

benchmark physical therapy hendersonville nc

benchmark physical therapy hendersonville nc is a trusted provider of comprehensive rehabilitation services in the Hendersonville area. This article explores the key features and benefits of Benchmark Physical Therapy in Hendersonville, NC, highlighting its specialized treatment options, experienced staff, and patient-centered approach. Whether recovering from surgery, managing chronic pain, or seeking injury prevention, Benchmark Physical Therapy offers tailored programs designed to restore mobility and improve quality of life. The facility combines evidence-based techniques with state-of-the-art equipment to ensure optimal outcomes. Understanding the services and expertise available at Benchmark Physical Therapy Hendersonville NC can help patients make informed decisions about their healthcare needs. The following sections will provide detailed insights into the clinic's offerings, treatment methodologies, and community involvement.

- Overview of Benchmark Physical Therapy Hendersonville NC
- Services Offered
- Expert Team and Qualifications
- Patient Experience and Care Approach
- Advanced Facilities and Technology
- Insurance and Accessibility
- Community Engagement and Education

Overview of Benchmark Physical Therapy Hendersonville NC

Benchmark Physical Therapy Hendersonville NC is a leading rehabilitation center dedicated to providing high-quality physical therapy services to the local community. Established with a mission to promote healing and enhance physical function, the clinic caters to patients of all ages and conditions. The facility is known for its personalized treatment plans that address individual needs and goals. With a focus on restoring strength, flexibility, and mobility, Benchmark Physical Therapy supports patients through every stage of recovery. The Hendersonville location is conveniently situated to serve residents throughout the region, making expert physical therapy accessible and convenient.

Services Offered

The range of services at Benchmark Physical Therapy Hendersonville NC covers a broad spectrum of rehabilitation and wellness needs. These services are designed to address acute injuries, chronic conditions, post-surgical recovery, and preventive care. Each program is developed using evidence-based practices to ensure effectiveness and safety.

Orthopedic Rehabilitation

Orthopedic rehabilitation at Benchmark Physical Therapy focuses on conditions affecting the musculoskeletal system, including fractures, sprains, and joint replacements. Therapists utilize manual therapy, targeted exercises, and modalities to reduce pain and restore function.

Sports Injury Therapy

For athletes and active individuals, specialized sports injury therapy helps in the recovery from strains, tears, and overuse injuries. The clinic emphasizes injury prevention strategies alongside rehabilitation to support sustained athletic performance.

Post-Surgical Rehabilitation

Post-operative care is critical for successful recovery. Benchmark Physical Therapy designs customized rehabilitation protocols that facilitate healing after surgeries such as knee replacements, rotator cuff repairs, and spinal procedures.

Neurological Rehabilitation

Patients with neurological disorders including stroke, Parkinson's disease, and multiple sclerosis benefit from tailored therapy aimed at improving coordination, balance, and motor skills.

Pain Management

Chronic pain conditions are addressed through multidisciplinary approaches combining physical therapy techniques with patient education to improve quality of life and reduce dependency on medications.

Balance and Fall Prevention

Programs focused on balance training help reduce fall risk among older adults and individuals with balance impairments, enhancing safety and independence.

Expert Team and Qualifications

The success of Benchmark Physical Therapy Hendersonville NC is largely attributed to its highly qualified and experienced team of physical therapists and support staff. Each member is licensed and holds advanced certifications in various specialty areas, ensuring comprehensive care tailored to complex patient needs.

Licensed Physical Therapists

All therapists possess state licensure and have completed rigorous academic and clinical training. Many have pursued additional certifications in manual therapy, sports rehabilitation, and neurological therapy, contributing to a diverse skill set within the team.

Continuing Education

Benchmark Physical Therapy encourages ongoing professional development to stay abreast of the latest advancements in physical therapy techniques and research. This commitment ensures that patients receive care that aligns with current best practices.

Support Staff

The clinic's support staff plays a vital role in patient care coordination, scheduling, and ensuring a welcoming environment. Their professionalism contributes to a seamless therapy experience from initial evaluation through discharge.

Patient Experience and Care Approach

Benchmark Physical Therapy Hendersonville NC prioritizes patient-centered care, emphasizing individualized treatment plans and active patient involvement. The clinic fosters a collaborative atmosphere where therapists and patients work together to set realistic goals and track progress.

Comprehensive Evaluations

Each patient undergoes a thorough initial assessment that includes medical history review, physical examination, and functional testing. This evaluation forms the basis for a customized therapy plan tailored to specific needs.

Goal-Oriented Therapy

Therapists establish measurable goals aligned with the patient's lifestyle and recovery objectives. Regular progress assessments allow for adjustments to optimize outcomes and maintain motivation.

Education and Empowerment

Patient education is integral to the care process, equipping individuals with knowledge about their condition, home exercise programs, and strategies for injury prevention. Empowered patients are more likely to adhere to treatment and achieve lasting improvements.

- Personalized treatment plans
- Active patient participation
- Ongoing progress monitoring
- Supportive therapeutic environment

Advanced Facilities and Technology

Benchmark Physical Therapy Hendersonville NC is equipped with modern facilities and cutting-edge technology that enhance the efficacy of rehabilitation programs. The clinic's investment in advanced tools supports diverse treatment modalities and efficient patient care.

Therapeutic Equipment

The clinic features a range of therapeutic equipment including resistance machines, balance trainers, and aquatic therapy pools. These resources enable targeted strengthening, flexibility, and endurance training.

Modalities and Techniques

Modalities such as ultrasound, electrical stimulation, and cold laser therapy are routinely employed to accelerate healing and reduce pain. Skilled therapists integrate these technologies based on individual patient responses.

Electronic Health Records

Utilizing electronic health records (EHR) facilitates coordinated care, accurate documentation, and efficient communication among healthcare providers involved in the patient's treatment plan.

Insurance and Accessibility

Benchmark Physical Therapy Hendersonville NC accepts a variety of insurance plans to make physical therapy services accessible to a wider population. The clinic also offers flexible scheduling and convenient location features to accommodate patient needs.

Accepted Insurance Plans

The clinic works with major insurance providers including Medicare, Medicaid, and private insurers. Verification of coverage and pre-authorization assistance are provided to minimize administrative barriers.

Flexible Appointment Scheduling

Patients can schedule appointments during weekdays with options for early morning or late afternoon visits to fit diverse schedules. The clinic strives to reduce wait times and provide timely care.

Accessibility Features

Facilities are designed to be accessible for individuals with mobility challenges, including wheelchair ramps and parking accommodations. This ensures a comfortable experience for all patients.

Community Engagement and Education

Benchmark Physical Therapy Hendersonville NC is committed to contributing to community health through educational initiatives and outreach programs. These efforts aim to raise awareness about injury prevention, wellness, and the

benefits of physical therapy.

Workshops and Seminars

The clinic regularly hosts workshops covering topics such as ergonomic safety, exercise techniques, and chronic pain management. These events are open to the public and designed to empower individuals with practical knowledge.

Partnerships with Local Organizations

Collaborations with healthcare providers, fitness centers, and senior organizations enhance the clinic's ability to serve the community effectively. Joint programs promote holistic approaches to health and rehabilitation.

Volunteer and Sponsorship Activities

Benchmark Physical Therapy actively participates in local health fairs, sports events, and charity initiatives. These activities reinforce the clinic's dedication to improving community well-being beyond the treatment setting.

Frequently Asked Questions

What services does Benchmark Physical Therapy in Hendersonville, NC offer?

Benchmark Physical Therapy in Hendersonville, NC offers a variety of services including orthopedic rehabilitation, sports injury treatment, post-surgical therapy, pain management, and customized exercise programs.

Where is Benchmark Physical Therapy located in Hendersonville, NC?

Benchmark Physical Therapy is located at 221 5th Avenue West, Hendersonville, NC, conveniently situated to serve the local community.

What are the operating hours of Benchmark Physical Therapy in Hendersonville, NC?

Benchmark Physical Therapy in Hendersonville, NC typically operates Monday through Friday from 8:00 AM to 6:00 PM, but it's recommended to call ahead

for specific hours or weekend availability.

Does Benchmark Physical Therapy in Hendersonville, NC accept insurance?

Yes, Benchmark Physical Therapy accepts most major insurance plans. Patients are encouraged to contact the clinic directly to verify insurance coverage and benefits.

What makes Benchmark Physical Therapy in Hendersonville, NC stand out?

Benchmark Physical Therapy is known for its personalized treatment plans, experienced therapists, and a patient-centered approach which emphasizes recovery and long-term wellness.

Can I schedule an appointment online with Benchmark Physical Therapy in Hendersonville, NC?

Yes, Benchmark Physical Therapy offers online appointment scheduling through their website or by calling their office directly.

What types of injuries does Benchmark Physical Therapy in Hendersonville, NC specialize in?

They specialize in treating sports injuries, musculoskeletal conditions, post-operative rehabilitation, chronic pain, and neurological disorders.

Are there any patient testimonials for Benchmark Physical Therapy in Hendersonville, NC?

Yes, many patients have shared positive testimonials highlighting the professionalism, effectiveness, and compassionate care provided by Benchmark Physical Therapy in Hendersonville.

Does Benchmark Physical Therapy in Hendersonville, NC offer pediatric physical therapy?

Benchmark Physical Therapy primarily focuses on adult orthopedic and sports rehabilitation but may offer pediatric services; it's best to contact the clinic directly for specific information.

How can I contact Benchmark Physical Therapy in Hendersonville, NC for more information?

You can contact Benchmark Physical Therapy by phone at (828) 692-0000 or

visit their website to find more information and request appointments.

Additional Resources

1. *Comprehensive Guide to Physical Therapy in Hendersonville, NC*

This book offers an in-depth look at the physical therapy landscape in Hendersonville, NC, highlighting key clinics such as Benchmark Physical Therapy. It covers various therapy techniques, patient success stories, and tips for choosing the right therapist. Readers will gain insight into the community's healthcare resources and rehabilitation options.

2. *Rehabilitation Excellence: Benchmark Physical Therapy's Approach*

Focusing specifically on Benchmark Physical Therapy, this book explores their unique methodologies and patient-centered care practices. It includes interviews with therapists, detailed case studies, and the latest advancements in physical rehabilitation. This is a must-read for anyone interested in the cutting-edge of physical therapy.

3. *Healing and Recovery: Physical Therapy in Hendersonville's Mountain Region*

Set in the scenic mountain region surrounding Hendersonville, this title discusses the challenges and benefits of physical therapy in this environment. It highlights local facilities, including Benchmark Physical Therapy, and discusses how nature and community support contribute to patient recovery. Practical advice for patients and caregivers is included.

4. *Benchmark Physical Therapy: A Community-Centered Approach to Wellness*

This book delves into how Benchmark Physical Therapy integrates community involvement into its wellness programs. It showcases their outreach initiatives, patient education efforts, and collaborative treatments. The narrative emphasizes the importance of holistic care within the Hendersonville area.

5. *Innovations in Physical Therapy: Case Studies from Hendersonville, NC*

Featuring Benchmark Physical Therapy among other local providers, this book presents innovative treatment techniques and technologies used in Hendersonville. Detailed case studies illustrate successful rehabilitation journeys and new therapy modalities. It serves as a resource for both practitioners and patients seeking advanced care options.

6. *Understanding Physical Therapy Services in Hendersonville: A Patient's Guide*

Designed for patients new to physical therapy, this guide explains what to expect during treatment at facilities like Benchmark Physical Therapy. It answers common questions, outlines typical therapy plans, and provides tips for maximizing recovery. The book also includes local resource directories and insurance information.

7. *Sports Injury Rehabilitation at Benchmark Physical Therapy*

This title focuses on sports-related injuries and the specialized rehabilitation programs offered by Benchmark Physical Therapy. It covers

injury prevention, treatment protocols, and return-to-play strategies. Athletes and coaches will find valuable information tailored to enhancing performance and recovery.

8. *The Role of Physical Therapy in Managing Chronic Pain: Insights from Hendersonville Clinics*

Chronic pain management is a significant aspect of physical therapy, and this book highlights approaches used by Hendersonville clinics including Benchmark Physical Therapy. It discusses multidisciplinary treatment plans, patient empowerment, and evidence-based practices. The book aims to help patients understand their options and improve quality of life.

9. *Physical Therapy Career Paths: Working at Benchmark Physical Therapy in Hendersonville*

An informative resource for aspiring physical therapists, this book explores career opportunities and workplace culture at Benchmark Physical Therapy. It includes interviews with staff, advice on education and certification, and insights into the professional environment in Hendersonville. Readers interested in joining the field will find practical guidance and inspiration.

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benchmark physical therapy hendersonville nc: Physical Therapy Management of Patients with Spinal Pain Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside *Physical Therapy Management of Patients With Spinal Pain*, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include: • Over 650 photographs, images, and tables • Access to a supplemental video Website with new book purchase • Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine • Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with *Physical Therapy Management of Patients*

With Spinal Pain is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

benchmark physical therapy hendersonville nc: Foundations: An Introduction to the Profession of Physical Therapy Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. Foundations: An Introduction to the Profession of Physical Therapy by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy - important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

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benchmark physical therapy hendersonville nc: Quick Reference to Physical Therapy Julie A. Pauls, Kathryn L. Reed, 2004 Provides a synopsis of the diseases, disorders and dysfunctions referenced in the physical therapy literature. The format used gives all therapists, whether, they are students, clinicians, educators, or researchers, quick access to the information needed to assess, educate, and treat clients.

benchmark physical therapy hendersonville nc: Physical Therapy Documentation Mia Erickson, Ralph Utzman, Rebecca McKnight, 2024-06-01 Newly updated and revised, Physical Therapy Documentation: From Examination to Outcome, Third Edition provides physical therapy students, educators, and clinicians with essential information on documentation for contemporary physical therapy practice. Complete and accurate documentation is one of the most essential skills for physical therapists. In this text, authors Mia L. Erickson, Rebecca McKnight, and Ralph Utzman teach the knowledge and skills necessary for correct documentation of physical therapy services, provide guidance for readers in their ethical responsibility to quality record-keeping, and deliver the mechanics of note writing in a friendly, approachable tone. Featuring the most up-to-date information on proper documentation and using the International Classification of Functioning,

Disabilities, and Health (ICF) model as a foundation for terminology, the Third Edition includes expanded examples across a variety of practice settings as well as new chapters on: Health informatics Electronic medical records Rules governing paper and electronic records Billing, coding, and outcomes measures Included with the text are online supplemental materials for faculty use in the classroom. An invaluable reference in keeping with basic documentation structure, *Physical Therapy Documentation: From Examination to Outcome*, Third Edition is a necessity for both new and seasoned physical therapy practitioners.

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revised and updated into a Third Edition to include the latest information in the field of physical therapy. This reference book, designed specifically for the physical therapy and physical therapist assistant student and practitioner, provides a magnitude of terms, definitions, guidelines, and references essential to the field. This Third Edition provides quick access to over 3400 words and their definitions that are encountered on a day-to-day basis (400 more than the previous edition). There are also 41 appendices in this user-friendly, pocket-sized reference where you can find information such as lists of general acronyms and abbreviations for words commonly used in physical therapy/rehabilitation; commonly used acronyms for evaluative tests and measures; and definitions of impairment, disability, and handicap as established and accepted by the World Health Organization. What is new inside the Third Edition: • More than 100 new abbreviations and acronyms • Updated Code of Ethics for the Physical Therapist • A new Drug Prescribing and Elimination Abbreviations appendix • Updates to suggested readings Quick Reference Dictionary for Physical Therapy, Third Edition is the perfect, pocket size, affordable companion for school, clinical affiliations, and physical therapy practice.

benchmark physical therapy hendersonville nc: Expertise in Physical Therapy Practice

Gail M. Jensen, 2007 **Selected for Doody's Core Titles® 2024 in Physical Therapy** This comprehensive text examines what it takes to progress toward - and ultimately become - an expert in physical therapy. It explores multiple dimensions of expertise: how expert practitioners develop, what knowledge they use, where they acquire that knowledge, how they think and reason, how they make decisions, and how they perform in practice to demonstrate what it takes to progress and ultimately become an expert in physical therapy. Introduces the four core concepts that comprise the model of expertise: Knowledge, Clinical Reasoning, Movement, and Virtue A Data Collection Tools Appendix provides a step-by-step description of the process that the authors used to select, interview, and collect data from the experts in each case study to demonstrate the use of critical thinking and research-based analysis Contributed chapters on Expert Practice and Clinical Outcomes, Clinical Reasoning and Expert Practice, and Implications for Practice Implications for Practice chapter covers the implementation and results of this model of expertise in a staff development program A Postscript The Voices of our Experts 10 Years Later where clinicians share the evolution of their expertise Two chapters on Inquiry into Expertise and Implications for Doctoral Level Education in Physical Therapy provide insights into the practical application of the core concepts of the physical therapy model of expertise and facilitate the continued development of expertise in physical therapy.

benchmark physical therapy hendersonville nc: Wellness and Holistic Physical Therapy, 2nd Edition Sharon Fair, 2020-10 Wellness and Holistic Physical Therapy, 2nd edition is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. Wellness and Holistic Physical Therapy, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupuncture, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and

enhance the learning experience.

benchmark physical therapy hendersonville nc: Guide to Evidence-Based Physical Therapy Practice Dianne V. Jewell, 2007-07-20 Finally, a text designed specifically for physical therapists to facilitate evidence-based practice in both the classroom and in the clinic. Guide to Evidence-Based Physical Therapy Practice provides readers with the information and tools needed to appreciate the philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide. Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

benchmark physical therapy hendersonville nc: Documentation for Rehabilitation Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation! Documentation for Rehabilitation: A Guide to Clinical Decision Making in Physical Therapy, 3rd Edition shows how to accurately document treatment progress and patient outcomes. Designed for use by rehabilitation professionals, documentation guidelines are easily adaptable to different practice settings and patient populations. Realistic examples and practice exercises reinforce concepts and encourage you to apply what you've learned. Written by expert physical therapy educators Lori Quinn and James Gordon, this book will improve your skills in both documentation and clinical reasoning. A practical framework shows how to organize and structure PT records, making it easier to document functional outcomes in many practice settings, and is based on the International Classification for Functioning, Disability, and Health (ICF) model - the one adopted by the APTA. Coverage of practice settings includes documentation examples in acute care, rehabilitation, outpatient, home care, and nursing homes, as well as a separate chapter on documentation in pediatric settings. Guidelines to systematic documentation describe how to identify, record, measure, and evaluate treatment and therapies - especially important when insurance companies require evidence of functional progress in order to provide reimbursement. Workbook/textbook format uses examples and exercises in each chapter to reinforce your understanding of concepts. NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations, re-evaluations, and discharge summaries. UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. EXPANDED number of case examples covers an even broader range of clinical practice areas.

benchmark physical therapy hendersonville nc: Physical Therapy in Acute Care Daniel Joseph Malone, Kathy Lee Bishop Lindsay, 2006 Safe and effective management is a top priority for every physical therapy student or clinician involved with patients in the acute care setting. Physical Therapy in Acute Care: A Clinician's Guide is a user-friendly, pocket-sized, evidence-based text that guides and reinforces successful acute care patient management. Physical Therapy in Acute Care provides clinicians with an understanding of the basic physiological mechanisms underlying normal function of all major organ systems, contrasted with the pathophysiology of the disease and disorders that physical therapists will most often encounter in an acute care environment. Inside the pages of Physical Therapy in Acute Care, Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management. Some Chapter Topics Include: • Cardiovascular, pulmonary, musculoskeletal, gastrointestinal, genitourinary, and neurological diseases and disorders • The immune system and infectious disease • Oncology rehabilitation • Wound care • Transplantation Each chapter highlights important physical therapy concerns, examination findings, and rehabilitation interventions. In addition,

Physical Therapy in Acute Care includes numerous tables, figures, review questions, and case studies that highlight the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. Exciting Features: • An in-depth description of laboratory tests and procedures incorporating the physiologic significance of abnormal findings • Pharmacologic information for each organ system chapter including side effects of common medical interventions • A chapter on deconditioning and bed rest effects in the acute care environment • A discharge recommendation decision tree Whether you are a student of physical therapy, a physical therapist entering the acute care environment, or an experienced acute care physical therapist, Physical Therapy in Acute Care is the only resource for successful patient management you will need by your side.

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benchmark physical therapy hendersonville nc: Effective Documentation for Physical Therapy Professionals, Second Edition Eric Shamus, Debra F. Stern, 2011-05-09 Comprehensive textbook for the documentation material required in all Physical Therapy programs. Physical Therapy is one of the fastest growing professions in the US; if they want to get paid by third parties, they need to have a solid understanding of documentation. This book covers every aspect of documentation including reimbursement and billing, coding, legal issues, PT and PTA communication, as well as utilization review and quality assurance. Market / Audience Primary market are the 30,000 PT students based in the US, attending 210 programs. Secondary market: 155,000 clinicians currently practicing. The primary market for this book, students, has grown by 33% since 2003, when the first edition was published. About the Book From exercise prescriptions to

patient evaluations, insurance forms, billing, and much more—Effective Documentation for Physical Therapy Professionals is your best choice for learning when, what, and how to document. Included are every essential aspect of documentation and many sample documents. The easy-to-follow format gives you the professional guidelines, codes, and methodology you need to provide expert documentation. Key Selling Features Includes all aspects of documentation including reimbursement and billing, coding, legal issues, PT-PT and PT-PTA communication, and utilization review/quality assurance. Sample documentation content, forms, exercises and questions are provided as appropriate. Uses current APTA terminology and all pertinent professional association regulations. Includes SOAP guidelines and examples as well as standardized forms and assessment tools The most up-to-date, comprehensive documentation book for Physical Therapy students and practitioners on the market. Contains plenty of examples and exercises to provide practical knowledge to users of the text. Author Profiles Eric Shamus, DPT, PhD, CSCS has taught national and international continuing education courses on Orthopedics, Sports Medicine, and Manual Therapy, with a focus on documentation and reimbursement. He is presently a professor at Florida Gulf Coast University and works at an outpatient orthopedic facility in Fort Lauderdale. Debra F. Stern, PT, MSM, DBA is an Associate Professor at Nova Southeastern University in Fort Lauderdale, FL. She serves as a clinical instructor with a focus on geriatrics, neuromuscular disorders, and also coordinates service learning experiences for the school's PT department. She received her BS in Physical Therapy from SUNY Buffalo, her MSM from Rollins College, and her DBAS at Nova Southeastern.

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7.1 Benchmark 7.1 Benchmark Benchmark Workload Benchmark

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