

ben hogan golf swing analysis

ben hogan golf swing analysis reveals the intricate mechanics and precision that made Hogan one of the most revered golfers in history. Understanding the elements of his swing provides valuable insights into technique, power generation, and consistency that modern players and instructors continue to study. This article delves deeply into the fundamentals of Hogan's golf swing, breaking down the key components that contributed to his legendary control and accuracy. By examining his grip, stance, backswing, downswing, and follow-through, readers will gain a comprehensive understanding of what set Hogan apart. Furthermore, this analysis explores the biomechanics and timing essential to replicating his swing. The discussion extends to common misconceptions and practical tips for golfers aiming to integrate Hogan's principles into their own game. The article concludes with a detailed list of actionable takeaways for improving swing mechanics inspired by Hogan's style. Below is the table of contents outlining the structure of this extensive ben hogan golf swing analysis.

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Overview of Ben Hogan's Swing Fundamentals

Ben Hogan's golf swing is widely regarded as one of the most technically sound and repeatable swings in the history of the sport. His approach emphasized balance, precision, and an efficient kinetic chain that maximized power without sacrificing control. The core philosophy behind Hogan's swing was a synchronized movement of the body and club, enabling him to strike the ball consistently on the sweet spot. His swing mechanics combined elements of classic golf technique with his own innovations, resulting in a style that many professionals and instructors study as a model of perfection. This fundamental overview sets the stage for a detailed exploration of each component in his swing.

Grip and Stance Techniques

Hogan's Grip Style

Ben Hogan employed a strong, slightly overlapping grip that allowed for both control and power. His left hand was positioned to promote a square clubface at impact, while his right hand supported the grip to maintain stability throughout the swing. This grip style contributed to Hogan's ability to produce a penetrating ball flight and reduce slicing tendencies.

Stance and Setup

Hogan's stance was characterized by a narrow base with feet approximately shoulder-width apart, facilitating balance and weight transfer. He positioned the ball slightly forward in his stance relative to the center, optimizing the angle of attack for crisp contact. Hogan also maintained a slight knee flex and a straight back posture to promote an athletic and athletic-ready setup.

Backswing Mechanics

Takeaway and Initial Movement

The takeaway in Hogan's backswing was smooth and deliberate, emphasizing a one-piece unit where the arms, shoulders, and club moved in harmony. He avoided excessive wrist manipulation early in the swing, which helped maintain control and set up an effective coil of the torso.

Top of the Backswing

At the top of Hogan's backswing, his club was nearly parallel to the ground and aligned slightly inside the target line. His left arm remained straight but relaxed, while his right elbow was bent naturally. This position stored maximum potential energy in the torso and created an ideal angle for a powerful downswing.

Downswing and Impact Position

Initiation of the Downswing

Hogan's downswing began with a subtle shift of weight from the back foot to the front foot, initiating the body's rotation toward the target. His hips led the movement, followed by the torso, arms, and finally the clubhead. This sequence is crucial for generating clubhead speed while maintaining control.

Impact Position Characteristics

At impact, Hogan's hands were ahead of the ball, ensuring a descending strike that compressed the ball against the turf. His hips were open relative to the target line, while his shoulders remained square, creating a powerful and consistent impact zone. This position contributed to Hogan's legendary ball striking and accuracy.

Follow-Through and Finish

Extension and Release

After impact, Hogan demonstrated a full extension of the arms and a natural release of the clubhead, promoting a smooth energy transfer. The release was neither forced nor rushed, allowing the momentum generated during the downswing to carry through effortlessly.

Balanced Finish

Hogan's finish position was balanced and controlled, with his weight fully transferred to the front foot. His chest faced the target, and his club was wrapped around his back. This finish demonstrated the fluidity and completeness of his swing, highlighting his technical mastery and physical conditioning.

Biomechanics and Timing in Hogan's Swing

Analyzing the biomechanics behind Ben Hogan's golf swing reveals a finely tuned coordination of muscles and joints. His swing timing was precise, with a deliberate tempo that allowed for maximum power generation without sacrificing accuracy. The kinetic chain in Hogan's swing started from the ground up, transferring energy through the legs, hips, torso, arms, and finally the clubhead. Key biomechanical principles include maintaining a stable base, controlled rotation, and a synchronized sequence of movements that optimize force production. Understanding these elements is essential for players seeking to emulate Hogan's effective and efficient swing mechanics.

Common Misconceptions About Hogan's Swing

Despite the extensive study of Ben Hogan's golf swing, several misconceptions persist. One common myth is that Hogan's swing was overly complicated or rigid, when in fact it was a blend of natural motion and disciplined technique. Another misconception is that Hogan's swing was solely reliant on upper body strength; however, his power originated primarily from lower body rotation and weight

transfer. Additionally, some believe that Hogan's swing is outdated for modern golf, but its fundamental principles remain highly relevant and beneficial for players of all skill levels. Clarifying these misunderstandings helps golfers appreciate the timeless value of Hogan's swing.

Practical Tips for Emulating Hogan's Swing

Golfers aiming to incorporate elements from Ben Hogan's swing can benefit from targeted practice and focused adjustments. Key tips include:

- **Develop a strong yet relaxed grip:** Emulate Hogan's grip to improve control and consistency.
- **Focus on balance and posture:** Maintain a stable stance with proper knee flex and spine angle.
- **Practice a smooth takeaway:** Initiate the backswing with a one-piece unit motion to build a solid foundation.
- **Work on weight transfer:** Lead the downswing with the hips to generate power efficiently.
- **Ensure hands are ahead at impact:** Promote a descending strike for crisp ball contact.
- **Finish with balance:** Complete the swing in a controlled, athletic position.

Incorporating these tips into practice routines can help golfers develop a technically sound swing inspired by one of the greatest players in golf history.

Frequently Asked Questions

What makes Ben Hogan's golf swing unique?

Ben Hogan's golf swing is renowned for its precision, powerful mechanics, and the famous 'secret' of his swing plane. His swing emphasizes a strong grip, a flat left wrist at the top, and a consistent, repeatable motion that generates both accuracy and distance.

How can I analyze my golf swing like Ben Hogan?

To analyze your golf swing like Ben Hogan, focus on video recording your swing from multiple angles, compare your swing plane and wrist positions to Hogan's, and use slow-motion playback to identify areas for improvement. Emphasizing a proper grip, stance, and a smooth transition can help mimic his technique.

What tools can assist in Ben Hogan golf swing analysis?

Tools such as high-speed cameras, swing analysis apps (like V1 Golf or Hudl Technique), launch monitors, and biomechanical sensors can help analyze and compare your swing to Ben Hogan's by capturing detailed data on swing plane, clubhead speed, and body movement.

Why is the 'secret' of Ben Hogan's swing important in golf swing analysis?

The 'secret' refers to Hogan's unique swing plane and wrist set that allowed him to achieve incredible control and power. Understanding this aspect is crucial in golf swing analysis because it highlights the importance of swing path and wrist mechanics, which are key for consistent ball striking.

Can studying Ben Hogan's golf swing improve my game?

Yes, studying Ben Hogan's golf swing can improve your game by teaching fundamentals such as proper grip, stance, swing plane, and timing. Many golfers and instructors use his swing as a model for developing a repeatable and efficient technique that leads to better accuracy and distance.

Additional Resources

1. *"Five Lessons: The Modern Fundamentals of Golf" by Ben Hogan*

This classic golf instructional book by Ben Hogan himself breaks down the essential elements of his legendary golf swing. It focuses on grip, stance, posture, and the mechanics of the swing, making it a foundational text for players seeking to emulate Hogan's precision and consistency. The detailed illustrations and clear explanations make it accessible for golfers of all skill levels.

2. *"Ben Hogan's Power Golf" by Ben Hogan*

In this book, Hogan delves into the principles behind generating power and control in the golf swing. It provides insight into his swing analysis and training techniques designed to maximize distance without sacrificing accuracy. Readers gain a comprehensive understanding of the relationship between swing mechanics and effective power generation.

3. *"The Hogan Way: The Ben Hogan Story" by James Dodson*

This biography offers an in-depth look at Ben Hogan's life, including his development of a scientifically analyzed golf swing. It explores how Hogan's swing techniques evolved and how he overcame adversity to perfect his game. The book provides valuable context for understanding the principles behind his swing analysis.

4. *"Ben Hogan's Five Lessons: The Modern Fundamentals of Golf - Illustrated" by Ben Hogan*

An enhanced edition of Hogan's seminal work, this version includes detailed visuals and swing sequence breakdowns. It helps readers visualize the mechanics behind Hogan's swing analysis and apply them practically. The illustrations serve as an excellent tool for golfers aiming to improve their technique through Hogan's methods.

5. *"The Anatomy of a Golf Swing: Ben Hogan's Approach" by Mike Stachura*

This book provides a biomechanical analysis of Hogan's golf swing, dissecting each movement for better comprehension. It bridges the gap between Hogan's traditional teachings and modern sports science, making the swing analysis more technical and precise. Readers interested in the technical details of Hogan's swing will find this work particularly insightful.

6. *"Ben Hogan's Five Lessons: The Modern Fundamentals of Golf - A Visual Guide" by Ben Hogan and James Dodson*

Combining Hogan's original teachings with contemporary visual aids, this guide provides a modern interpretation of his swing analysis. It's designed to help players visualize and implement the fundamentals with greater ease. The book is ideal for those who benefit from a more graphic and interactive learning experience.

7. *"The Ben Hogan Golf Swing: How to Unlock the Hogan Secret" by David Leadbetter*

Renowned golf instructor David Leadbetter breaks down the key components of Hogan's swing and how to replicate them. The book includes practical drills and training tips that align with Hogan's swing principles. It serves as a useful resource for players aiming to incorporate Hogan's swing mechanics into their own game.

8. *"Ben Hogan's Golf by Design" by Ben Hogan and Herb Graffis*

This book explores the strategic elements of golf, including course management and shot-making, through the lens of Hogan's swing analysis. It emphasizes how mastering the swing fundamentals can improve overall play and decision-making on the course. The work ties swing mechanics to practical golfing scenarios.

9. *"Secrets of the Ben Hogan Swing" by John Andrisani*

John Andrisani reveals lesser-known aspects of Hogan's swing technique and training regimen. The book offers a detailed examination of Hogan's swing plane, grip, and tempo, providing actionable advice for golfers striving for excellence. It's a valuable resource for enthusiasts looking to deepen their understanding of Hogan's swing analysis.

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ben hogan golf swing analysis: The Complete Hogan Jim McLean, Tom McCarthy, 2011-12-12 Top golfing instructor Jim McLean uses rare film footage of Ben Hogan to break down the greatest swing of all time Golf legend Ben Hogan had the perfect golf swing, but how exactly it worked has long been a mystery?until now. Using footage from three never-before analyzed films of Hogan at his very best, Jim McLean analyzes the crucial motions of Hogan's entire golf swing and shows you how to integrate his mechanics into your own game. You'll study Hogan's blend of club head, club shaft, hands, ankles, knees, hops, shoulders, and head motion?a symphony of movements with an ideal sequential development of power. It's as close as you can get to teeing it up with Hogan yourself. Uses more than one hundred stills from three rare films to analyze every key detail of Hogan's perfect swing before the car accident that changed his play, something no book on Hogan has ever done Reveals the fifteen secrets of Hogan's swing, covering important topics such as the grip, the waggle, the left hip action, lateral motion, rotation and turning movements, head position, and more Draws extensively on the knowledge of Hogan's friends and competitors, many of them golfing greats themselves Written by one of Golf Digest's top five teachers , a pioneer in video analysis who also saw Hogan play first hand There have been many books on Hogan's swing, but never one, including his own, that illustrates his swing at its most perfect, and never one that shows its mechanics so clearly and completely.

ben hogan golf swing analysis: Ben Hogan's Five Lessons Ben Hogan, Herbert Warren Wind, 1990 You can shoot in the 70's!

ben hogan golf swing analysis: Ben Hogan's Secret Fundamental Larry Miller, 2017-03-15 Ben Hogan is legendary, intriguing, and mysterious. It's a combination that has contributed to Hogan being the most interesting golfer of all time. Aside from his amazing competitive record, his secretive and solitary personality provoke wonder and devotion among thousands of golfers worldwide who attempt to unlock Hogan's secret code of how to swing a golf club and strike a golf ball. Hogan himself has fueled this intrigue, mainly because he openly declared that he had a secret, one that he never publicly revealed. Many top professionals have speculated on what they thought Hogan's secret might be, but until now those speculations were not supported by any revelations from Hogan himself. Now, author Larry Miller, who was mentored by Tommy Bolt, who in turn was one of Hogan's protégés, shares Hogan's secret as he learned it. This secret fundamental, which Miller breaks down into two aspects and explains with the aid of full-color photography and illustrations, will help the average golfer implement Hogan's teachings to benefit his or her game.

ben hogan golf swing analysis: The Psychology of Golf Performance under Pressure Denise Hill, Jamie Barker, Karl Steptoe, 2023-10-13 The Psychology of Golf Performance under Pressure offers contemporary, research-informed information regarding the key psychological factors affecting golf development and performance under pressure. Through the authors' substantive expertise - all of whom are notable scholars and/or practitioners in the field of golf psychology - the text provides a highly accessible "real world" application of theory to practice, through the provision of evidence-based guidance regarding how to maximise golf performance under pressure. Golf is a sport that has embraced sport psychology, with many of the highest ranked players in the world (male and female) openly working with a sport psychologist and advocating their importance. As a result, an increasing number of high-profile practitioners are working full-time within the sport around the world, encouraging trainee sport psychology practitioners to pursue their career within golf. Accordingly, there is an ever-increasing demand for high-quality information pertaining to the psychological demands of golf; the key psychological variables that affect golfing development and performance; and evidence-based strategies which enable effective golf performance under pressure. This novel text provides a comprehensive portrayal of the psychological factors which enable effective golfing development and optimal performance under pressure. A theoretical review of the pertinent psychological factors followed by the practical application of theory for the provision of "take home messages" will ensure that this book is of value, interest, and benefit for golfers, coaches, golf organisations, and even the parents of golfers, alongside sport psychology scholars, students, practitioners, and researchers alike.

ben hogan golf swing analysis: *Ben Hogan* Tim Scott, 2015-04-01 Ben Hogan's accomplishments on the golf course are the stuff of legends, but his life off it was exceedingly private. In this biography, author Tim Scott demonstrates why such public perception was not representative of Hogan's personality, offering a firsthand glimpse into the famous golfer's humor and sensitivity. Hogan wasn't perfect, and many of his fine qualities were never made public until now, as Tim Scott shares his personal experience with Hogan as well as Hogan's friends, family, and acquaintances. Along the way, a clearer picture emerges of Hogan as a man, a golfer, a friend, and a husband.

ben hogan golf swing analysis: The Picture-Perfect Golf Swing Michael Breed, 2009-12-01 Video swing analysis revolutionized the way golf is taught, but players have had to rely on teaching professionals to analyze their swing videos -- until now. The Picture-Perfect Golf Swing is the first-ever complete guide to using a digital video camera to develop the perfect golf swing, on your own. One of Golf Magazine's Top 100 Teachers, Michael Breed has long used video analysis to correct the swings of his students. At the core of Breed's teaching approach is the idea that seeing is believing: when you actually see the flaws of your swing, you can truly understand what you are doing wrong, and you can fix the problem more quickly and effectively. By using this book, golfers won't have to rely on professionals to tell them what they're doing wrong -- they can see it for themselves. The Picture-Perfect Golf Swing offers practical guidance for analyzing, assessing, and correcting your mistakes just like a professional -- but without paying a professional rate. Whether as a complement to swing analysis software or on its own, The Picture-Perfect Golf Swing is a must-have tool for everyone using digital video to master their swing. Fully illustrated with photographs showing fundamentally sound swing mechanics, the book also includes instructions on setting up a camera, choosing the best accessories for filming, selecting the correct shutter speed, using a remote control, and much, much more.

ben hogan golf swing analysis: Golf Swing Ava Thompson, AI, 2025-03-10 Golf Swing offers a comprehensive guide to improving your golf game by focusing on power generation, accuracy, and course management. It delves into the intricacies of swing mechanics, revealing how the golf swing operates as a kinetic chain, where energy efficiently transfers from the ground up through the body. Did you know understanding this energy transfer is key to maximizing distance without sacrificing control? Moreover, the book highlights the importance of clubface control, proper alignment, and consistent mechanics for achieving pinpoint accuracy on the course. This book emphasizes a holistic approach, integrating biomechanical understanding with practical techniques to improve your golf performance. Progressing from fundamental concepts like grip and stance to advanced techniques, the book dissects the kinematic sequence, examining the role of the legs, core, and upper body, and offers drills for correcting swing flaws. The final section explores strategic course management, including how to read greens and assess wind conditions, enabling the reader to make informed decisions and lower their scores.

ben hogan golf swing analysis: Tiger's New Swing John Andrisani, 2010-04-01 The first book on Tiger's revamped swing--and an essential tool to help golfers of all levels increase their driving distances and improve their game Tiger Woods, the world's greatest golfer, switched teachers and everybody is talking about his new swing. There have been numerous changes to his technique since renowned author and golf instructor John Andrisani's bestselling *The Tiger Woods Way* hit the shelves in 1997. And the overall improvement in Woods' game has everyone asking the same question: what is he doing differently since switching to teaching guru Hank Haney and how can I use these lessons to improve my own game? Drawing from interviews with golf instructors familiar with Tiger's swing, professional golfers who have played with Tiger, television golf analysts, and his own independent study and analysis of Tiger's game, Andrisani offers detailed, easy-to-follow instructions on Woods' new swing in short, simple chapters for the first time anywhere. With numerous photos--clearly showing the difference between Tiger's new and old swing--this book is a must-have for Tiger fans and golfers everywhere.

ben hogan golf swing analysis: The Secret of Hogan's Swing Tom Bertrand, Printer Bowler,

2010-12-13 Praise for The Secret of Hogan's Swing The Secret of Hogan's Swing goes beyond pure instruction, offering insightful shot-making and strategy tips passed on to former tour pro John Schlee from Ben Hogan and interpreted wonderfully by Tom Bertrand and Printer Bowler. --John Andrisani, author of Tiger's New Swing and Heaven Can Wait Like finding the Rosetta stone of golf. . . Tom Bertrand and Printer Bowler's The Secret of Hogan's Swing gives us a pipeline to the Master's wisdom that we thought had been lost forever. Secret is an instruction book like no other. It's the Hogan book Hogan himself never wrote, packed with the insights the great champion passed on to John Schlee (in a fascinating mentor-disciple relationship) and that Schlee, in turn, bequeathed to Tom Bertrand. We'll probably never have anything like this again. Hogan's gone, Schlee's gone, but thank goodness we've got Tom Bertrand to preserve the nuggets of pure golfing gold that the Master dug up 'out of the dirt' of ten thousand practice tees and a thousand tournaments. The Secret of Hogan's Swing demonstrates that the vein of wisdom left by the peerless champion still yields up precious ore, not just in the technical aspects of the golf swing (Hogan's concepts are not only absolutely modern but even quite radical) but in his insights into the psychological and mental aspects of the game. His concept of the 'moving wall' is worth the price of the book alone. A must-read for every serious student of the game. --Steven Pressfield, author of The Legend of Bagger Vance

ben hogan golf swing analysis: Ben Hogan's Short Game Simplified Ted Hunt, 2010-10-27 This edition serves as the companion to Hunt's successful Ben Hogan's Magical Devices.

ben hogan golf swing analysis: Ben Hogan's Magical Device Ted Hunt, 2009-05-26 In 1954, Ben Hogan stated in the serialized lessons he wrote for Life magazine that he had "a secret." He challenged the world to find it by stating It is easy to see if I tell you where to look. He then wrote his legendary instructional book, Five Lessons, and created a remarkable golf swing puzzle, but somehow one important piece of information was missing. Golf expert after golf expert have attempted to define this secret over the years, serving to compile a rather lengthy list of what they think the secret is but never quite explaining how it's done. Enter Ben Hogan's Magical Device, a revealing book which intends to finally explain, in universally understandable terms, that long-lost secret to Hogan's swing. As a lifelong golfer with 50+ years of experience, two degrees in Physical Education and a Doctorate in History, author Ted Hunt became determined to track down Hogan's secret himself. He reviewed most of the literature concerning Hogan and interviewed many professionals (including Jack Nicklaus) and the result of his research produced a clearer understanding of the source of the confusion concerning Hogan's secret. An hypothesis was conceived and tested, and Hunt was pleased to discover that his analysis stood up to critical examination. But perhaps more importantly, his golf responded with more accuracy and lower scores, which included shooting his age (79) several times within weeks of embracing the secret. Complete with 100 photos/illustrations and a foreword by movie star Sean Connery, Ben Hogan's Magical Device gives an easy-to-follow explanation of Hogan's secret, where it comes from, and the foundations which support its successful execution. Interspersed throughout the text are stories from professional acquaintances who spoke with Hunt about their times with Mr. Hogan.

ben hogan golf swing analysis: Ben Hogan's Five Lessons Ben Hogan, 2024-11-19 Golfer Ben Hogan offers step-by-step, illustrated instructions on how to break eighty in a single golf game, covering grip, stance, posture, and various parts of the swing.

ben hogan golf swing analysis: Hogan on the Green John Andrisani, 2013-05-14 Putting is golf's great equalizer, a seemingly simple aspect of the game whose surprising complexity has vexed both amateurs and pros for centuries. But now, for the first time ever, you can learn to putt like the legendary Ben Hogan, the winner of 9 major championships. Recognized by many as the greatest ball-striker and on-target tee-to-green player of all time, Hogan's prowess with the flat stick has often gone unnoticed. But Hogan's proficiency on the greens was like none other when it came to sinking difficult putts under high-stakes tournament conditions. Hogan on the Green presents readers with a comprehensive, illustrated analysis of Hogan's revolutionary system for sinking short-, medium-, and long-range putts on a variety of surfaces. Complete with easy-to-follow

instructions for setup and stroke techniques, as well as tips on putting strategy, practice, and mastering the mental game, this book is a unique and invaluable resource for those looking to perfect their putting. With anecdotal recollections and instructional commentary from those who knew Hogan best, including 1964 US Open champion Ken Venturi and Herbert Warren Wind, Hogan's collaborator on his classic 1957 bestseller, *Five Lessons, Hogan on the Green* also includes a host of practice drills and a special section of putting lessons from renowned golf coach Claude "Butch" Harmon Jr.

ben hogan golf swing analysis: Routledge International Handbook of Golf Science

Martin Toms, 2017-10-23 Golf is one of the world's major sports and consequently the focus of world-class scientific research. This landmark publication is the most comprehensive book ever published on the science of golf, covering every sub-discipline from physiology, biomechanics and psychology to strength and conditioning, youth development and equipment design. Showcasing original research from leading golf scientists across the globe, it examines the fundamental science underpinning the game and demonstrates how it can be applied in practice to improve and develop players. Each chapter provides a definitive account of the current state of knowledge in a particular area of golf science, addressing the limitations of existing research, presenting new areas for development and discussing the implications for coaches, players, scientists and the wider golfing public. Truly international in scope, the variety of topics explored include: biomechanics and equipment skill learning and technology performance development psychological techniques for success the golfing body. This is an essential reference for any student or researcher with an interest in the game, or any coach or professional looking to improve their knowledge.

ben hogan golf swing analysis: From the Inside Out I. B. Nobody, 2018-04-24 This is an instructional manual covering the fundamentals of the golf swing, the short game, putting, and routine development. The mental game; right brain versus left brain thinking, creating a feeling storehouse, concentration in its purest form, temperament and a historical look at the greats and not so greats of the game-circa 1920 to the Tiger Woods era. Included are the individuals who influenced my development as a golfer, a caddie's view from inside the ropes, and a look at the world of golf from the inside out. Any player-no matter the skill level-hitting a golf ball does so in three steps: * sets up to the ball * swings at the ball * creates an impact This sets up this framework . . . I. Setup II. Swing III. Impact Within those roman numerals are eight fundamentals, obtained from Ben Hogan's book, *Ben Hogan's Five Lessons: The Modern Fundamentals of Golf*. The book, which began as a series of five articles that first appeared in the magazine *Sports Illustrated* on March 11, 1957, evolved into a book that was published in the latter part of 1957. You are encouraged to read or reread *Five Lessons* as Hogan's swing theory will become that much clearer. Each of the aforementioned eight fundamental is supported by quotes from some of the masters-Bobby Jones (who held degrees in English literature, engineering, and law), Gene Sarazen, Walter Hagen, Bryon Nelson, Sam Snead, Ben Hogan (Snead, Hogan, and Nelson were all born within seven months of one another in 1912. Collectively, they won almost 200 PGA tour events!). Countless players were inspired by these greats-Arnold Palmer, Jack Nicklaus, Gary Player, Billy Casper, Lee Trevino, Tom Watson; Northern California products: Tony Lema, Ken Venturi, Bob Rosburg, John Brodie, George Archer, Dick Lotz, John Lotz, Ron Cerrudo, Bob Boldt, Jim Wichers, Johnie Miller, Ray Leach, Ross Randle, Roger Maltbie, Forrest Fezler, Eric Batten, transplanted golf professional Shivas Irons, and many, many other great players. Let's not forget one who competed with Jones, Hagen, et Al.: Olin Dutra. *From the Inside Out* also includes quotes from one of golf's finest instructor, Percy Boomer. For those that learn visually, the pictures and diagrams alone will give you a greater understanding of the golf swing. The best part of purchasing this book? Eighty-eight percent of the proceeds from the sale of this book will be evenly distributed to the Ben Hogan Foundation, the Jim Langley Scholarship Fund, the Francis Ouimet Scholarship fund and the First Tee Program. The other 12 percent will go to the publisher, lawyers (of course) and what's left will go to green fees and gratuities. On a personal note, this book is worth the price of admission as it will give you a real glimpse at the crown prince of Golf, Walter Hagen.

ben hogan golf swing analysis: Golf's Mental Hazards Alan Shapiro, 1996-06-04

Psychologist Alan Shapiro explores in this book the relationship between a golfer's personality and his or her performance on the links, and shows how increased self-awareness can improve one's golf score.

ben hogan golf swing analysis: Breakthrough in Golf Curtis Elliott, 2005-03-01 All golfers want to improve their swings. Yet, the sheer complexity of golf instruction is a huge barrier to learning. But you can learn the Secret! Breakthrough In Golf is based upon the timeless swing wisdom of the greatest ball striker in history, Ben Hogan. But the book introduces a fresh way of thinking about the Secret. Once you learn it, using a method we call Hip to Hip, you will see your swing improve in a very steady way. For the first time in your life, you will actually know what your golf swing is doing! And you will be able to figure out your golf swing all by yourself! We guarantee it!

ben hogan golf swing analysis: Golf for Adults Sacke Frondelius, 2011 The Golf industry distributes million tons of information on how golf should be played and there should be no limit as to how much knowledge can be acquired by golfers who are curious and yearning to learn. After decades of similar information about the golf swing, technique and the game's ideas being available, the average golfer has not become any better. Something is wrong. It's really crazy. No finally you can learn a simple an easy swing and start to play steady and constant golf. If you can t learn this new swing you better find out something else to do!

ben hogan golf swing analysis: The Science of Golf John Wesson, 2008-12-11 This book gives a scientific account of all aspects of the game of golf and answers the questions which occur to all who play the game. The mechanics of the swing and the impact of the club on the ball are explained. Together these decide the range of the ball - which is shown to be the most important factor for success. The aerodynamics of the ball's flight has several surprises, including the effects of dimples and spin. Understanding these effects allows a calculation of the ball's flight and explains how the range depends on the clubhead speed and the characteristics of the club. Putting is analysed to find the optimum strategy and to understand how winds, slopes, and mud affect the run of the ball. Handicaps are perhaps the most discussed topic in golf and the book examines the handicaps system to identify their consequences in matches and competitions, with results which will surprise many players. The famous question - what is the probability of a hole-in-one? is discussed and a neat way of answering it is proposed. Further chapters examine the players, the equipment, and the economics of the game, discussing the aspects of play that determine success, how much the improvements in clubs and balls have affected performance and the remarkable growth of both the amateur and the professional game.

ben hogan golf swing analysis: Ben Hogan James Dodson, 2005-05-03 Authorized, intimate, and definitive, Ben Hogan: A Life is the long-awaited biography of one of golf's greatest, most enigmatic legends, narrated with the unique eloquence that has made author James Dodson a critically acclaimed national bestseller. One man is often credited with shaping the landscape of modern golf. Ben Hogan was a short, trim, impeccably dressed Texan whose fierce work ethic, legendary steel nerves, and astonishing triumph over personal disaster earned him not only an army of adoring fans, but one of the finest careers in the history of the sport. Hogan captured a record-tying four U.S. Opens, won five of six major tournaments in a single season, and inspired future generations of professional golfers from Palmer to Norman to Woods. Yet for all his brilliance, Ben Hogan was an enigma. He was an American hero whose personal life, inner motivation, and famed "secret" were the source of great public mystery. As Hogan grew into a giant on the pro tour, the combination of his cool outward demeanor and invincible, laser-guided accuracy on the golf course froze formidable opponents in their tracks. In 1949, at the peak of his career, Hogan's mystique was reinforced by a catastrophic automobile accident in which he and his wife, Valerie, were nearly killed after being hit head-on by a Greyhound bus. Doctors predicted Hogan might never walk again - let alone set foot on another golf course. But his miraculous three-year recovery and comeback led to one of the greatest performances in golf history when in 1953 he won the Masters,

the U.S. Open, and the British Open (something that's never been repeated). In this first-ever family-authorized biography, renowned author James Dodson expertly and emotionally reconstructs Hogan's complicated life. He discovers an intensely honest man handicapped by self-doubt, buoyed by the determination to prove his own abilities, and unable to escape a long-buried childhood tragedy – the core of the Hogan “secret.” Dodson also reveals both the legendary devotion and eventual strain in Hogan's sixty-two-year marriage, and a Hogan rarely seen by the public: a warm, jovial man whose charitable spirit and sharp business sense enabled him to build the powerful golf equipment company bearing his name to this day. Ben Hogan: A Life is the authoritative inside portrait golf fans have long awaited.

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