physical therapist assistant, practice settings, the APTA, and laws, policies, and regulations. The second section then goes on to cover the practice of physical therapy: detailing the functions, disorders, and therapies of the major organ systems. Featuring a new full-color design, this new fifth edition incorporates a wealth of updated content, new photos, and numerous learning aides - such as chapter outlines, learning objectives, questions to ask, suggested readings, and review questions - to give readers the complete foundation they need to successfully grow their professional knowledge and skills. An overview of the profession combined with clinical information guides the reader through everything they need to know to begin their physical therapy education. Chapter on reimbursement tells how reimbursement affects the profession and introduces the fiscal aspects of health care and reimbursement for physical therapy services. Chapter on communication and cultural competence

describes how cultural differences influence patient interaction and helps the PTA and PT understand behavior due to cultural differences. Numerous learning aides such as - chapter outlines, key terms, learning objectives, questions to ask, boxes, tables, summaries and up to date references, suggested readings and review questions - enable learning retention. The latest information on current trends in health care and the profession of physical therapy keeps readers current on the latest issues. NEW! Full color design and images make the text more visually appealing. NEW! Updated content keeps readers in the know on the latest practices and procedures. NEW! Updated photos throughout depict the content that is current and applicable to today's practicing PT or PTA.

benchmark physical therapy stockbridge ga: Expertise in Physical Therapy Practice Gail M. Jensen, 2007 **Selected for Doody's Core Titles® 2024 in Physical Therapy** This comprehensive text examines what it takes to progress toward - and ultimately become - an expert in physical therapy. It explores multiple dimensions of expertise: how expert practitioners develop, what knowledge they use, where they acquire that knowledge, how they think and reason, how they make decisions, and how they perform in practice to demonstrate what it takes to progress and ultimately become an expert in physical therapy. Introduces the four core concepts that comprise the model of expertise: Knowledge, Clinical Reasoning, Movement, and Virtue A Data Collection Tools Appendix provides a step-by-step description of the process that the authors used to select, interview, and collect data from the experts in each case study to demonstrate the use of critical thinking and research-based analysis Contributed chapters on Expert Practice and Clinical Outcomes, Clinical Reasoning and Expert Practice, and Implications for Practice Implications for Practice chapter covers the implementation and results of this model of expertise in a staff development program A Postscript The Voices of our Experts 10 Years Later where clinicians share the evolution of their expertise Two chapters on Inquiry into Expertise and Implications for Doctoral Level Education in Physical Therapy provide insights into the practical application of the core concepts of the physical therapy model of expertise and facilitate the continued development of expertise in physical therapy.

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