

benchmark physical therapy covington ga

benchmark physical therapy covington ga is a premier provider of rehabilitative and therapeutic services designed to enhance physical health and mobility in Covington, Georgia. This article explores the comprehensive range of treatments and therapies offered by Benchmark Physical Therapy, highlighting their commitment to patient-centered care and evidence-based practices. By focusing on personalized rehabilitation programs, state-of-the-art techniques, and experienced clinical staff, Benchmark Physical Therapy Covington GA stands out as a leader in physical therapy services. Readers will gain insights into the clinic's specialties, patient benefits, and what to expect during treatment sessions. Additionally, the article covers essential factors such as insurance, appointment scheduling, and tips for maximizing recovery outcomes. Whether recovering from injury, surgery, or managing chronic conditions, Benchmark Physical Therapy Covington GA provides tailored solutions to meet diverse patient needs. The following sections provide a detailed overview of the key aspects of Benchmark Physical Therapy's offerings and expertise.

- Overview of Benchmark Physical Therapy Covington GA
- Services and Treatment Modalities
- Patient Experience and Care Approach
- Insurance and Payment Options
- Tips for Effective Physical Therapy Outcomes

Overview of Benchmark Physical Therapy Covington GA

Benchmark Physical Therapy Covington GA is a trusted rehabilitation center dedicated to improving patients' physical function and quality of life. Located conveniently in Covington, Georgia, the facility serves a broad community including athletes, seniors, and individuals recovering from injury or surgery. With a team of licensed and experienced physical therapists, Benchmark specializes in delivering tailored treatment plans that address specific patient conditions and goals. The clinic emphasizes a holistic approach, combining manual therapy, exercise prescription, and patient education to promote optimal recovery.

Clinic Mission and Philosophy

The mission of Benchmark Physical Therapy Covington GA is to provide high-quality, patient-focused rehabilitation services that foster healing and restore mobility. The clinic operates under the philosophy that each patient is unique, requiring customized treatment strategies based on their medical history, lifestyle, and recovery objectives. This patient-centered philosophy ensures that care plans are both effective and sustainable, promoting long-term wellness beyond the therapy sessions.

Experienced Team of Therapists

Benchmark Physical Therapy employs a multidisciplinary team of licensed physical therapists, each bringing specialized knowledge in areas such as orthopedic rehabilitation, sports therapy, and neurological recovery. Their expertise ensures that patients receive comprehensive evaluations and advanced treatment options tailored to their specific needs. Continuous professional development and adherence to the latest clinical guidelines guarantee that the care provided is current and evidence-based.

Services and Treatment Modalities

Benchmark Physical Therapy Covington GA offers a wide array of services designed to address various physical impairments and conditions. The clinic integrates multiple therapeutic approaches to optimize patient outcomes and facilitate faster recovery. These services cater to post-operative rehabilitation, injury prevention, chronic pain management, and performance enhancement.

Orthopedic Physical Therapy

This service focuses on musculoskeletal conditions such as joint pain, fractures, ligament injuries, and post-surgical recovery. Therapists use manual techniques, therapeutic exercises, and modalities like ultrasound and electrical stimulation to reduce pain and restore function.

Sports Injury Rehabilitation

Benchmark Physical Therapy provides specialized programs for athletes recovering from sports-related injuries. These programs emphasize restoring strength, flexibility, and proprioception to safely return athletes to their sport. Functional movement assessments and sport-specific training are integral components.

Neurological Rehabilitation

Patients with neurological disorders such as stroke, multiple sclerosis, or Parkinson's disease benefit from targeted interventions aimed at improving balance, coordination, and motor control. Therapists develop individualized plans that focus on neuroplasticity and functional recovery.

Manual Therapy and Modalities

Manual therapy techniques, including joint mobilization and soft tissue manipulation, are utilized to improve mobility and reduce discomfort. In addition, modalities such as heat/cold therapy, traction, and electrical stimulation complement hands-on treatments to enhance healing processes.

Customized Exercise Programs

Exercise prescription is a cornerstone of the rehabilitation process at Benchmark Physical Therapy Covington GA. Patients receive personalized exercise regimens designed to strengthen muscles, improve endurance, and prevent future injuries. These programs are regularly monitored and adjusted to maximize effectiveness.

Patient Experience and Care Approach

The patient experience at Benchmark Physical Therapy Covington GA is characterized by thorough assessments, clear communication, and compassionate care. The clinic prioritizes patient education and active involvement in the rehabilitation process to empower individuals in managing their health.

Initial Evaluation and Goal Setting

Every new patient undergoes a comprehensive evaluation that includes medical history review, physical examination, and functional assessment. Based on these findings, therapists collaborate with patients to establish realistic and measurable treatment goals aligned with their lifestyle and recovery expectations.

Ongoing Progress Monitoring

Benchmark Physical Therapy implements continuous monitoring of treatment outcomes through regular re-assessments and patient feedback. This data-driven approach allows for timely modifications to therapy plans, ensuring steady progress and optimal results.

Patient Education and Self-Management

Education is a fundamental component of care at Benchmark Physical Therapy. Patients receive detailed instructions on exercises, posture correction, and lifestyle modifications that support recovery and prevent re-injury. Empowering patients with knowledge fosters independence and long-term health maintenance.

Comfortable and Accessible Facility

The Covington location is designed to provide a welcoming and accessible environment. Modern equipment, private treatment areas, and friendly staff contribute to a positive therapeutic experience. The clinic also accommodates varying schedules to enhance patient convenience.

Insurance and Payment Options

Benchmark Physical Therapy Covington GA accepts a variety of insurance plans to facilitate access to care. Transparent billing practices and financial counseling services help patients understand their coverage and out-of-pocket responsibilities.

Accepted Insurance Providers

The clinic works with major commercial insurance carriers, Medicare, and Medicaid. Verification of insurance benefits is conducted prior to treatment to clarify coverage specifics.

Self-Pay and Flexible Payment Plans

For patients without insurance or those seeking elective therapy, Benchmark offers competitive self-pay rates and flexible payment plans. This enables broader access to high-quality physical therapy services without financial strain.

Insurance Claims Assistance

Staff at Benchmark Physical Therapy assist patients in navigating insurance claims and paperwork to streamline the reimbursement process. This support minimizes administrative burdens and allows patients to focus on their rehabilitation.

Tips for Effective Physical Therapy Outcomes

Maximizing the benefits of physical therapy at Benchmark Physical Therapy Covington GA involves active patient participation and adherence to prescribed protocols. The following tips enhance recovery experiences and outcomes.

- **Consistent Attendance:** Regularly attending scheduled therapy sessions ensures steady progress and timely adjustments to treatment plans.
- **Home Exercise Compliance:** Performing at-home exercises as instructed reinforces in-clinic therapy and promotes faster healing.
- **Open Communication:** Informing therapists about pain levels, difficulties, or changes in condition helps tailor care effectively.
- **Lifestyle Modifications:** Incorporating healthy habits such as proper nutrition, hydration, and adequate rest supports the rehabilitation process.
- **Patience and Realistic Expectations:** Understanding that recovery takes time prevents frustration and encourages perseverance.

Frequently Asked Questions

What services does Benchmark Physical Therapy in Covington, GA offer?

Benchmark Physical Therapy in Covington, GA offers services such as orthopedic rehabilitation, sports injury therapy, post-surgical rehabilitation, manual therapy, and customized exercise programs.

How can I book an appointment at Benchmark Physical Therapy Covington, GA?

You can book an appointment at Benchmark Physical Therapy Covington, GA by calling their office directly, visiting their website to schedule online, or through a physician's referral.

What are the office hours for Benchmark Physical Therapy in Covington, GA?

Benchmark Physical Therapy in Covington, GA typically operates Monday through Friday during regular business hours, but it is best to check their website

or call for the most accurate and current hours.

Does Benchmark Physical Therapy Covington accept insurance?

Yes, Benchmark Physical Therapy Covington accepts most major insurance plans. It is recommended to verify with their billing department or your insurance provider to confirm coverage.

What makes Benchmark Physical Therapy in Covington, GA stand out?

Benchmark Physical Therapy in Covington, GA stands out due to its personalized treatment plans, experienced therapists, use of advanced techniques, and a focus on patient education and recovery.

Are there any patient reviews available for Benchmark Physical Therapy Covington?

Yes, patient reviews for Benchmark Physical Therapy Covington can be found on platforms like Google, Yelp, and Healthgrades, where many patients praise their professional care and effective treatments.

What conditions does Benchmark Physical Therapy in Covington, GA treat?

Benchmark Physical Therapy treats conditions such as sports injuries, arthritis, back and neck pain, post-operative recovery, neurological conditions, and chronic pain.

Is Benchmark Physical Therapy Covington, GA suitable for athletes?

Yes, Benchmark Physical Therapy Covington specializes in sports injury treatment and rehabilitation, making it suitable for athletes looking to recover and improve performance.

Does Benchmark Physical Therapy in Covington offer telehealth or virtual therapy sessions?

Some physical therapy clinics, including possibly Benchmark Physical Therapy in Covington, may offer telehealth services; it is best to contact them directly to confirm current availability.

What should I expect during my first visit to Benchmark Physical Therapy Covington, GA?

During your first visit to Benchmark Physical Therapy Covington, you can expect an initial evaluation including medical history review, physical assessment, discussion of goals, and the creation of a personalized treatment plan.

Additional Resources

1. *Comprehensive Guide to Physical Therapy in Covington, GA*

This book offers an in-depth look at physical therapy practices specific to the Covington, GA area. It covers various treatment techniques, patient case studies, and local healthcare resources. Readers will gain insight into how physical therapy is tailored to meet the needs of the community.

2. *Benchmark Physical Therapy: Techniques and Success Stories*

Focusing on Benchmark Physical Therapy in Covington, GA, this book highlights successful patient rehabilitation stories and innovative treatment methods. It provides practical advice for therapists and patients alike. The book also explores the clinic's approach to personalized care and recovery.

3. *Rehabilitation and Recovery: Physical Therapy in Covington*

Explore the journey of rehabilitation through physical therapy in Covington, GA, with this detailed guide. It discusses common injuries treated and the latest therapeutic technologies used. The book is a valuable resource for patients seeking to understand their treatment options.

4. *Physical Therapy Practices in Covington: A Local Perspective*

This title delves into the unique aspects of physical therapy practices in Covington, GA. It includes interviews with local therapists and insights into community health initiatives. The book aims to provide a comprehensive overview of regional therapeutic services.

5. *Benchmark Physical Therapy: Patient-Centered Care in Covington, GA*

Highlighting the patient-centered approach of Benchmark Physical Therapy, this book emphasizes the importance of individualized treatment plans. It discusses how therapy is adapted for different age groups and conditions. Readers will find guidance on what to expect during their therapy sessions.

6. *Innovations in Physical Therapy: Covington's Benchmark Clinic*

This book showcases the cutting-edge technologies and innovative treatment protocols implemented at Benchmark Physical Therapy in Covington. It reviews advancements in equipment and therapy methods that improve patient outcomes. The text is ideal for healthcare professionals interested in modern therapeutic approaches.

7. *Managing Chronic Pain through Physical Therapy in Covington, GA*

Focused on chronic pain management, this book explains how physical therapy

can be an effective solution for long-term pain relief. It highlights techniques used at Benchmark Physical Therapy and other local clinics. The book provides practical tips for patients to manage pain daily.

8. *The Role of Physical Therapy in Sports Injury Recovery: Covington Edition*
Targeting athletes and active individuals, this book covers physical therapy strategies for sports injury treatment in Covington, GA. It discusses prevention, rehabilitation, and return-to-play protocols followed by Benchmark Physical Therapy. The book is a valuable resource for coaches, trainers, and patients.

9. *Physical Therapy for Seniors: Enhancing Mobility in Covington, GA*
This book addresses the specific needs of senior patients undergoing physical therapy in Covington. It covers exercises, safety tips, and therapy adaptations to improve mobility and quality of life. The text emphasizes compassionate care and community support available at Benchmark Physical Therapy.

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benchmark physical therapy covington ga: *Directory [of] Officers, Faculty, and Staff and Associated Organizations* University of Michigan, 2000

benchmark physical therapy covington ga: Foundations: An Introduction to the Profession of Physical Therapy Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. Foundations: An Introduction to the Profession of Physical Therapy by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy - important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

benchmark physical therapy covington ga: Professionalism in Physical Therapy Laura Lee (Dolly) Swisher, Catherine G. Page, 2005-02-15 As the role of the physical therapist widens to include more primary care and diagnostic responsibilities, there is a greater need for a single, up-to-date resource that explores professional roles and developments in this changing field. This new book is the definitive reference on this important topic. This concise book provides information on every vital area important to professionalism: documentation, law and ethics, and leadership - all in the context of the five roles of the physical therapist as defined by the APTA's Guide to Physical Therapist Practice, 2nd Edition. Readers will find information on the history of professionalism in physical therapy, the five roles of the physical therapist (Patient/Client Manager, Consultant, Critical Inquirer, Educator, and Administrator), the role of the physical therapist in today's health care system, and professional leadership and development. Case studies, "how to lists" and tips from the field" encourage critical thinking and provide strategies for various issues. The book also offers tips on preparing a portfolio, determining leadership style, and preparing a professional development plan based on the APTA's five roles. Develops and defines principles and concepts of professionalism to guide physical therapists in times of change Follows the APTA's Guide and includes quotes and information from this document throughout Offers a comprehensive history of physical therapy, with unique information on origins of the profession Offers comprehensive coverage of legal and ethical issues, showing how these issues affect the entire practice of physical therapy Discusses billing and reimbursement practices, with specific information on how to document and bill as an aspect of practice Defines and explains the role of the consultant, both as an autonomous health care provider or as a member of a health care team Features real-life case studies and discussion questions at the end of each chapter to encourage practical application of concepts and test readers' knowledge Provides end-of-chapter tips to help readers develop best practices

benchmark physical therapy covington ga: *Physical Therapy in Acute Care* Daniel Joseph Malone, Kathy Lee Bishop Lindsay, 2006 Safe and effective management is a top priority for every physical therapy student or clinician involved with patients in the acute care setting. *Physical Therapy in Acute Care: A Clinician's Guide* is a user-friendly, pocket-sized, evidence-based text that guides and reinforces successful acute care patient management. *Physical Therapy in Acute Care* provides clinicians with an understanding of the basic physiological mechanisms underlying normal function of all major organ systems, contrasted with the pathophysiology of the disease and disorders that physical therapists will most often encounter in an acute care environment. Inside the pages of *Physical Therapy in Acute Care*, Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management. Some Chapter Topics Include: • Cardiovascular, pulmonary, musculoskeletal, gastrointestinal, genitourinary, and neurological diseases and disorders • The immune system and infectious disease • Oncology rehabilitation • Wound care • Transplantation Each chapter highlights important physical therapy concerns, examination findings, and rehabilitation interventions. In addition, *Physical Therapy in Acute Care* includes numerous tables, figures, review questions, and case studies that highlight the physical therapy patient care model as outlined in the *Guide to Physical Therapist Practice*. Exciting Features: • An in-depth description of laboratory tests and procedures incorporating the physiologic significance of abnormal findings • Pharmacologic information for each organ system chapter including side effects of common medical interventions • A chapter on deconditioning and bed rest effects in the acute care environment • A discharge recommendation decision tree Whether you are a student of physical therapy, a physical therapist entering the acute care environment, or an experienced acute care physical therapist, *Physical Therapy in Acute Care* is the only resource for successful patient management you will need by your side.

benchmark physical therapy covington ga: Physical Therapy Management of Patients with Spinal Pain Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing

current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside *Physical Therapy Management of Patients With Spinal Pain*, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include:

- Over 650 photographs, images, and tables
- Access to a supplemental video Website with new book purchase
- Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine
- Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment

Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with *Physical Therapy Management of Patients With Spinal Pain* is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

benchmark physical therapy covington ga: *Physical Therapy; a Career of Science and Service* American Physical Therapy Association, 1956

benchmark physical therapy covington ga: *Guide to Evidence-based Physical Therapy Practice* Dianne V. Jewell, 2008 Finally, a text designed specifically for physical therapists to facilitate evidence-based practice in both the classroom and in the clinic. *Guide to Evidence-Based Physical Therapy Practice* provides readers with the information and tools needed to appreciate the philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide. Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

benchmark physical therapy covington ga: *Acute Care Physical Therapy* Daniel J. Malone, Kathy Lee Bishop, 2024-06-01 Acutely ill patients are found in the hospital, in the skilled nursing facility, in inpatient rehabilitation facilities, in outpatient practices, and in the home. The role of the physical therapist and physical therapist assistant is to rehabilitate these vulnerable and frail patients to enhance their health and functioning. The goal of *Acute Care Physical Therapy: A Clinician's Guide, Second Edition* is to provide the acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, Drs. Daniel Malone and Kathy Lee Bishop, along with their contributors, provide a comprehensive review of acute care physical therapist best practice. This text builds upon fundamental knowledge by addressing important components of the patient examination ranging from the patient's medical history to laboratory testing to life supporting equipment. Following this introduction, each chapter highlights specific organ systems with a review of pertinent anatomy and physiology followed by common health conditions and medical management. Important physical therapy concerns, examination findings, and rehabilitation interventions are discussed in detail. This Second Edition includes numerous tables, figures, review questions, and case studies that highlight clinical

reasoning and the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. New in the Second Edition: Increased focus on evidence-based examination, evaluation, and intervention The latest technology in physiologic monitoring and patient support equipment Introduces the "PT Examination" and "ICU" algorithms to promote safe and progressive rehabilitation Emphasis on clinical decision making through the application of a clinical reasoning model applied to the end of chapter cases Acute Care Physical Therapy: A Clinician's Guide, Second Edition will serve as a valuable education tool for students, newer professionals as well as post-professionals who provide therapy services to the acutely ill patient regardless of setting.

benchmark physical therapy covington ga: *Wellness and Holistic Physical Therapy, 2nd Edition* Sharon Fair, 2020-10 Wellness and Holistic Physical Therapy, 2nd edition is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. Wellness and Holistic Physical Therapy, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupressure, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

benchmark physical therapy covington ga: Acute Care Handbook for Physical Therapists - E-Book Jaime C. Paz, Michele P. West, 2008-11-05 Familiarize yourself with the acute care environment and confidently develop patient rehabilitation plans with this essential guide to physical therapy practice in a clinical setting. Acute Care Handbook for Physical Therapists, Third Edition helps you understand and interpret hospital protocol, medical terminology, and the medical-surgical aspects of acute care. Each chapter focuses on a body system and includes a review of basic structure and function, an overview of a medical-surgical workup, a review of pathophysiology, information on pharmacology, and guidelines for physical therapy intervention. This edition features a larger, slimmer design that highlights clinical tips, decision-making aids, and practice patterns throughout the text so that you can easily locate these tools and apply them to your practice. If you are unfamiliar with the complex acute care environment, this comprehensive resource is just what you need to become more comfortable and better able to manage the specific needs of your patients. Review of body system basics and disease processes in each chapter provides concise information to help you better manage patients in a hospital setting. Familiarizes you with the acute care environment by explaining medical terminology, hospital protocol, and surgical workups Includes updated information on medications, laboratory and diagnostic tests, and surgical and invasive procedures pertinent to physical therapy practice Clinical tips throughout the text show you how to maximize safety, quality, and efficiency of care. Over 350 illustrations, tables, and boxed text highlight essential concepts and procedures for quick reference. Uses terminology consistent with the Guide to Physical Therapist Practice, Second Edition Focuses on evidence-based practice to help you determine the best interventions including recent literature regarding rehabilitation in the critical care setting. NEW! Pertinent practice patterns from the Guide to Physical Therapist Practice, Second Edition are included in each chapter. NEW! Additional illustrations to improve

comprehension of the material NEW! More pharmacologic implications for physical therapists, specifically concerning side effects and use of combination drugs. NEW! Additional decision-making algorithms facilitate critical thinking in the clinical setting. NEW! Updated surgical and invasive procedures include minimally invasive orthopedic surgery, bariatric procedures, and complete insight into circulatory assist devices. NEW! Expanded neurological chapter including vestibular dysfunction tests and measures, a discussion of dementia, and the latest in stroke evaluation and management. NEW! Revised appendices discuss the latest concepts in documentation standards, palliative care, and patient safety. NEW! Slimmer, larger format allows the book to lie open for easier reading. NEW! Improved design highlighting clinical tips and other key features lets you locate important information quickly in a busy clinical setting.

benchmark physical therapy covington ga: Teaching and Learning in Physical Therapy

Margaret Plack, Maryanne Driscoll, 2024-06-01 Teaching and Learning in Physical Therapy: From Classroom to Clinic, Second Edition is based on the teaching, research, and professional experiences of Drs. Margaret Plack and Maryanne Driscoll, who together have over 60 years of experience. More importantly it contains practical information that allows students, educators, and clinicians to develop optimal instructional strategies in a variety of settings. Clinical scenarios and reflective questions are interspersed throughout, providing opportunities for active learning, critical thinking, and immediate direct application. Grounded in current literature, the Second Edition is geared for physical therapists, physical therapist assistants, students, educators, and other health care professionals. By extending the principles of systematic effective instruction to facilitate critical thinking in the classroom and the clinic, and providing strategies to enhance communication and collaboration, the Second Edition has a strong theoretical basis in reflective practice, active learning strategies, and evidence-based instruction. Features: A user-friendly approach integrating theory and practical application throughout Classroom/clinical vignettes along with integrative problem solving activities and reflective questions to reinforce concepts Key points to remember and chapter summaries throughout Updated references and suggested readings at the end of each chapter Included with the text are online supplemental materials for faculty use in the classroom. In physical therapy, teaching and learning are lifelong processes. Whether you are a student, clinician, first time presenter, or experienced faculty member, you will find Teaching and Learning in Physical Therapy: From Classroom to Clinic, Second Edition useful for enhancing your skills both as a learner and as an educator in physical therapy.

benchmark physical therapy covington ga: Physical Therapy The Truth Monie Phillips, PT,

2006-04-19 The most exciting and challenging times are upon the healthcare professionals of this nation today and it is my hope the issues covered in this book will help guide your future decisions. This book will assist the reader by providing valuable information to the student trying to decide if PT is the right career or the PT student contemplating what area of practice to take on first. The reader will get a genuine account of the PT profession and what it takes to get in and stay in. For the practicing Physical Therapist you can be certain that what you read in this book will either elevate your spirit or convict your soul. For the PT student staying up all night trying to make it through another lecture under a sleep deprived state of mind this book will lead you in the right direction before you begin your practice. Last but not least to my peers practicing daily, you know if you are providing quality care or just putting in your eight-hour day watching patients perform chair aerobics, this book will give you reasons to strive for more than mediocrity. If you are already aligned with the material in this book then enjoy the feeling of accomplishment because you are the moral fiber of the profession. Keep digging in finding the true cause of the patient's limitations while simultaneously thinking of how to correct the problem and document the truth. Just a reminder, words like; Program integrity, and Error Rates, coupled with the fact that Medicare is requesting \$720 million for the Medicare Integrity Program means the medical community should take notice. The information in this book will make a difference in your career and in the PT profession as a whole, will you?

benchmark physical therapy covington ga: Quick Reference Dictionary for Physical Therapy

Jennifer Bottomley, 2024-06-01 Quick Reference Dictionary for Physical Therapy has been revised and updated into a Third Edition to include the latest information in the field of physical therapy. This reference book, designed specifically for the physical therapy and physical therapist assistant student and practitioner, provides a magnitude of terms, definitions, guidelines, and references essential to the field. This Third Edition provides quick access to over 3400 words and their definitions that are encountered on a day-to-day basis (400 more than the previous edition). There are also 41 appendices in this user-friendly, pocket-sized reference where you can find information such as lists of general acronyms and abbreviations for words commonly used in physical therapy/rehabilitation; commonly used acronyms for evaluative tests and measures; and definitions of impairment, disability, and handicap as established and accepted by the World Health Organization. What is new inside the Third Edition: • More than 100 new abbreviations and acronyms • Updated Code of Ethics for the Physical Therapist • A new Drug Prescribing and Elimination Abbreviations appendix • Updates to suggested readings Quick Reference Dictionary for Physical Therapy, Third Edition is the perfect, pocket size, affordable companion for school, clinical affiliations, and physical therapy practice.

benchmark physical therapy covington ga: Introduction to Physical Therapy Michael A. Pagliarulo, PT, EdD, 2015-10-16 Start your physical therapy career path on the right foot with Introduction to Physical Therapy, 5th Edition. This comprehensive text offers an insightful and thorough overview of both the profession and the practice of physical therapy, including the latest topics and trends surrounding the industry. The first section walks readers through the key aspects of a career in physical therapy, including: roles of the physical therapist and physical therapist assistant, practice settings, the APTA, and laws, policies, and regulations. The second section then goes on to cover the practice of physical therapy: detailing the functions, disorders, and therapies of the major organ systems. Featuring a new full-color design, this new fifth edition incorporates a wealth of updated content, new photos, and numerous learning aides - such as chapter outlines, learning objectives, questions to ask, suggested readings, and review questions - to give readers the complete foundation they need to successfully grow their professional knowledge and skills. An overview of the profession combined with clinical information guides the reader through everything they need to know to begin their physical therapy education. Chapter on reimbursement tells how reimbursement affects the profession and introduces the fiscal aspects of health care and reimbursement for physical therapy services. Chapter on communication and cultural competence describes how cultural differences influence patient interaction and helps the PTA and PT understand behavior due to cultural differences. Numerous learning aides such as - chapter outlines, key terms, learning objectives, questions to ask, boxes, tables, summaries and up to date references, suggested readings and review questions - enable learning retention. The latest information on current trends in health care and the profession of physical therapy keeps readers current on the latest issues. NEW! Full color design and images make the text more visually appealing. NEW! Updated content keeps readers in the know on the latest practices and procedures. NEW! Updated photos throughout depict the content that is current and applicable to today's practicing PT or PTA.

benchmark physical therapy covington ga: Physical Therapy Documentation Mia Erickson, Mia L. Erickson, Rebecca McKnight, Ralph Utzman, 2008 Complete & accurate documentation is one of the essential skills for a physical therapist. This book covers all the fundamentals & includes practice exercises & case studies throughout.

benchmark physical therapy covington ga: Clinical Physical Therapy Toshiaki Suzuki, 2017-05-31 Physical therapy services may be provided alongside or in conjunction with other medical services. They are performed by physical therapists (known as physiotherapists in many countries) with the help of other medical professionals. This book consists of 11 chapters written by several professionals from different parts of the world. It includes different kinds of chapters for clinical physical therapy with precious points for physical therapy, physical therapy for cancer, chronic venous disease, mental health, and other topics. We hope that the information provided in this book will instruct global physical therapists and related professionals.

benchmark physical therapy covington ga: Pearls for Physical Therapists American Physical Therapy Association, 1999-06-01

benchmark physical therapy covington ga: Documentation for Rehabilitation Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation! Documentation for Rehabilitation: A Guide to Clinical Decision Making in Physical Therapy, 3rd Edition shows how to accurately document treatment progress and patient outcomes. Designed for use by rehabilitation professionals, documentation guidelines are easily adaptable to different practice settings and patient populations. Realistic examples and practice exercises reinforce concepts and encourage you to apply what you've learned. Written by expert physical therapy educators Lori Quinn and James Gordon, this book will improve your skills in both documentation and clinical reasoning. A practical framework shows how to organize and structure PT records, making it easier to document functional outcomes in many practice settings, and is based on the International Classification for Functioning, Disability, and Health (ICF) model - the one adopted by the APTA. Coverage of practice settings includes documentation examples in acute care, rehabilitation, outpatient, home care, and nursing homes, as well as a separate chapter on documentation in pediatric settings. Guidelines to systematic documentation describe how to identify, record, measure, and evaluate treatment and therapies - especially important when insurance companies require evidence of functional progress in order to provide reimbursement. Workbook/textbook format uses examples and exercises in each chapter to reinforce your understanding of concepts. NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations, re-evaluations, and discharge summaries. UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. EXPANDED number of case examples covers an even broader range of clinical practice areas.

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