

# benchmark physical therapy blairsville ga

**benchmark physical therapy blairsville ga** is a leading provider of rehabilitative services in the Blairsville, Georgia area, dedicated to helping patients recover from injuries, manage pain, and improve mobility. This article explores the comprehensive range of physical therapy services offered by Benchmark Physical Therapy, highlighting their patient-centered approach, advanced treatment techniques, and commitment to community health. Understanding the importance of specialized physical therapy can guide individuals in choosing the right provider for their recovery needs. This discussion will also cover the qualifications of the therapists, available treatment options, and the benefits of personalized care plans at Benchmark Physical Therapy Blairsville GA. Whether recovering from surgery, managing chronic conditions, or seeking injury prevention strategies, this facility offers tailored programs to support optimal outcomes.

- Overview of Benchmark Physical Therapy Blairsville GA
- Services Offered
- Therapist Qualifications and Expertise
- Patient-Centered Approach
- Advanced Treatment Techniques
- Benefits of Choosing Benchmark Physical Therapy
- Community Involvement and Support

## Overview of Benchmark Physical Therapy Blairsville GA

Benchmark Physical Therapy Blairsville GA is a reputable clinic specializing in rehabilitation and therapeutic services designed to restore function and enhance the quality of life for patients. The clinic is equipped with modern facilities and staffed by experienced professionals committed to delivering evidence-based care. Their mission focuses on providing personalized treatment plans tailored to the unique needs of each patient, ensuring effective recovery and long-term wellness. The convenient location in Blairsville makes it accessible for residents seeking expert physical therapy services.

# Services Offered

Offering a diverse range of physical therapy services, Benchmark Physical Therapy Blairsville GA addresses various conditions affecting mobility, strength, and overall physical health. The facility caters to patients with orthopedic injuries, neurological conditions, post-surgical rehabilitation, and chronic pain management.

## Orthopedic Rehabilitation

This service focuses on recovery from musculoskeletal injuries, including fractures, sprains, and strains. Customized exercise programs promote healing, strength, and flexibility, aiding patients in returning to daily activities and sports.

## Neurological Physical Therapy

Designed for individuals with neurological impairments such as stroke, multiple sclerosis, or Parkinson's disease, this therapy aims to improve motor function, coordination, and balance through targeted interventions.

## Post-Surgical Rehab

Patients recovering from surgeries like joint replacements or ligament repairs receive specialized care to regain mobility, reduce pain, and prevent complications during the healing process.

## Chronic Pain Management

Chronic conditions such as arthritis or fibromyalgia are managed through techniques that alleviate pain, improve joint function, and enhance overall quality of life.

## Preventive Care and Injury Prevention

Benchmark Physical Therapy also emphasizes preventive strategies to reduce the risk of future injuries through education, strengthening exercises, and ergonomic assessments.

- Orthopedic Rehabilitation
- Neurological Therapy

- Post-Surgical Rehabilitation
- Chronic Pain Management
- Preventive Care

## **Therapist Qualifications and Expertise**

The therapists at Benchmark Physical Therapy Blairsville GA are highly trained professionals holding advanced degrees and certifications in physical therapy. They engage in continuous education to stay updated with the latest clinical practices and rehabilitation techniques. Their expertise spans various specialties, allowing them to tailor treatment plans effectively for diverse patient populations.

## **Certified Specialists**

Many therapists hold certifications in orthopedic, neurological, and sports physical therapy, ensuring specialized knowledge and skill in managing complex conditions.

## **Commitment to Continuing Education**

Benchmark's team regularly participates in professional development programs to incorporate innovative therapies and maintain high standards of patient care.

## **Patient-Centered Approach**

At the core of Benchmark Physical Therapy Blairsville GA is a patient-centered philosophy that prioritizes individualized care. Each treatment plan begins with a thorough assessment to identify specific needs, goals, and challenges. Therapists collaborate closely with patients to set realistic expectations and engage them actively in the rehabilitation process.

## **Customized Treatment Plans**

Treatment strategies are designed based on the patient's condition, lifestyle, and recovery objectives, ensuring maximum effectiveness and satisfaction.

## **Collaborative Care Model**

Benchmark promotes open communication among patients, therapists, and referring physicians to optimize outcomes and coordinate comprehensive care.

## **Advanced Treatment Techniques**

Benchmark Physical Therapy Blairsville GA utilizes state-of-the-art technology and evidence-based methods to enhance therapeutic outcomes. These advanced techniques are integrated into treatment protocols to accelerate healing and improve function.

## **Manual Therapy**

Hands-on techniques such as joint mobilization and soft tissue manipulation help reduce pain, increase mobility, and restore normal movement patterns.

## **Therapeutic Exercise Programs**

Customized exercise regimens focus on strength, flexibility, endurance, and balance, crucial for comprehensive rehabilitation.

## **Modalities and Technologies**

The clinic employs ultrasound, electrical stimulation, and cold laser therapy to assist in pain relief and tissue repair.

## **Functional Training**

Simulated real-life activities and sport-specific drills prepare patients for a safe return to their daily routines and athletic pursuits.

## **Benefits of Choosing Benchmark Physical Therapy**

Opting for Benchmark Physical Therapy Blairsville GA offers numerous advantages for individuals seeking effective rehabilitation solutions. The combination of expert staff, comprehensive services, and personalized care contributes to superior patient outcomes.

- Improved mobility and reduced pain levels
- Faster recovery times through tailored treatment plans
- Access to specialized therapists with diverse expertise
- Use of cutting-edge therapeutic technologies
- Supportive environment focused on patient well-being
- Preventive strategies to avoid future injuries

## **Community Involvement and Support**

Benchmark Physical Therapy Blairsville GA actively participates in community health initiatives to promote wellness and injury prevention. The clinic offers educational workshops, screening events, and partnerships with local organizations to support the health of the Blairsville community. This commitment reinforces Benchmark's role not only as a healthcare provider but also as a trusted community resource dedicated to improving public health.

## **Frequently Asked Questions**

### **What services does Benchmark Physical Therapy in Blairsville, GA offer?**

Benchmark Physical Therapy in Blairsville, GA offers services such as orthopedic rehabilitation, sports injury therapy, post-surgical rehabilitation, pain management, and personalized physical therapy programs.

### **How can I schedule an appointment at Benchmark Physical Therapy in Blairsville, GA?**

You can schedule an appointment at Benchmark Physical Therapy Blairsville by calling their clinic directly or visiting their official website to book an appointment online.

### **Does Benchmark Physical Therapy in Blairsville accept insurance?**

Yes, Benchmark Physical Therapy in Blairsville, GA accepts most major insurance plans. It's recommended to contact the clinic directly to verify your specific insurance coverage.

## **What are the operating hours of Benchmark Physical Therapy in Blairsville, GA?**

Benchmark Physical Therapy in Blairsville typically operates Monday through Friday during standard business hours. For exact times, it is best to check their website or call the clinic.

## **Are there specialized physical therapists at Benchmark Physical Therapy Blairsville?**

Yes, Benchmark Physical Therapy employs licensed and experienced physical therapists who specialize in areas such as sports injuries, orthopedic conditions, and post-operative care.

## **What makes Benchmark Physical Therapy in Blairsville, GA different from other therapy clinics?**

Benchmark Physical Therapy focuses on individualized care plans, utilizes the latest therapy techniques, and emphasizes patient education to ensure effective and lasting recovery.

## **Can Benchmark Physical Therapy in Blairsville help with chronic pain management?**

Yes, Benchmark Physical Therapy offers customized treatment plans aimed at managing and reducing chronic pain through therapeutic exercises, modalities, and patient education.

## **Additional Resources**

### *1. Comprehensive Guide to Physical Therapy in Blairsville, GA*

This book offers an in-depth look at physical therapy practices specific to the Blairsville, GA area. It covers patient care techniques, local healthcare resources, and success stories from Benchmark Physical Therapy. Readers will gain insight into rehabilitation strategies that are effective for common injuries and conditions treated in this region.

### *2. Rehabilitation Techniques at Benchmark Physical Therapy*

Focusing on the innovative rehabilitation methods used at Benchmark Physical Therapy in Blairsville, GA, this book explores therapeutic exercises, manual therapy, and technology integration. It serves as a practical resource for therapists and patients alike, illustrating how personalized care plans promote recovery and wellness.

### *3. Healing Journeys: Patient Experiences at Benchmark Physical Therapy*

This collection of patient testimonials highlights the transformative impact of physical therapy at

Benchmark in Blairsville. Through real-life stories, readers learn about overcoming pain, regaining mobility, and achieving life-changing health improvements with professional support.

#### *4. Physical Therapy Practices in Small Towns: The Blairsville Model*

Examining the unique challenges and advantages of providing physical therapy in smaller communities, this book uses Blairsville, GA as a case study. It discusses how Benchmark Physical Therapy adapts services to meet local needs and fosters strong patient-therapist relationships.

#### *5. Sports Injury Recovery at Benchmark Physical Therapy, Blairsville*

Targeting athletes and active individuals, this book details specialized treatment protocols for sports-related injuries offered by Benchmark Physical Therapy. It covers injury prevention, rehabilitation exercises, and return-to-sport guidelines tailored for the Blairsville area.

#### *6. Innovations in Physical Therapy: Benchmark Blairsville's Approach*

Highlighting the latest advancements in physical therapy technology and methods, this book showcases how Benchmark Physical Therapy incorporates innovation into patient care. Topics include telehealth, advanced diagnostics, and cutting-edge therapeutic equipment used in Blairsville, GA.

#### *7. Senior Care and Physical Therapy: Services at Benchmark Blairsville*

Dedicated to the elderly population, this book outlines physical therapy programs designed to improve mobility, balance, and quality of life for seniors in Blairsville. It emphasizes compassionate care strategies and community resources available through Benchmark Physical Therapy.

#### *8. Managing Chronic Pain through Physical Therapy in Blairsville*

This resource addresses chronic pain management techniques employed at Benchmark Physical Therapy. Readers will find detailed explanations of therapeutic interventions, patient education, and multidisciplinary approaches to alleviate long-term discomfort.

#### *9. Starting a Career in Physical Therapy: Insights from Benchmark Blairsville*

Ideal for students and aspiring therapists, this book provides an overview of career opportunities and professional development within the Blairsville physical therapy community. It includes interviews with Benchmark staff, guidance on education paths, and tips for succeeding in this field.

## **Benchmark Physical Therapy Blairsville Ga**

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**Profession of Physical Therapy** Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. Foundations: An Introduction to the Profession of Physical Therapy by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy - important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

**benchmark physical therapy blairsville ga: Guide to Evidence-based Physical Therapy Practice** Dianne V. Jewell, 2008 Finally, a text designed specifically for physical therapists to facilitate evidence-based practice in both the classroom and in the clinic. Guide to Evidence-Based Physical Therapy Practice provides readers with the information and tools needed to appreciate the philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide. Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

**benchmark physical therapy blairsville ga: Physical Therapy in Acute Care** Daniel Joseph Malone, Kathy Lee Bishop Lindsay, 2006 Safe and effective management is a top priority for every physical therapy student or clinician involved with patients in the acute care setting. Physical Therapy in Acute Care: A Clinician's Guide is a user-friendly, pocket-sized, evidence-based text that guides and reinforces successful acute care patient management. Physical Therapy in Acute Care provides clinicians with an understanding of the basic physiological mechanisms underlying normal function of all major organ systems, contrasted with the pathophysiology of the disease and disorders that physical therapists will most often encounter in an acute care environment. Inside the pages of Physical Therapy in Acute Care, Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management. Some Chapter Topics Include: • Cardiovascular, pulmonary, musculoskeletal, gastrointestinal, genitourinary, and neurological diseases and disorders • The immune system and infectious disease • Oncology rehabilitation • Wound care • Transplantation Each chapter highlights important physical therapy concerns, examination findings, and rehabilitation interventions. In addition, Physical Therapy in Acute Care includes numerous tables, figures, review questions, and case studies that highlight the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. Exciting Features: • An in-depth description of laboratory tests and procedures incorporating the physiologic significance of abnormal findings • Pharmacologic information for each organ system chapter including side effects of common medical interventions • A chapter on

deconditioning and bed rest effects in the acute care environment • A discharge recommendation decision tree Whether you are a student of physical therapy, a physical therapist entering the acute care environment, or an experienced acute care physical therapist, Physical Therapy in Acute Care is the only resource for successful patient management you will need by your side.

**benchmark physical therapy blairsville ga:** Physical Therapy Management of Patients with Spinal Pain Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside Physical Therapy Management of Patients With Spinal Pain, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include: • Over 650 photographs, images, and tables • Access to a supplemental video Website with new book purchase • Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine • Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with Physical Therapy Management of Patients With Spinal Pain is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

**benchmark physical therapy blairsville ga:** **Physical Therapy; a Career of Science and Service** American Physical Therapy Association, 1956

**benchmark physical therapy blairsville ga:** **Acute Care Physical Therapy** Daniel J. Malone, Kathy Lee Bishop, 2024-06-01 Acutely ill patients are found in the hospital, in the skilled nursing facility, in inpatient rehabilitation facilities, in outpatient practices, and in the home. The role of the physical therapist and physical therapist assistant is to rehabilitate these vulnerable and frail patients to enhance their health and functioning. The goal of Acute Care Physical Therapy: A Clinician's Guide, Second Edition is to provide the acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, Drs. Daniel Malone and Kathy Lee Bishop, along with their contributors, provide a comprehensive review of acute care physical therapist best practice. This text builds upon fundamental knowledge by addressing important components of the patient examination ranging from the patient's medical history to laboratory testing to life supporting equipment. Following this introduction, each chapter highlights specific organ systems with a review of pertinent anatomy and physiology followed by common health conditions and medical management. Important physical therapy concerns, examination findings, and rehabilitation interventions are discussed in detail. This Second Edition includes numerous tables, figures, review questions, and case studies that highlight clinical reasoning and the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. New in the Second Edition: Increased focus on evidence-based examination, evaluation, and intervention The latest technology in physiologic monitoring and patient support equipment Introduces the "PT Examination" and "ICU" algorithms to promote safe and progressive

rehabilitation Emphasis on clinical decision making through the application of a clinical reasoning model applied to the end of chapter cases Acute Care Physical Therapy: A Clinician's Guide, Second Edition will serve as a valuable education tool for students, newer professionals as well as post-professionals who provide therapy services to the acutely ill patient regardless of setting.

**benchmark physical therapy blairsville ga:** *Physical Therapy Documentation* Mia Erickson, Ralph Utzman, Rebecca McKnight, 2024-06-01 Newly updated and revised, *Physical Therapy Documentation: From Examination to Outcome*, Third Edition provides physical therapy students, educators, and clinicians with essential information on documentation for contemporary physical therapy practice. Complete and accurate documentation is one of the most essential skills for physical therapists. In this text, authors Mia L. Erickson, Rebecca McKnight, and Ralph Utzman teach the knowledge and skills necessary for correct documentation of physical therapy services, provide guidance for readers in their ethical responsibility to quality record-keeping, and deliver the mechanics of note writing in a friendly, approachable tone. Featuring the most up-to-date information on proper documentation and using the International Classification of Functioning, Disabilities, and Health (ICF) model as a foundation for terminology, the Third Edition includes expanded examples across a variety of practice settings as well as new chapters on: Health informatics Electronic medical records Rules governing paper and electronic records Billing, coding, and outcomes measures Included with the text are online supplemental materials for faculty use in the classroom. An invaluable reference in keeping with basic documentation structure, *Physical Therapy Documentation: From Examination to Outcome*, Third Edition is a necessity for both new and seasoned physical therapy practitioners.

**benchmark physical therapy blairsville ga:** *Physical Therapy The Truth* Monie Phillips, PT, 2006-04-19 The most exciting and challenging times are upon the healthcare professionals of this nation today and it is my hope the issues covered in this book will help guide your future decisions. This book will assist the reader by providing valuable information to the student trying to decide if PT is the right career or the PT student contemplating what area of practice to take on first. The reader will get a genuine account of the PT profession and what it takes to get in and stay in. For the practicing Physical Therapist you can be certain that what you read in this book will either elevate your spirit or convict your soul. For the PT student staying up all night trying to make it through another lecture under a sleep deprived state of mind this book will lead you in the right direction before you begin your practice. Last but not least to my peers practicing daily, you know if you are providing quality care or just putting in your eight-hour day watching patients perform chair aerobics, this book will give you reasons to strive for more than mediocrity. If you are already aligned with the material in this book then enjoy the feeling of accomplishment because you are the moral fiber of the profession. Keep digging in finding the true cause of the patient's limitations while simultaneously thinking of how to correct the problem and document the truth. Just a reminder, words like; Program integrity, and Error Rates, coupled with the fact that Medicare is requesting \$720 million for the Medicare Integrity Program means the medical community should take notice. The information in this book will make a difference in your career and in the PT profession as a whole, will you?

**benchmark physical therapy blairsville ga:** *Introduction to Physical Therapy* Michael A. Pagliarulo, PT, EdD, 2015-10-16 Start your physical therapy career path on the right foot with *Introduction to Physical Therapy*, 5th Edition. This comprehensive text offers an insightful and thorough overview of both the profession and the practice of physical therapy, including the latest topics and trends surrounding the industry. The first section walks readers through the key aspects of a career in physical therapy, including: roles of the physical therapist and physical therapist assistant, practice settings, the APTA, and laws, policies, and regulations. The second section then goes on to cover the practice of physical therapy: detailing the functions, disorders, and therapies of the major organ systems. Featuring a new full-color design, this new fifth edition incorporates a wealth of updated content, new photos, and numerous learning aides - such as chapter outlines, learning objectives, questions to ask, suggested readings, and review questions - to give readers the

complete foundation they need to successfully grow their professional knowledge and skills. An overview of the profession combined with clinical information guides the reader through everything they need to know to begin their physical therapy education. Chapter on reimbursement tells how reimbursement affects the profession and introduces the fiscal aspects of health care and reimbursement for physical therapy services. Chapter on communication and cultural competence describes how cultural differences influence patient interaction and helps the PTA and PT understand behavior due to cultural differences. Numerous learning aides such as - chapter outlines, key terms, learning objectives, questions to ask, boxes, tables, summaries and up to date references, suggested readings and review questions - enable learning retention. The latest information on current trends in health care and the profession of physical therapy keeps readers current on the latest issues. NEW! Full color design and images make the text more visually appealing. NEW! Updated content keeps readers in the know on the latest practices and procedures. NEW! Updated photos throughout depict the content that is current and applicable to today's practicing PT or PTA.

**benchmark physical therapy blairsville ga:** *Documentation for Rehabilitation* Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation! *Documentation for Rehabilitation: A Guide to Clinical Decision Making in Physical Therapy*, 3rd Edition shows how to accurately document treatment progress and patient outcomes. Designed for use by rehabilitation professionals, documentation guidelines are easily adaptable to different practice settings and patient populations. Realistic examples and practice exercises reinforce concepts and encourage you to apply what you've learned. Written by expert physical therapy educators Lori Quinn and James Gordon, this book will improve your skills in both documentation and clinical reasoning. A practical framework shows how to organize and structure PT records, making it easier to document functional outcomes in many practice settings, and is based on the International Classification for Functioning, Disability, and Health (ICF) model - the one adopted by the APTA. Coverage of practice settings includes documentation examples in acute care, rehabilitation, outpatient, home care, and nursing homes, as well as a separate chapter on documentation in pediatric settings. Guidelines to systematic documentation describe how to identify, record, measure, and evaluate treatment and therapies - especially important when insurance companies require evidence of functional progress in order to provide reimbursement. Workbook/textbook format uses examples and exercises in each chapter to reinforce your understanding of concepts. NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations, re-evaluations, and discharge summaries. UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. EXPANDED number of case examples covers an even broader range of clinical practice areas.

**benchmark physical therapy blairsville ga:** *Wellness and Holistic Physical Therapy*, 2nd Edition Sharon Fair, 2020-10 Wellness and Holistic Physical Therapy, 2nd edition is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. *Wellness and Holistic Physical Therapy*, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupressure, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group

assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

**benchmark physical therapy blairsville ga: Clinical Physical Therapy** Toshiaki Suzuki, 2017-05-31 Physical therapy services may be provided alongside or in conjunction with other medical services. They are performed by physical therapists (known as physiotherapists in many countries) with the help of other medical professionals. This book consists of 11 chapters written by several professionals from different parts of the world. It includes different kinds of chapters for clinical physical therapy with precious points for physical therapy, physical therapy for cancer, chronic venous disease, mental health, and other topics. We hope that the information provided in this book will instruct global physical therapists and related professionals.

**benchmark physical therapy blairsville ga: Quick Reference Dictionary for Physical Therapy** Jennifer Bottomley, 2024-06-01 Quick Reference Dictionary for Physical Therapy has been revised and updated into a Third Edition to include the latest information in the field of physical therapy. This reference book, designed specifically for the physical therapy and physical therapist assistant student and practitioner, provides a magnitude of terms, definitions, guidelines, and references essential to the field. This Third Edition provides quick access to over 3400 words and their definitions that are encountered on a day-to-day basis (400 more than the previous edition). There are also 41 appendices in this user-friendly, pocket-sized reference where you can find information such as lists of general acronyms and abbreviations for words commonly used in physical therapy/rehabilitation; commonly used acronyms for evaluative tests and measures; and definitions of impairment, disability, and handicap as established and accepted by the World Health Organization. What is new inside the Third Edition: • More than 100 new abbreviations and acronyms • Updated Code of Ethics for the Physical Therapist • A new Drug Prescribing and Elimination Abbreviations appendix • Updates to suggested readings Quick Reference Dictionary for Physical Therapy, Third Edition is the perfect, pocket size, affordable companion for school, clinical affiliations, and physical therapy practice.

**benchmark physical therapy blairsville ga: Quick Reference to Physical Therapy** Julie A. Pauls, Kathlyn L. Reed, 2004 Provides a synopsis of the diseases, disorders and dysfunctions referenced in the physical therapy literature. The format used gives all therapists, whether, they are students, clinicians, educators, or researchers, quick access to the information needed to assess, educate, and treat clients.

**benchmark physical therapy blairsville ga: Psychosocial Elements of Physical Therapy** Hannah Johnson, 2024-06-01 Physical therapists know that their patients are more than just a list of symptoms. They are people first, often with a complex mix of medical and psychiatric circumstances, who may receive a wide range of care from a team of professionals. Keeping this in mind, Psychosocial Elements of Physical Therapy: The Connection of Body to Mind is both a textbook and a clinical resource for physical therapist students and clinicians practicing in any patient population with psychological concerns or disorders. Inside, Dr. Hannah Johnson provides an essential introduction of psychosocial concepts, general treatment approaches for culturally sensitive care, and selected classes of mental illness as defined by the Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM-5). A complete review of the current research and evidence base provides students a strong foundation to build their careers on, but can also act as a crash-course in the most recent literature for the busy clinician. Features: Clear, concise language and layout for efficient learning Application-based review questions Real world case studies to apply critical thinking skills Evidence-based practical tests and measures Vocabulary terms that facilitate interdisciplinary teamwork Psychosocial Elements of Physical Therapy: The Connection of Body to Mind provides physical therapist students and clinicians with an efficient yet comprehensive guide to helping patients with psychological concerns or disorders.

**benchmark physical therapy blairsville ga: Expertise in Physical Therapy Practice** Gail M. Jensen, 2007 \*\*Selected for Doody's Core Titles® 2024 in Physical Therapy\*\* This comprehensive text examines what it takes to progress toward - and ultimately become - an expert in physical therapy. It explores multiple dimensions of expertise: how expert practitioners develop, what knowledge they use, where they acquire that knowledge, how they think and reason, how they make decisions, and how they perform in practice to demonstrate what it takes to progress and ultimately become an expert in physical therapy. Introduces the four core concepts that comprise the model of expertise: Knowledge, Clinical Reasoning, Movement, and Virtue A Data Collection Tools Appendix provides a step-by-step description of the process that the authors used to select, interview, and collect data from the experts in each case study to demonstrate the use of critical thinking and research-based analysis Contributed chapters on Expert Practice and Clinical Outcomes, Clinical Reasoning and Expert Practice, and Implications for Practice Implications for Practice chapter covers the implementation and results of this model of expertise in a staff development program A Postscript The Voices of our Experts 10 Years Later where clinicians share the evolution of their expertise Two chapters on Inquiry into Expertise and Implications for Doctoral Level Education in Physical Therapy provide insights into the practical application of the core concepts of the physical therapy model of expertise and facilitate the continued development of expertise in physical therapy.

**benchmark physical therapy blairsville ga: National Physical Therapy Exam and Review** Annie Burke-Doe, Mark Dutton, 2018-11-22 Publisher's Note: Products purchased from Third Party sellers are not guaranteed by the publisher for quality, authenticity, or access to any online entitlements included with the product. The Key To Success on the National Physical Therapy Exam! Earn Your Licensure with the Help of this Student-Friendly Board Review Includes 100-question practice exam Brimming with color illustrations, numerous tables, valuable chapter Summaries, checklists, plus 100+ Q&A, this visually appealing and highly engaging review is the perfect way to prepare for the National Physical Therapy Examination (NPTE™) for physical therapy licensure. This user-friendly review is written to parallel the exam and offers concise information on a broad range of topics found on the actual exam. Within its pages you will find insights from expert professional physical therapists on each component of the exam, encompassing a complete review of essential NPTE content. Here's why this is the ultimate National Physical Therapy Examination review: •Valuable introductory chapter details what to expect on exam day and reveals test-taking strategies designed to maximize your score •Chapter-ending multiple-choice questions test your knowledge of specific topics •Each chapter opens with "High-Yield Terms to Learn" and concludes with a checklist of what you should know or be able to do upon completing the chapter •Color highlighted summary tables encapsulate important information, making it easy to study and remember •A practice exam with 100+ questions •Logical systems-based chapter coverage, plus special topics such as geriatrics and pediatrics

**benchmark physical therapy blairsville ga: Physical Therapy Tracker** Quantified Life, 2019-06-02 The Quantified Life introduces a way for patients in physical therapy to track their daily exercises, and monitor their progress towards their goals. This physical therapy journal covers 24 weeks, and allows users to input exercises three times a day. It also includes a separate pain chart to track progress across time. Perfect for physical therapy patients who are doing exercises at home, and who want to share their progress with their physical therapist. Great for physical therapists and clinics who want to provide an extra resource to patients to help them follow through with their exercises. Cover: Green and pink mountains. Size: 6x9. Weeks included: 24.

**benchmark physical therapy blairsville ga: Introduction to Physical Therapy - E-BOOK** Michael A. Pagliarulo, 2025-06-05 Start your physical therapy career path on the right foot with Introduction to Physical Therapy, 7th Edition. This comprehensive text offers an insightful and thorough overview of both the profession and the practice of physical therapy, including the latest topics and trends in the industry. The first section walks through the key aspects of a career in physical therapy — including the roles of the physical therapist and physical therapist assistant, practice settings, the APTA, laws, policies, and regulations. The second section covers the practice

of physical therapy — detailing the functions, disorders, and therapies of the major organ systems. The seventh edition features updated chapters on the physical therapist assistant and the American Physical Therapy Association; as well as updated content, references, and coverage of the latest trends in health care. Paired with an abundance of learning aides like learning objectives, chapter outlines, review questions, and more; this highly visual text offers the complete foundation you need to successfully grow your professional knowledge and skills. - NEW! Revised content and up-to-date references throughout the text equip you with the most current coverage of relevant topics for today's PT and PTA professionals - UPDATED! The Physical Therapist Assistant, American Physical Therapy Association, and Effective Communication in the Profession of Physical Therapy in the 21st Century chapters feature the latest information and insights - NEW! Enhanced ebook version, included with every new print purchase, features additional review questions and answers, plus digital access to all the text, figures, and references, with the ability to search, customize content, make notes and highlights, and have content read aloud - The latest information on current trends in health care and the profession of physical therapy keeps you current on the latest issues - Numerous learning aides include chapter outlines, key terms, learning objectives, boxes, tables, summaries, suggested readings, and review questions - An overview of the profession combined with clinical information gives you a solid foundation in the practice of physical therapy

**benchmark physical therapy blairsville ga:** Physical Therapy Physical Therapy, American Physical Therapy Association, 1997

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