

benchmark physical therapy madisonville tn

benchmark physical therapy madisonville tn offers specialized rehabilitative services designed to restore mobility, reduce pain, and improve overall physical function for residents of Madisonville and surrounding areas. This article explores the comprehensive range of physical therapy treatments available, the experienced team behind the care, and the patient-centered approach that defines Benchmark Physical Therapy. Emphasizing evidence-based practices and personalized care plans, Benchmark Physical Therapy Madisonville TN ensures optimal recovery outcomes for individuals suffering from injuries, chronic conditions, or post-surgical rehabilitation needs. Whether managing sports injuries, orthopedic conditions, or neurological impairments, Benchmark Physical Therapy provides tailored solutions that promote long-term health and wellness. The following sections will detail the services offered, the clinic's approach to treatment, the expertise of its therapists, and what patients can expect during their rehabilitation journey.

- Services Offered at Benchmark Physical Therapy Madisonville TN
- Patient-Centered Treatment Approach
- Experienced Physical Therapy Team
- Conditions Treated
- Facilities and Technology
- Patient Experience and Testimonials
- Insurance and Accessibility

Services Offered at Benchmark Physical Therapy Madisonville TN

Benchmark Physical Therapy Madisonville TN provides a wide array of services designed to address various physical impairments and enhance patient mobility. The clinic specializes in therapeutic interventions that cater to musculoskeletal injuries, post-operative rehabilitation, and chronic pain management. These services combine manual therapy, exercise prescription, and advanced modalities to optimize functional recovery.

Orthopedic Rehabilitation

Orthopedic rehabilitation is a core service offered at Benchmark Physical Therapy. It focuses on restoring strength, flexibility, and function after fractures, joint replacements, ligament tears, and other musculoskeletal injuries. Customized exercise programs and manual therapy techniques help patients regain normal movement and reduce pain effectively.

Sports Injury Therapy

Sports injury therapy aims to treat and prevent injuries commonly experienced by athletes. Benchmark Physical Therapy Madisonville TN emphasizes injury evaluation, targeted strengthening, and functional training to accelerate recovery times and prevent future occurrences.

Neurological Rehabilitation

Neurological rehabilitation services assist patients recovering from conditions such as stroke, multiple sclerosis, and Parkinson's disease. The therapy focuses on enhancing motor skills, coordination, balance, and overall neurological function through specialized exercises and therapeutic interventions.

Manual Therapy and Modalities

Manual therapy techniques, including joint mobilization and soft tissue massage, are integrated with modalities like ultrasound, electrical stimulation, and cold laser therapy. These treatments facilitate pain relief, reduce inflammation, and promote tissue healing.

Patient-Centered Treatment Approach

The hallmark of Benchmark Physical Therapy Madisonville TN is its patient-centered approach, which prioritizes individualized care tailored to each patient's unique needs. This approach ensures that treatment plans align with patients' goals, lifestyle, and medical history for the most effective outcomes.

Comprehensive Assessment and Evaluation

Every patient undergoes a thorough initial assessment to determine the root cause of their physical limitations. This evaluation includes a detailed medical history review, physical examination, and functional testing to create a precise diagnosis and treatment plan.

Goal-Oriented Rehabilitation Plans

Benchmarked physical therapy emphasizes setting achievable, measurable goals in collaboration with patients. These goals guide therapy sessions and motivate patients throughout the recovery process, ensuring steady progress and engagement.

Education and Self-Management

Patient education is integral to the treatment process. Therapists provide guidance on injury prevention, ergonomics, and home exercise programs to empower patients with the knowledge and tools needed for sustained health improvements.

Experienced Physical Therapy Team

The expertise and professionalism of the physical therapy team at Benchmark Physical Therapy Madisonville TN are vital in delivering high-quality care. The clinic employs licensed and certified therapists with specialized training in diverse areas of rehabilitation.

Licensed Physical Therapists

Each therapist is licensed by the state and maintains certifications relevant to their specialty areas, ensuring compliance with the latest clinical standards and evidence-based practices.

Continuing Education and Specialized Training

Ongoing professional development is encouraged, with team members participating in advanced courses focusing on manual therapy, neurological rehabilitation, and sports medicine to stay updated on cutting-edge treatment techniques.

Collaborative Care Team

The physical therapy staff works closely with physicians, orthopedic surgeons, and other healthcare providers to coordinate comprehensive care plans that address all aspects of a patient's recovery.

Conditions Treated

Benchmark Physical Therapy Madisonville TN treats a broad spectrum of conditions, ensuring tailored interventions for each diagnosis. The clinic's expertise spans acute injuries, chronic illnesses, and post-surgical rehabilitation.

- Back and neck pain
- Arthritis and joint pain
- Sports-related injuries
- Post-operative recovery (e.g., knee, hip, shoulder surgeries)
- Neurological disorders such as stroke and neuropathy
- Balance and gait disorders
- Work-related injuries and repetitive strain

Facilities and Technology

Benchmark Physical Therapy Madisonville TN is equipped with state-of-the-art facilities and advanced therapeutic technology to enhance the quality and effectiveness of treatments. The clinic environment is designed for patient comfort and optimal rehabilitation outcomes.

Modern Treatment Equipment

The clinic utilizes modern equipment such as therapeutic exercise machines, balance training tools, and electrotherapy devices to support diverse rehabilitation needs.

Accessible and Comfortable Environment

Patient accessibility is a priority, with spacious treatment rooms, handicap-accessible facilities, and a welcoming atmosphere that fosters positive healing experiences.

Patient Experience and Testimonials

Benchmark Physical Therapy Madisonville TN places significant emphasis on patient satisfaction and positive therapeutic experiences. Many patients report substantial improvements in pain relief, mobility, and overall quality of life following treatment.

Personalized Care and Attention

Patients consistently highlight the attentive, compassionate care provided by the therapy staff, who take the time to listen and adapt treatments to individual preferences and needs.

Successful Recovery Stories

Numerous testimonials reflect successful outcomes from complex injuries and chronic conditions, reinforcing Benchmark's reputation as a trusted physical therapy provider in Madisonville.

Insurance and Accessibility

Benchmark Physical Therapy Madisonville TN accepts a variety of insurance plans to ensure that patients have access to necessary physical therapy services without undue financial burden. The clinic also offers flexible scheduling to accommodate busy lifestyles.

Insurance Plans Accepted

The clinic works with major insurance providers and assists patients in verifying coverage and benefits to streamline the appointment process.

Flexible Scheduling Options

Appointments are available during regular business hours, with options for early morning or late afternoon sessions to accommodate working individuals and families.

Frequently Asked Questions

What services does Benchmark Physical Therapy in Madisonville, TN offer?

Benchmark Physical Therapy in Madisonville, TN offers a variety of services including orthopedic rehabilitation, sports injury therapy, post-surgical rehabilitation, pain management, and customized exercise programs.

What are the operating hours of Benchmark Physical Therapy in Madisonville, TN?

Benchmark Physical Therapy in Madisonville, TN typically operates Monday through Friday from 8:00 AM to 5:00 PM, but it is recommended to contact them directly for the most current hours.

Does Benchmark Physical Therapy in Madisonville, TN accept insurance?

Yes, Benchmark Physical Therapy in Madisonville, TN accepts most major insurance plans. It is advisable to check with their office or your insurance provider to confirm coverage.

How can I schedule an appointment at Benchmark Physical Therapy in Madisonville, TN?

You can schedule an appointment at Benchmark Physical Therapy in Madisonville, TN by calling their office directly, visiting their website, or sometimes through a physician's referral.

What makes Benchmark Physical Therapy in Madisonville, TN unique?

Benchmark Physical Therapy in Madisonville, TN is known for its personalized treatment plans, experienced therapists, and a patient-centered approach that focuses on efficient recovery and long-term wellness.

Are there any patient reviews available for Benchmark Physical Therapy in Madisonville, TN?

Yes, patient reviews for Benchmark Physical Therapy in Madisonville, TN can be found on platforms like Google, Yelp, and their official website, often highlighting positive experiences with staff and treatment outcomes.

Does Benchmark Physical Therapy in Madisonville, TN offer pediatric physical therapy?

Benchmark Physical Therapy in Madisonville, TN may offer pediatric physical

therapy services. It is best to contact them directly to inquire about specific pediatric care options.

What COVID-19 safety measures are implemented at Benchmark Physical Therapy in Madisonville, TN?

Benchmark Physical Therapy in Madisonville, TN follows CDC guidelines including enhanced cleaning protocols, social distancing, mask requirements, and screening procedures to ensure patient and staff safety during the COVID-19 pandemic.

Additional Resources

1. Benchmark Physical Therapy: A Comprehensive Guide to Rehabilitation in Madisonville, TN

This book offers an in-depth look at the services and treatment approaches used at Benchmark Physical Therapy in Madisonville, TN. It covers various rehabilitation techniques, patient success stories, and the latest advancements in physical therapy. Readers will gain insight into personalized care plans and how local therapists address common musculoskeletal issues.

2. Healing Hands: The Story of Benchmark Physical Therapy in Madisonville, Tennessee

Explore the founding and growth of Benchmark Physical Therapy through this detailed narrative. The book highlights the clinic's commitment to patient-centered care and community wellness. It also includes interviews with therapists and patients who have experienced transformative recovery journeys.

3. Physical Therapy Essentials: Techniques and Practices from Madisonville's Benchmark Clinic

Designed for students and practitioners, this book compiles essential physical therapy methods practiced at Benchmark Physical Therapy. It provides step-by-step guides on therapeutic exercises, manual therapy, and patient assessment specific to the needs of Madisonville's population. The practical approach helps readers apply these techniques effectively.

4. Living Pain-Free: Rehabilitation Strategies from Benchmark Physical Therapy, Madisonville

This book focuses on pain management and rehabilitation strategies used by Benchmark Physical Therapy specialists. It addresses chronic pain conditions, injury recovery, and preventive care. With actionable advice, patients and caregivers can better understand how to manage pain and improve mobility.

5. Community Care and Physical Therapy: Benchmark's Role in Madisonville, TN

A deep dive into the community impact of Benchmark Physical Therapy, this book discusses outreach programs, partnerships, and health education initiatives. It showcases how the clinic supports local athletes, seniors, and individuals with disabilities. The book emphasizes the importance of

accessible and quality physical therapy services.

6. Innovations in Physical Therapy: Benchmark Madisonville's Approach to Modern Rehabilitation

Highlighting cutting-edge technology and treatment modalities, this book reveals how Benchmark Physical Therapy stays at the forefront of rehabilitation science. It covers innovations like telehealth, advanced manual therapy, and exercise science as applied in Madisonville. Therapists and patients alike will find valuable insights into modern care.

7. Recover Strong: Patient Success Stories from Benchmark Physical Therapy, Madisonville, TN

Through inspirational patient testimonials, this book chronicles the journeys of individuals who regained strength and function at Benchmark Physical Therapy. It showcases diverse cases, from sports injuries to post-surgical rehabilitation. The stories emphasize resilience, expert care, and the supportive environment of the clinic.

8. Sports Injury Rehabilitation at Benchmark Physical Therapy, Madisonville
Focused specifically on sports-related injuries, this book provides tailored rehabilitation protocols used by Benchmark therapists. It covers prevention, diagnosis, and recovery techniques for athletes of all levels. Readers will learn about customized exercise regimens and the importance of early intervention.

9. Physical Therapy for Seniors: Benchmark Madisonville's Guide to Aging Well

This guide addresses the unique physical therapy needs of the elderly population served by Benchmark Physical Therapy in Madisonville. Topics include fall prevention, maintaining mobility, and managing arthritis symptoms. The book offers practical advice for seniors and caregivers to enhance quality of life through targeted therapy.

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benchmark physical therapy madisonville tn: Foundations: An Introduction to the Profession of Physical Therapy Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. Foundations: An Introduction to the Profession of Physical Therapy by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy -

important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

benchmark physical therapy madisonville tn: Guide to Evidence-based Physical Therapy Practice Dianne V. Jewell, 2008 Finally, a text designed specifically for physical therapists to facilitate evidence-based practice in both the classroom and in the clinic. Guide to Evidence-Based Physical Therapy Practice provides readers with the information and tools needed to appreciate the philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide. Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

benchmark physical therapy madisonville tn: Physical Therapy; a Career of Science and Service American Physical Therapy Association, 1956

benchmark physical therapy madisonville tn: Physical Therapy Management of Patients with Spinal Pain Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside Physical Therapy Management of Patients With Spinal Pain, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include: • Over 650 photographs, images, and tables • Access to a supplemental video Website with new book purchase • Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine • Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with Physical Therapy Management of Patients With Spinal Pain is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

benchmark physical therapy madisonville tn: Wellness and Holistic Physical Therapy, 2nd

Edition Sharon Fair, 2020-10 Wellness and Holistic Physical Therapy, 2nd edition is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. Wellness and Holistic Physical Therapy, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupressure, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

benchmark physical therapy madisonville tn: Physical Therapy Documentation Mia Erickson, Ralph Utzman, Rebecca McKnight, 2024-06-01 Newly updated and revised, Physical Therapy Documentation: From Examination to Outcome, Third Edition provides physical therapy students, educators, and clinicians with essential information on documentation for contemporary physical therapy practice. Complete and accurate documentation is one of the most essential skills for physical therapists. In this text, authors Mia L. Erickson, Rebecca McKnight, and Ralph Utzman teach the knowledge and skills necessary for correct documentation of physical therapy services, provide guidance for readers in their ethical responsibility to quality record-keeping, and deliver the mechanics of note writing in a friendly, approachable tone. Featuring the most up-to-date information on proper documentation and using the International Classification of Functioning, Disabilities, and Health (ICF) model as a foundation for terminology, the Third Edition includes expanded examples across a variety of practice settings as well as new chapters on: Health informatics Electronic medical records Rules governing paper and electronic records Billing, coding, and outcomes measures Included with the text are online supplemental materials for faculty use in the classroom. An invaluable reference in keeping with basic documentation structure, Physical Therapy Documentation: From Examination to Outcome, Third Edition is a necessity for both new and seasoned physical therapy practitioners.

benchmark physical therapy madisonville tn: Clinical Physical Therapy Toshiaki Suzuki, 2017-05-31 Physical therapy services may be provided alongside or in conjunction with other medical services. They are performed by physical therapists (known as physiotherapists in many countries) with the help of other medical professionals. This book consists of 11 chapters written by several professionals from different parts of the world. It includes different kinds of chapters for clinical physical therapy with precious points for physical therapy, physical therapy for cancer, chronic venous disease, mental health, and other topics. We hope that the information provided in this book will instruct global physical therapists and related professionals.

benchmark physical therapy madisonville tn: Physical Therapy The Truth Monie Phillips, PT, 2006-04-19 The most exciting and challenging times are upon the healthcare professionals of this nation today and it is my hope the issues covered in this book will help guide your future decisions. This book will assist the reader by providing valuable information to the student trying to decide if PT is the right career or the PT student contemplating what area of practice to take on first. The reader will get a genuine account of the PT profession and what it takes to get in and stay in. For the practicing Physical Therapist you can be certain that what you read in this book will

either elevate your spirit or convict your soul. For the PT student staying up all night trying to make it through another lecture under a sleep deprived state of mind this book will lead you in the right direction before you begin your practice. Last but not least to my peers practicing daily, you know if you are providing quality care or just putting in your eight-hour day watching patients perform chair aerobics, this book will give you reasons to strive for more than mediocrity. If you are already aligned with the material in this book then enjoy the feeling of accomplishment because you are the moral fiber of the profession. Keep digging in finding the true cause of the patient's limitations while simultaneously thinking of how to correct the problem and document the truth. Just a reminder, words like; Program integrity, and Error Rates, coupled with the fact that Medicare is requesting \$720 million for the Medicare Integrity Program means the medical community should take notice. The information in this book will make a difference in your career and in the PT profession as a whole, will you?

benchmark physical therapy madisonville tn: *Teaching and Learning in Physical Therapy* Margaret M. Plack, MaryAnne Driscoll, 2017 *Teaching and Learning in Physical Therapy: From Classroom to Clinic*, Second Edition is based on the teaching, research, and professional experiences of Drs. Margaret Plack and Maryanne Driscoll, who together have over 60 years of experience. More importantly it contains practical information that allows students, educators, and clinicians to develop optimal instructional strategies in a variety of settings. Clinical scenarios and reflective questions are interspersed throughout, providing opportunities for active learning, critical thinking, and immediate direct application.

benchmark physical therapy madisonville tn: *Physical Therapy Tracker* Quantified Life, 2019-06-02 The Quantified Life introduces a way for patients in physical therapy to track their daily exercises, and monitor their progress towards their goals. This physical therapy journal covers 24 weeks, and allows users to input exercises three times a day. It also includes a separate pain chart to track progress across time. Perfect for physical therapy patients who are doing exercises at home, and who want to share their progress with their physical therapist. Great for physical therapists and clinics who want to provide an extra resource to patients to help them follow through with their exercises. Cover: Green and pink mountains. Size: 6x9. Weeks included: 24.

benchmark physical therapy madisonville tn: *Introduction to Physical Therapy* Michael A. Pagliarulo, PT, EdD, 2015-10-16 Start your physical therapy career path on the right foot with *Introduction to Physical Therapy*, 5th Edition. This comprehensive text offers an insightful and thorough overview of both the profession and the practice of physical therapy, including the latest topics and trends surrounding the industry. The first section walks readers through the key aspects of a career in physical therapy, including: roles of the physical therapist and physical therapist assistant, practice settings, the APTA, and laws, policies, and regulations. The second section then goes on to cover the practice of physical therapy: detailing the functions, disorders, and therapies of the major organ systems. Featuring a new full-color design, this new fifth edition incorporates a wealth of updated content, new photos, and numerous learning aides - such as chapter outlines, learning objectives, questions to ask, suggested readings, and review questions - to give readers the complete foundation they need to successfully grow their professional knowledge and skills. An overview of the profession combined with clinical information guides the reader through everything they need to know to begin their physical therapy education. Chapter on reimbursement tells how reimbursement affects the profession and introduces the fiscal aspects of health care and reimbursement for physical therapy services. Chapter on communication and cultural competence describes how cultural differences influence patient interaction and helps the PTA and PT understand behavior due to cultural differences. Numerous learning aides such as - chapter outlines, key terms, learning objectives, questions to ask, boxes, tables, summaries and up to date references, suggested readings and review questions - enable learning retention. The latest information on current trends in health care and the profession of physical therapy keeps readers current on the latest issues. NEW! Full color design and images make the text more visually appealing. NEW! Updated content keeps readers in the know on the latest practices and procedures. NEW! Updated

photos throughout depict the content that is current and applicable to today's practicing PT or PTA.

benchmark physical therapy madisonville tn: Quick Reference to Physical Therapy Julie A. Pauls, Kathlyn L. Reed, 2004 Provides a synopsis of the diseases, disorders and dysfunctions referenced in the physical therapy literature. The format used gives all therapists, whether, they are students, clinicians, educators, or researchers, quick access to the information needed to assess, educate, and treat clients.

benchmark physical therapy madisonville tn: Documentation for Rehabilitation - E-Book Lori Quinn, James Gordon, 2015-11-18 - NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations, re-evaluations, and discharge summaries. - UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. - EXPANDED number of case examples covers an even broader range of clinical practice areas.

benchmark physical therapy madisonville tn: Careers in Physical Therapy Institute For Career Research, 2017-05-23 A YOUNG MOTHER STRUGGLES WITH MULTIPLE SCLEROSIS. A teenager sustains a concussion playing football. A soldier loses a leg. A child is born with cerebral palsy. An elderly man suffers a stroke. Thanks to the efforts of physical therapists, the young mother can now hold her child without fear of falling. The teenager is no longer experiencing dizziness and headaches. The soldier learns to walk normally with a prosthesis. The child takes her first step. The elderly man regains function and resumes daily activities. Physical therapists, sometimes called PTs, play a major role in the diagnosis, treatment, and rehabilitation of people with all kinds of injuries, illnesses, and chronic conditions. The most common goal is to help people improve their movement and manage their pain. Treatment plans may include a combination of exercise, traction, mobilization, muscle manipulation, ultrasound, electrotherapy, vestibular training, motor development, and patient education. Assistive and adaptive devices may be used, such as crutches, wheelchairs, orthotics, and prosthetics. An important component of physical therapy is teaching an individual how to move or perform particular tasks in ways that will speed recovery and prevent further injury. Physical therapy, which has been evolving for more than 200 years, can treat a wider range of problems with greater success than ever before. Today, there are many different kinds of physical therapy. Which kind is needed depends on the type of health problem. For example, a patient recovering from a heart attack needs different care than an athlete with a sports injury. Physical therapists are trained to be able to treat all kinds of patients. Because there are so many different kinds, many PTs specialize in one particular area, such as orthopedics or pediatrics. A physical therapist can become board certified in any of nine areas, but there are many more specialties that can be practiced without certification. Physical therapists must earn a Doctor of Physical Therapy (DPT) degree and become licensed to practice in their state. In total, it takes seven years of intense schooling after high school graduation to get to that point. Is it worth the time and hard work? Absolutely, say those in the field. In fact, physical therapy has been consistently ranked among the best careers to pursue. At a glance, the over 35 percent job growth over the next 10 years is exceptional. PTs are needed everywhere and the demand is far outpacing supply. Salaries are also good, generally ranging from \$85,000 to \$100,000 a year. The single reason most PTs are happy in their careers is the enormous satisfaction they get from helping people return to normal, fulfilling lives. Are you looking for a career that offers great job security and the opportunity to earn a comfortable living? If you are compassionate, patient, and physically fit, read on. Physical therapy may be what you are looking for.

benchmark physical therapy madisonville tn: Guide to Evidence-Based Physical Therapist Practice Dianne V. Jewell, 2017-08-15 ISBN on p. 4 of cover differs from ISBN on tp. verso.

benchmark physical therapy madisonville tn: Quick Reference Dictionary for Physical Therapy Jennifer Bottomley, 2024-06-01 Quick Reference Dictionary for Physical Therapy has been revised and updated into a Third Edition to include the latest information in the field of physical

therapy. This reference book, designed specifically for the physical therapy and physical therapist assistant student and practitioner, provides a magnitude of terms, definitions, guidelines, and references essential to the field. This Third Edition provides quick access to over 3400 words and their definitions that are encountered on a day-to-day basis (400 more than the previous edition). There are also 41 appendices in this user-friendly, pocket-sized reference where you can find information such as lists of general acronyms and abbreviations for words commonly used in physical therapy/rehabilitation; commonly used acronyms for evaluative tests and measures; and definitions of impairment, disability, and handicap as established and accepted by the World Health Organization. What is new inside the Third Edition: • More than 100 new abbreviations and acronyms • Updated Code of Ethics for the Physical Therapist • A new Drug Prescribing and Elimination Abbreviations appendix • Updates to suggested readings Quick Reference Dictionary for Physical Therapy, Third Edition is the perfect, pocket size, affordable companion for school, clinical affiliations, and physical therapy practice.

benchmark physical therapy madisonville tn: Expertise in Physical Therapy Practice Gail M. Jensen, 2007 **Selected for Doody's Core Titles® 2024 in Physical Therapy** This comprehensive text examines what it takes to progress toward - and ultimately become - an expert in physical therapy. It explores multiple dimensions of expertise: how expert practitioners develop, what knowledge they use, where they acquire that knowledge, how they think and reason, how they make decisions, and how they perform in practice to demonstrate what it takes to progress and ultimately become an expert in physical therapy. Introduces the four core concepts that comprise the model of expertise: Knowledge, Clinical Reasoning, Movement, and Virtue A Data Collection Tools Appendix provides a step-by-step description of the process that the authors used to select, interview, and collect data from the experts in each case study to demonstrate the use of critical thinking and research-based analysis Contributed chapters on Expert Practice and Clinical Outcomes, Clinical Reasoning and Expert Practice, and Implications for Practice Implications for Practice chapter covers the implementation and results of this model of expertise in a staff development program A Postscript The Voices of our Experts 10 Years Later where clinicians share the evolution of their expertise Two chapters on Inquiry into Expertise and Implications for Doctoral Level Education in Physical Therapy provide insights into the practical application of the core concepts of the physical therapy model of expertise and facilitate the continued development of expertise in physical therapy.

benchmark physical therapy madisonville tn: Effective Documentation for Physical Therapy Professionals, Second Edition Eric Shamus, Debra F. Stern, 2011-05-09 Comprehensive textbook for the documentation material required in all Physical Therapy programs. Physical Therapy is one of the fastest growing professions in the US; if they want to get paid by third parties, they need to have a solid understanding of documentation. This book covers every aspect of documentation including reimbursement and billing, coding, legal issues, PT and PTA communication, as well as utilization review and quality assurance. Market / Audience Primary market are the 30,000 PT students based in the US, attending 210 programs. Secondary market: 155,000 clinicians currently practicing. The primary market for this book, students, has grown by 33% since 2003, when the first edition was published. About the Book From exercise prescriptions to patient evaluations, insurance forms, billing, and much more—Effective Documentation for Physical Therapy Professionals is your best choice for learning when, what, and how to document. Included are every essential aspect of documentation and many sample documents. The easy-to-follow format gives you the professional guidelines, codes, and methodology you need to provide expert documentation. Key Selling Features Includes all aspects of documentation including reimbursement and billing, coding, legal issues, PT-PT and PT-PTA communication, and utilization review/quality assurance. Sample documentation content, forms, exercises and questions are provided as appropriate. Uses current APTA terminology and all pertinent professional association regulations. Includes SOAP guidelines and examples as well as standardized forms and assessment tools The most up-to-date, comprehensive documentation book for Physical Therapy students and practitioners on the market. Contains plenty of examples and exercises to provide practical knowledge to users of the text. Author Profiles Eric Shamus, DPT,

PhD, CSCS has taught national and international continuing education courses on Orthopaedics, Sports Medicine, and Manual Therapy, with a focus on documentation and reimbursement. He is presently a professor at Florida Gulf Coast University and works at an outpatient orthopedic facility in Fort Lauderdale. Debra F. Stern, PT, MSM, DBA is an Associate Professor at Nova Southeastern University in Fort Lauderdale, FL. She serves as a clinical instructor with a focus on geriatrics, neuromuscular disorders, and also coordinates service learning experiences for the school's PT department. She received her BS in Physical Therapy from SUNY Buffalo, her MSM from Rollins College, and her DBAS at Nova Southeastern.

benchmark physical therapy madisonville tn: Acute Care Physical Therapy Daniel J. Malone, Kathy Lee Bishop, 2024-06-01 Acutely ill patients are found in the hospital, in the skilled nursing facility, in inpatient rehabilitation facilities, in outpatient practices, and in the home. The role of the physical therapist and physical therapist assistant is to rehabilitate these vulnerable and frail patients to enhance their health and functioning. The goal of Acute Care Physical Therapy: A Clinician's Guide, Second Edition is to provide the acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, Drs. Daniel Malone and Kathy Lee Bishop, along with their contributors, provide a comprehensive review of acute care physical therapist best practice. This text builds upon fundamental knowledge by addressing important components of the patient examination ranging from the patient's medical history to laboratory testing to life supporting equipment. Following this introduction, each chapter highlights specific organ systems with a review of pertinent anatomy and physiology followed by common health conditions and medical management. Important physical therapy concerns, examination findings, and rehabilitation interventions are discussed in detail. This Second Edition includes numerous tables, figures, review questions, and case studies that highlight clinical reasoning and the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. New in the Second Edition: Increased focus on evidence-based examination, evaluation, and intervention The latest technology in physiologic monitoring and patient support equipment Introduces the "PT Examination" and "ICU" algorithms to promote safe and progressive rehabilitation Emphasis on clinical decision making through the application of a clinical reasoning model applied to the end of chapter cases Acute Care Physical Therapy: A Clinician's Guide, Second Edition will serve as a valuable education tool for students, newer professionals as well as post-professionals who provide therapy services to the acutely ill patient regardless of setting.

benchmark physical therapy madisonville tn: Guide to Physical Therapist Practice American Physical Therapy Association, 2003

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3D **benchmark** 3D benchmark BenchMark

7.1 Benchmark 7.1 Benchmark Benchmark Workload Benchmark

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