

ben hogan golf instruction video

ben hogan golf instruction video represents a timeless resource for golfers seeking to improve their game through one of the most revered figures in golf history. These videos capture the essence of Ben Hogan's swing philosophy, technique, and practice routines, offering invaluable insights into the mechanics of a powerful and precise golf swing. Golf enthusiasts and instructors alike continue to study these instructional videos for their detailed breakdown of Hogan's methods, which emphasize fundamentals such as grip, stance, posture, and the importance of a consistent swing plane. This article explores the significance of the ben hogan golf instruction video, its core teachings, and how modern players can apply these principles to enhance their performance. Additionally, it discusses the legacy of Ben Hogan's instructional approach and its continued relevance in today's golfing world. Following this introduction, the article outlines the key sections detailing Hogan's instruction style, analysis of his swing, and practical tips derived from the videos.

- Overview of Ben Hogan's Instructional Videos
- Core Principles of Ben Hogan's Golf Swing
- Detailed Breakdown of the Instructional Content
- Impact and Legacy of Hogan's Teaching Methodology
- Applying Hogan's Techniques to Modern Golf

Overview of Ben Hogan's Instructional Videos

The ben hogan golf instruction video series stands as one of the most influential educational materials in golf. Produced in the mid-20th century, these videos feature Hogan himself demonstrating and explaining his swing mechanics and practice routines. Hogan's approach to instruction was methodical, emphasizing precision and repetition to develop muscle memory. The videos provide a step-by-step guide to mastering the golf swing, showing both slow-motion and real-time demonstrations to help learners visualize the movements.

These instructional videos have been revered not only for their clarity but also for their focus on fundamentals, making them suitable for golfers of all skill levels. The content is structured around key elements such as grip, stance, alignment, and the swing's rhythm, which are essential building blocks for a consistent and effective golf game. The historical and technical value of these videos continues to attract golfers and instructors who seek to understand the mechanics behind one of golf's greatest players.

Historical Context and Production

The Ben Hogan golf instruction video was produced during a period when instructional films were becoming a popular method for teaching sports techniques. Hogan's collaboration with film producers aimed to capture his swing in a way that could be studied repeatedly by viewers. This was innovative at the time, providing a visual supplement to written instruction manuals and classroom teaching.

The videos were shot using multiple camera angles, including overhead and side views, enabling a comprehensive analysis of the swing plane and body movement. This multi-angle approach allows learners to dissect each phase of the swing, from the takeaway to follow-through, which was unprecedented in golf instruction.

Core Principles of Ben Hogan's Golf Swing

At the heart of the Ben Hogan golf instruction video lies a set of core principles that define Hogan's swing philosophy. These principles focus on biomechanics, balance, and timing, which collectively produce a powerful and repeatable golf swing. Hogan's approach is often summarized by his emphasis on the "secret" of the golf swing, which involves a precise sequence of body and club movements.

Understanding these foundational elements is essential for anyone looking to benefit from Hogan's instructional materials. The videos break down complex movements into manageable components, making it easier to replicate the swing mechanics accurately.

Grip and Stance

Hogan's grip is a fundamental aspect of his instruction, advocating a neutral to slightly strong grip that promotes control and power. The Ben Hogan golf instruction video details how to position the hands correctly on the club to achieve the desired release and ball flight. His stance is equally important, emphasizing a balanced and athletic posture designed to facilitate a full, unrestricted swing.

The Swing Plane and Path

One of Hogan's signature elements is the swing plane, which the videos meticulously analyze. Hogan's swing plane is described as shallow and inside-out, promoting a natural draw ball flight and increased consistency. The instructional videos demonstrate how to maintain this plane through proper shoulder turn and hip rotation, key to avoiding common swing faults such as slicing or topping the ball.

Tempo and Rhythm

Tempo and rhythm are critical to Hogan's swing, and the videos stress the importance of a smooth, deliberate pace. Hogan believed that rushing the swing leads to loss of control and power. The instructional content encourages golfers to develop a rhythmic swing that allows for optimal timing between the arms and body, resulting in solid contact and distance.

Detailed Breakdown of the Instructional Content

The Ben Hogan golf instruction video offers a comprehensive breakdown of the golf swing from setup to finish. Each segment is designed to address specific components of the swing, making it easier for golfers to identify and correct flaws. The content is organized logically to build from the basics to advanced techniques.

Setup and Address Position

The videos begin with the setup and address, teaching proper foot placement, ball position, and alignment. Hogan emphasizes the importance of setting up in a way that promotes comfort and balance, which are prerequisites for an effective swing.

Backswing Mechanics

Hogan's backswing instruction focuses on achieving a full shoulder turn while maintaining the club on the correct plane. The videos illustrate how to initiate the takeaway smoothly, keeping the clubhead low and avoiding excessive wrist action early in the swing.

Downswing and Impact

The downswing is arguably the most critical phase, and Hogan's videos provide detailed guidance on sequencing body movements to generate maximum power. The instructional content highlights the role of the hips and lower body in initiating the downswing, followed by the arms and hands. Hogan's impact position is shown as the ideal moment of square clubface contact, with the body aligned and weight shifted forward.

Follow-Through and Finish

The follow-through is portrayed as a natural continuation of the swing, emphasizing balance and control. Hogan's finish position is upright and stable, symbolizing the completion of a well-executed swing. The videos teach

how to maintain posture and avoid collapsing after impact.

Practice Drills Included

In addition to swing mechanics, the ben hogan golf instruction video includes specific drills designed to reinforce key concepts. These drills focus on:

- Improving grip pressure and hand positioning
- Developing a consistent swing plane
- Enhancing body rotation and hip movement
- Timing drills to cultivate tempo and rhythm
- Alignment exercises to ensure proper setup

Impact and Legacy of Hogan's Teaching Methodology

The legacy of the ben hogan golf instruction video extends beyond its initial release, influencing generations of golfers and instructors worldwide. Hogan's analytical and disciplined approach to the golf swing set a new standard for golf instruction, blending scientific observation with practical application. His teachings continue to be referenced in modern golf coaching and instructional literature.

Many professional golfers credit Hogan's instructional philosophy as foundational to their development, highlighting the enduring relevance of his techniques. The video's influence is evident in the emphasis on fundamentals that remains a cornerstone of golf teaching today.

Influence on Modern Golf Instruction

Contemporary golf instructors often incorporate elements from Hogan's methodology, particularly his focus on swing plane and body mechanics. The ben hogan golf instruction video is frequently used as a benchmark for analyzing swing mechanics, offering a clear example of an effective and efficient golf swing. Additionally, Hogan's commitment to practice and repetition is echoed in modern training regimens.

Recognition in Golf History

Ben Hogan's instructional videos are recognized not only for their technical

content but also for their historical significance. They capture the philosophy of a player who overcame adversity to become one of the greatest golfers of all time. This context adds depth to the educational value, inspiring golfers to pursue excellence through disciplined practice.

Applying Hogan's Techniques to Modern Golf

While golf equipment and course conditions have evolved since Hogan's era, the fundamental principles taught in the Ben Hogan golf instruction video remain applicable. Modern golfers can adapt Hogan's techniques to suit contemporary clubs and playing styles while benefiting from his timeless insights into swing mechanics and strategy.

Integrating Hogan's teachings into a current golf routine involves understanding the core concepts and tailoring them to individual physical capabilities and goals. This approach helps players develop a solid foundation and improve consistency on the course.

Adapting to Modern Equipment

Advancements in golf technology, such as improved club materials and design, have changed certain dynamics of the golf swing. However, Hogan's emphasis on swing plane, balance, and timing remains crucial when using modern equipment. The instructional videos provide a baseline for swing fundamentals that complement technological enhancements.

Incorporating Hogan's Drills into Practice

Golfers seeking to improve their game can incorporate Hogan's drills into their practice sessions to develop muscle memory and refine swing mechanics. Regular practice of these drills promotes consistency and reduces common swing errors.

Benefits for All Skill Levels

The principles demonstrated in the Ben Hogan golf instruction video are beneficial for golfers ranging from beginners to advanced players. Beginners gain a structured approach to learning the swing, while experienced golfers can fine-tune their technique by revisiting Hogan's detailed instructions.

Frequently Asked Questions

What is the Ben Hogan golf instruction video?

The Ben Hogan golf instruction video is a classic golf teaching film featuring legendary golfer Ben Hogan, where he shares his insights and techniques for improving golf swing and overall play.

Why is the Ben Hogan golf instruction video still popular today?

The video remains popular because Ben Hogan's swing principles are timeless, emphasizing fundamentals like grip, stance, and swing mechanics that continue to help golfers of all levels improve their game.

Where can I watch the Ben Hogan golf instruction video?

The Ben Hogan golf instruction video can be found on various platforms such as YouTube, golf training websites, and sometimes included in golf instructional DVD collections.

What are the key teaching points in the Ben Hogan golf instruction video?

Key points include proper grip, alignment, posture, the importance of the backswing and follow-through, and the concept of the 'secret' to Hogan's powerful and accurate swing.

Is the Ben Hogan golf instruction video suitable for beginners?

Yes, the video is suitable for beginners as it covers fundamental golf techniques in a clear and detailed manner, making it easier for new golfers to understand and apply.

How does Ben Hogan explain the golf swing in his instruction video?

Ben Hogan breaks down the golf swing into simple, manageable components, focusing on precision, balance, and the correct sequencing of body movements to achieve a consistent and effective swing.

Can the Ben Hogan golf instruction video help improve my golf score?

Yes, by applying the techniques and principles taught by Ben Hogan in the video, golfers can improve their swing mechanics, leading to better ball striking and potentially lower scores.

Are there modern golf instructors who follow Ben Hogan's teaching methods?

Many modern golf instructors incorporate Ben Hogan's fundamentals into their teaching, recognizing the value of his swing principles in building a solid golf game.

What makes Ben Hogan's golf instruction video different from other golf tutorials?

Ben Hogan's video is unique because it comes directly from one of the greatest golfers in history, offering authentic insights and a methodical approach that focuses on mastering the basics rather than quick fixes.

Additional Resources

1. *Five Lessons: The Modern Fundamentals of Golf* by Ben Hogan

This classic book by Ben Hogan breaks down the essential techniques of the golf swing into five clear lessons. It covers grip, stance, posture, and the mechanics of the swing, making it a must-read for golfers looking to improve their game. Hogan's detailed instructions and illustrations make complex concepts accessible to players of all levels.

2. *Ben Hogan's Five Lessons: The Modern Fundamentals of Golf - Illustrated Edition*

An enhanced version of Hogan's original work, this edition includes more detailed illustrations and updated commentary to complement the timeless instruction. It provides visual aids that help readers better understand Hogan's swing principles, making it a valuable companion to his golf instruction videos.

3. *The Hogan Way: Mastering Golf's Greatest Swing*

This book delves deeper into the mechanics and philosophy behind Ben Hogan's swing, offering insights beyond the basics. It combines instructional content with anecdotes from Hogan's career, inspiring golfers to embrace discipline and precision in their practice.

4. *Ben Hogan's Power Golf*

Focused on generating power and control, this book explains how Hogan developed a powerful yet repeatable swing. It includes drills and tips for maximizing distance without sacrificing accuracy, ideal for golfers who want to add strength to their game.

5. *Hogan's Alley: The Rise of Golf's Greatest Player*

A biographical account that explores Ben Hogan's life and career, this book provides context to his golf instruction philosophy. Understanding Hogan's journey adds depth to his teachings and motivates readers to adopt his work ethic and determination.

6. *Golf My Way* by Jack Nicklaus

While not authored by Hogan, this book complements Hogan's teachings by offering another legendary player's perspective on golf fundamentals. Nicklaus's strategies and tips can help readers compare and refine their understanding of effective golf instruction.

7. *The Elements of Scoring: A Master's Guide to the Art of Scoring Your Best When You're Not Playing Your Best* by Raymond Floyd

This book emphasizes the mental and strategic aspects of golf that align well with Hogan's technical instruction. It teaches players how to improve scoring through course management and mental toughness, enhancing overall performance.

8. *Harvey Penick's Little Red Book: Lessons And Teachings From A Lifetime In Golf*

A revered golf instructor's compilation of timeless advice, this book offers simple yet profound tips that complement Hogan's detailed swing mechanics. It's an excellent resource for golfers looking to develop a well-rounded game.

9. *The Golf Swing: The Definitive Golf Instructional Book Featuring Ben Hogan's Secrets*

This comprehensive instructional book incorporates Hogan's swing secrets along with modern teaching techniques. It provides step-by-step guidance, drills, and troubleshooting tips, making it a practical tool for golfers aiming to emulate Hogan's legendary swing.

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ben hogan golf instruction video: Ben Hogan's Five Lessons Ben Hogan, Herbert Warren Wind, 1990 You can shoot in the 70's!

ben hogan golf instruction video: The Everything Golf Instruction Book Rich Mintzer, Peter Grossman, 2011-12-15 Packed with information about the game of golf, its rich history, the great players and outstanding personalities, tours and tournaments, proper etiquette, as well as anecdotes, trivia, and jokes, The Everything Golf Book really does have it all! Whether you are an avid player or an enthusiastic spectator, you'll find something new for you. From bunker shots to golfing buddy movies, this one volume highlights everything you need to know to thoroughly enjoy the game of golf.

ben hogan golf instruction video: *The Secret of Hogan's Swing* Tom Bertrand, Printer Bowler, 2010-12-13 Praise for The Secret of Hogan's Swing The Secret of Hogan's Swing goes beyond pure instruction, offering insightful shot-making and strategy tips passed on to former tour pro John Schlee from Ben Hogan and interpreted wonderfully by Tom Bertrand and Printer Bowler.

--John Andrisani, author of *Tiger's New Swing* and *Heaven Can Wait* Like finding the Rosetta stone of golf. . . . Tom Bertrand and Printer Bowler's *The Secret of Hogan's Swing* gives us a pipeline to the Master's wisdom that we thought had been lost forever. Secret is an instruction book like no other. It's the Hogan book Hogan himself never wrote, packed with the insights the great champion passed on to John Schlee (in a fascinating mentor-disciple relationship) and that Schlee, in turn, bequeathed to Tom Bertrand. We'll probably never have anything like this again. Hogan's gone, Schlee's gone, but thank goodness we've got Tom Bertrand to preserve the nuggets of pure golfing gold that the Master dug up 'out of the dirt' of ten thousand practice tees and a thousand tournaments. *The Secret of Hogan's Swing* demonstrates that the vein of wisdom left by the peerless champion still yields up precious ore, not just in the technical aspects of the golf swing (Hogan's concepts are not only absolutely modern but even quite radical) but in his insights into the psychological and mental aspects of the game. His concept of the 'moving wall' is worth the price of the book alone. A must-read for every serious student of the game. --Steven Pressfield, author of *The Legend of Bagger Vance*

ben hogan golf instruction video: Golf For Dummies Gary McCord, 2011-03-03 When it comes to improving your golf game, everyone's an expert, even other beginners who don't play any better than you. Get help from real experts. *Golf For Dummies*, Third Edition, features easy-to-follow instructions for hitting the ball farther and straighter, and shaving strokes off your game. It gives you: Advice on adjusting your grip, stance, and swing Helpful tips from the top players in the game New methods for improving improve your short game Exercises tailored to keep you fit and improve your game Reviews of the latest golfing equipment The latest on new organizations and websites for golfers Details about great new courses Accounts of golf's greatest moments and players Playing golf is fun—playing better is even more fun. With a little help from *Golf for Dummies*, Third Edition, you'll have the time of your life whenever you lace up your cleats.

ben hogan golf instruction video: Good Golf - Using Your Natural Ability Greg Luckett, 2023-03-14 Do you look at good golfers and wish you had their natural ability? We are all programmed for natural ability and movement Our bodies are programmed to instinctively perform athletic movements with balance and co-ordination, like walking, riding a bicycle, roller skating, swimming, and many more. So you do have the natural ability for a good golf swing, and to play good golf. Learn how to build your best golf swing using the natural ability that you are programmed with! Without any awareness of how the body and mind work for you, many people never learn to feel the natural movement and allow the body to develop it's own natural swing style. Without understanding this and allowing it to happen, you may never reach your potential and will always struggle for consistency. Most elite players on tour started swinging a golf club when they were small children, their mind and body naturally developed this ability without them being aware they were doing so. Children at a young age have little awareness of conscious focus when learning or performing a physical movement, as they are usually only focused on the result of what they are trying to do, in the case of golf, this is hitting the ball. There is a lot that the average golfer can learn from this! Many average golfers learn to try and use the swing technique that great players have written about over the years, and a lot of what can be found on instructional videos online or taught by swing coaches, is based on the techniques of these great players. What many people don't take into consideration when trying to learn from the teachings of great players, like Hogan and Nicklaus, is that their swing technique developed over time as a result of specific tendencies with their ball striking and shot shape. For example, in his early career, Ben Hogan struggled with a strong hook as the main shot miss in his game. Many regard Hogan as the greatest ball striker of all time, but he developed his famous swing style and technique over the years as he worked hard to get the hook misses out of his game. Learn to understand you own technique and style Once you learn how to allow your mind and body perform your own natural swing, you will find it much easier to work on the specific techniques taught by great players or your coach, as you will have a greater connection to your subconscious and a feel for the swing and your body movements. The more you can allow your conscious mind to stay out of the way, and allow your subconscious to take control, the quicker

you can improve and the more consistent you will play. This book covers my story, what I learnt in my journey to better golf, and the puts together in one place all the information to help you do the same and find your natural golf swing.

ben hogan golf instruction video: *How to Make Birdies!* John T. Gollehon, 2004 Unique golf instruction book based on teaching methods of today's pros compared to golf's legends of the game. Author contents that only subtle, simple changes are required to improve a player's game.

ben hogan golf instruction video: *Bowker's Complete Video Directory 2001* , 2001

ben hogan golf instruction video: Guru in Your Golf Swing Ed Hanczaryk, 2018-10-31 A PGA pro's trip to teach golf in Bhutan becomes a journey of self-discovery on which he learns an ancient meditation practice. PGA of Canada pro Ed Hanczaryk blends golf and the art of meditation in this travelogue based on his true story of a five-month golf-teaching assignment in the hidden Kingdom of Bhutan. One day he taught a monk how to improve his game, and the next day, the monk taught him to tame his unruly mind . . . A personal story of "zen and the art of the golf swing" for readers of Joseph Parent's Zen Golf.

ben hogan golf instruction video: Hogan on the Green John Andrisani, 2013-05-14 Putting is golf's great equalizer, a seemingly simple aspect of the game whose surprising complexity has vexed both amateurs and pros for centuries. But now, for the first time ever, you can learn to putt like the legendary Ben Hogan, the winner of 9 major championships. Recognized by many as the greatest ball-striker and on-target tee-to-green player of all time, Hogan's prowess with the flat stick has often gone unnoticed. But Hogan's proficiency on the greens was like none other when it came to sinking difficult putts under high-stakes tournament conditions. Hogan on the Green presents readers with a comprehensive, illustrated analysis of Hogan's revolutionary system for sinking short-, medium-, and long-range putts on a variety of surfaces. Complete with easy-to-follow instructions for setup and stroke techniques, as well as tips on putting strategy, practice, and mastering the mental game, this book is a unique and invaluable resource for those looking to perfect their putting. With anecdotal recollections and instructional commentary from those who knew Hogan best, including 1964 US Open champion Ken Venturi and Herbert Warren Wind, Hogan's collaborator on his classic 1957 bestseller, *Five Lessons*, Hogan on the Green also includes a host of practice drills and a special section of putting lessons from renowned golf coach Claude "Butch" Harmon Jr.

ben hogan golf instruction video: *Building and Improving Your Golf Mind, Golf Body, Golf Swing* , 1993

ben hogan golf instruction video: *Ben Hogan's Five Lessons* Ben Hogan, 2024-11-19 Golfer Ben Hogan offers step-by-step, illustrated instructions on how to break eighty in a single golf game, covering grip, stance, posture, and various parts of the swing.

ben hogan golf instruction video: *The Golden Era of Golf* Al Barkow, 2025-06-25 The Golden Era of Golf chronicles the rise of the sport in America from 1950 to the present by one of the most prolific and respected golf writers today. Until now, no one has made the point directly and unequivocally that the game invented by ancient Scots would not have reached its present stature in the world of sports if Americans had never gotten hold of it. Is this to say that Al Barkow is, in *The Golden Era of Golf*, being a narrow-minded, American-flag-waving jingoist? Not at all. In detailing how America expanded on the old Scots game, Barkow does not deny that the United States more or less fell into certain advantages that led to its dominion over the game - there is the geography, the luck of not having to endure the physical devastation of two world wars, and a naturally broader economic strength. Still, Barkow also makes it clear that there were, and there remains, certain especially American characteristics - a singular energy and enthusiasm for participation in and observation of games, for melding sports with business, for technological and industrial innovation, and by all means democratic traditions - that turned what had been (and would probably have remained) an insular, parochial past time into a game played by millions around the world. America has been golf's great nurturing force, and Barkow details why and how it happened. The history of American golf is not exactly a varnished treatment, a mindless glorification full of nationalist ardor,

which is in keeping with the author's well-established reputation, developed over the past 37 years as a golf journalist, magazine editor, historian, and television commentator, as someone who looks with a sharp and candid eye at the game. Barkow has points of view and takes positions on affairs and personalities that impact on every aspect of golf. Is the United States Golf Association, in its restrictions on equipment, playing ostrich to inevitable technological innovation? Hasn't it always? And, hasn't the association always been hypocritical in its definition of amateurism? Was the Ryder Cup ever really a demonstration of pure hands-across-the-sea good fellowship? Why did it take so long for the members of the Augusta National Golf Club to invite a black to play in its vaunted Masters tournament? Barkow was one of the first journalists to research in depth and write about how blacks were excluded from mainstream American golf for most of this century. Here, he expands on an element of history which is intrinsic to the larger American experience and which led to the coming of Tiger Woods. How good has television been for golf, and when and by whom did this most powerful of mediums get involved in the game? Is Greg Norman's celebrity (and personal wealth) an example or the result of modern-day image making that gives greater value to impressions of greatness than the reality of actual performance? Although some curmudgeon emerges in this chronicle of golf, what also comes through, and on a larger note, is the author's passion for the game itself. Its demands on each player's will, determination, and both inherent and developed physical skills are so penetrating, and the satisfaction that comes from just coming close to fulfillment so great, that the manipulations of the golf operators - administrators, agents, some of its players, et al. - become mere sidebars. This is golf history with a certain perspective that arises from someone who has lived intimately with the game as a player and writer for at least half the century that is covered, and in particular the last half, on which there is the greater emphasis. It runs the gamut - from feisty, albeit well-considered, criticism to an evocation of the human drama that is finally the most vivid expression of any activity man takes on.

ben hogan golf instruction video: Great Golf Danny Peary, Allen F. Richardson, 2012-05
Providing a complete library of golf instruction in one volume, this compilation features a variety of valuable lessons drawn from the most famous, popular, and trailblazing golf books as well as classic and contemporary magazines. Going beyond the standard instructional manual, this is the only golfing reference that presents its information in the original words of the great champions, instructors, and authors--both male and female--while also covering every aspect of the game, integrating its history and the parallel development of its multibillion-dollar instruction industry. Featured instructors and players include Bobby Jones, Sam Snead, Joyce Wethered, Babe Didrikson Zaharias, Jack Nicklaus, Harvey Pennick, Chi Chi Rodriguez, Ernie Els, Tiger Woods, Nancy Lopez, Dave Pelz, and Vivien Saunders. Showcasing each lesson with feature boxes that condense essential instruction into handy bullet points, this volume's photographs clearly illustrate the best techniques while countless sidebars, quotes, and tips ensure it is destined to become a classic guide for a timeless sport.

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ben hogan golf instruction video: Bowker's Complete Video Directory 1996 R R Bowker Publishing, 1996-03

ben hogan golf instruction video: The Mad Science of Golf Philip Moore, 2007-11-29 The Mad Science of Golf is a one-of-a-kind book that explains how golfers have been permanently sidetracked by the high-tech hype of the golf industry. Through a series of questions and answers the book will literally reprogram your thinking and give you an entirely new perspective on golf, the golf industry, and the process of improvement. The book clearly answers the questions that golfers should have been asking a long time ago. On Golf Clubs: Can anything else (that really matters) be done to a golf club? Are golf clubs REALLY getting better every year? What kind of golf clubs do you REALLY need? On The Golf Swing: If swing mechanics are so important, why do the best players in the world all swing differently? Why does your golf swing keep changing? How come no matter how many lessons you take, you always need more? On Playing Better Golf: What's the secret to scoring lower? How come some aspects of your game seem to never improve? What's the ONLY why to

achieve day-to-day consistency? The Mad Science of Golf is certainly not your typical how-to golf book. It will forever change your perception of golf equipment, the golf swing, and how to play better golf. It should be in every golfer's library.

ben hogan golf instruction video: The Hacker's Golf Guide James L. Rhoads, 1995-11 The Hacker's Golf Guide is an answer book for enthusiastic golfers. Research shows that 45 million people play golf today, including 24 million in the United States. And while 90% of those golfers know very little about the game that so fascinates them, they possess a passionate thirst for information about it. This book meets that need to know. It is well researched & chock-full of authoritative information on all of golf's major subjects, including history, ball-flight laws, mental control, etiquette, Rules, prompt play, handicaps, green construction, equipment design, club-fitting & playing strategy. The reader is told how to act on the course; how to buy clubs that fit; how to properly strike the ball; how to choose a professional instructor; how to make a ball go up or curve in flight; & much, much more of interest to the curious golfer. Written in an easy-to-read style, it is typeset on recycled, natural-tone bulk paper with wide leading between a Bookman font. It is amply illustrated & indexed, & sports a four-color paper cover by Robert Howard. The author's thirty years of experience & incisive humor relates well to those kindred souls struggling to learn the secret of the ancient game of golf.

ben hogan golf instruction video: New Psycho-Cybernetics Maxwell Maltz, 2002-12-03 With over 30 million copies sold since its original publication in 1960, Psycho-Cybernetics has been used by athletes, entrepreneurs, college students, and many others, to achieve life-changing goals--from losing weight to dramatically increasing their income--finding that success is not only possible but remarkably simple. Now updated to include present-day anecdotes and current personalities, The New Psycho-Cybernetics remains true to Dr. Maltz's promise: "If you can remember, worry, or tie your shoe, you can succeed with Psycho-Cybernetics!"

ben hogan golf instruction video: Golf Magazine's Complete Book of Golf Instruction George Peper, 1997 The most comprehensive and easiest-to-use compilation of golf instruction ever assembled, this new volume by the editors of Golf Magazine provides advice from the best professional players and teachers in easy-to-follow text and 500 lavish illustrations, 450 in full color.

ben hogan golf instruction video: Golf's Holy War Brett Cyrgalis, 2020-05-05 Just as Michael Lewis's Moneyball captured baseball at a technological turning point, Brett Cyrgalis's Golf's Holy War takes us inside golf's clash between its beloved artistic tradition and its analytic future. The world of golf is at a crossroads. As technological innovations displace traditional philosophies, the golfing community has splintered into two deeply combative factions: the old-school teachers and players who believe in feel, artistry, and imagination, and the technical minded who want to remake the game around data. In Golf's Holy War, Brett Cyrgalis takes readers inside the heated battle playing out from weekend hackers to PGA Tour pros. At the Titleist Performance Institute in Oceanside, California, golfers clad in full-body sensors target weaknesses in their biomechanics, while others take part in mental exercises designed to test their brain's psychological resilience. Meanwhile, coaches like Michael Hebron purge golfers of all technical information, tapping into the power of intuitive physical learning by playing rudimentary games. From historic St. Andrews to manicured Augusta, experimental communes in California to corporatized conferences in Orlando, William James to Ben Hogan to theoretical physics, the factions of the spiritual and technical push to redefine the boundaries of the game. And yet what does it say that Tiger Woods has orchestrated one of the greatest comebacks in sports history without the aid of a formal coach? But Golf's Holy War is more than just a book about golf—it's a story about modern life and how we are torn between resisting and embracing the changes brought about by the advancements of science and technology. It's also an exploration of historical legacies, the enriching bonds of education, and the many interpretations of reality.

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