# benchmark physical therapy milledgeville ga

benchmark physical therapy milledgeville ga is a leading provider of rehabilitative services in the Milledgeville area, renowned for its comprehensive approach to physical therapy. This facility combines expert clinical knowledge with state-of-the-art equipment to deliver personalized treatment plans aimed at improving patients' mobility, reducing pain, and enhancing overall quality of life. Whether recovering from surgery, managing chronic conditions, or seeking injury prevention strategies, Benchmark Physical Therapy offers tailored solutions for diverse patient needs. This article explores the range of services available, the qualifications of their therapists, and the benefits of choosing this clinic for physical rehabilitation in Milledgeville, GA. Detailed insights into patient care, innovative treatment methods, and community involvement further highlight why Benchmark Physical Therapy stands out in the healthcare landscape.

- Overview of Benchmark Physical Therapy in Milledgeville, GA
- Comprehensive Services Offered
- Expertise and Qualifications of the Therapy Team
- Innovative Treatment Techniques and Equipment
- Patient Experience and Customized Care Plans
- Community Engagement and Health Education

# Overview of Benchmark Physical Therapy in Milledgeville, GA

Benchmark Physical Therapy Milledgeville GA operates as a trusted rehabilitation center dedicated to restoring function and promoting wellness through physical therapy. The clinic is strategically located to serve patients throughout Baldwin County and neighboring communities. It emphasizes individualized patient care, ensuring each treatment plan aligns with specific health goals and physical conditions. Benchmark Physical Therapy's reputation is built on delivering effective outcomes through evidence-based practices, fostering a patient-centered environment, and maintaining a commitment to clinical excellence.

## **Location and Accessibility**

The physical therapy facility is conveniently situated with easy access to major roads and ample parking, making visits hassle-free for patients. Accessibility features accommodate individuals with mobility challenges, reinforcing the clinic's commitment to inclusive patient care. This location serves as a hub for both outpatient therapy and consultation services, offering flexible scheduling options to accommodate varying patient needs.

#### Mission and Vision

Benchmark Physical Therapy's mission focuses on empowering patients to regain independence and improve their physical health through comprehensive therapy programs. The vision encompasses becoming the premier provider of rehabilitative services in Milledgeville GA by continuously advancing treatment methods and enhancing patient satisfaction. This philosophy drives the clinic's ongoing efforts to integrate the latest research and technology into everyday practice.

# **Comprehensive Services Offered**

At Benchmark Physical Therapy Milledgeville GA, a wide array of services is designed to address various musculoskeletal, neurological, and orthopedic conditions. The clinic provides tailored rehabilitation programs that cater to post-surgical recovery, sports injuries, chronic pain management, and preventive care. These services are grounded in thorough assessments and goal-oriented treatment plans crafted by skilled therapists.

## Orthopedic Rehabilitation

Orthopedic rehabilitation at Benchmark Physical Therapy focuses on conditions affecting bones, joints, ligaments, and muscles. Patients recovering from fractures, joint replacements, or ligament tears receive targeted therapies to restore strength, flexibility, and function. Modalities include manual therapy, therapeutic exercises, and pain management techniques customized to individual needs.

#### **Neurological Physical Therapy**

The neurological therapy program addresses impairments resulting from stroke, spinal cord injuries, multiple sclerosis, and other nervous system disorders. Treatment emphasizes motor control, balance, coordination, and functional independence. Therapists utilize specialized neuro-rehabilitation techniques to facilitate neural recovery and improve patient outcomes.

#### **Sports Injury Rehabilitation**

Benchmark Physical Therapy Milledgeville GA offers comprehensive care for athletes dealing with acute injuries or chronic overuse conditions. The program includes biomechanical assessments, sport-specific conditioning, and injury prevention strategies. The goal is to promote a safe and effective return to athletic activities while minimizing the risk of re-injury.

#### **Post-Surgical Recovery**

Post-operative therapy is a critical component of the clinic's service spectrum. Patients undergoing procedures such as joint replacement, ligament reconstruction, or spinal surgery benefit from structured rehabilitation plans that facilitate healing, reduce scar tissue formation, and restore mobility.

# Expertise and Qualifications of the Therapy Team

The success of Benchmark Physical Therapy Milledgeville GA is driven by a team of highly trained and licensed physical therapists who bring extensive clinical experience to the practice. Their expertise spans multiple specialties, ensuring comprehensive care for a broad range of patient conditions.

#### **Licensed Physical Therapists**

All therapists at the facility hold state licenses and have undergone rigorous education and clinical training. Many team members possess advanced certifications in areas such as orthopedics, sports therapy, and neurological rehabilitation. This professional background enables them to implement evidence-based interventions tailored to individual patient needs.

## **Continuing Education and Professional Development**

Benchmark Physical Therapy encourages ongoing learning and skill enhancement among its staff. Therapists regularly participate in workshops, seminars, and certification programs to stay current with emerging treatment modalities and clinical guidelines. This commitment to professional growth translates into improved patient care quality.

#### Collaborative Care Approach

The therapy team works in close coordination with physicians, surgeons, and other healthcare providers involved in a patient's care. This multidisciplinary collaboration ensures comprehensive treatment planning and optimal recovery trajectories for every patient.

### Innovative Treatment Techniques and Equipment

Benchmark Physical Therapy Milledgeville GA integrates advanced technology and modern therapeutic techniques to enhance treatment effectiveness. The clinic continually invests in equipment that supports precise assessment and promotes accelerated rehabilitation.

#### Therapeutic Modalities

The facility employs a variety of modalities including ultrasound, electrical stimulation, laser therapy, and cold laser treatments to reduce pain and inflammation while promoting tissue healing. These non-invasive techniques complement manual therapy and exercise regimens.

### State-of-the-Art Rehabilitation Equipment

Equipment such as balance trainers, resistance machines, and gait analysis systems enable therapists to design targeted interventions. The use of computerized tools assists in monitoring patient progress objectively and adjusting therapy plans dynamically.

#### **Customized Exercise Programs**

Exercise prescription is individualized based on thorough biomechanical and functional assessments. These programs aim to restore strength, flexibility, endurance, and coordination, facilitating patients' return to daily activities and work.

# Patient Experience and Customized Care Plans

Benchmark Physical Therapy Milledgeville GA prioritizes patient-centered care by developing personalized treatment plans that address unique health challenges and lifestyle goals. The clinic fosters a supportive environment that encourages active patient participation throughout the rehabilitation process.

#### Initial Evaluation and Assessment

Every patient undergoes a comprehensive evaluation that includes medical history review, physical examination, and functional testing. This initial assessment forms the basis for setting realistic goals and designing an effective therapy strategy.

#### **Goal-Oriented Treatment Planning**

Therapy goals are collaboratively established to ensure alignment with patient expectations and clinical indications. Progress is regularly monitored through objective measures and patient feedback, allowing for timely modifications to the care plan.

#### Patient Education and Empowerment

Education on injury prevention, self-management techniques, and home exercise programs is an integral part of the rehabilitation process. Empowering patients with knowledge helps sustain long-term health improvements beyond the clinic setting.

#### Supportive and Compassionate Environment

The staff at Benchmark Physical Therapy Milledgeville GA is committed to providing compassionate support, addressing patient concerns, and encouraging adherence to treatment protocols. This approach enhances motivation and contributes to successful rehabilitation outcomes.

### **Community Engagement and Health Education**

Benchmark Physical Therapy extends its mission beyond clinical treatment by actively engaging with the Milledgeville community through health education and wellness initiatives. These efforts aim to raise awareness about physical health, injury prevention, and the benefits of therapeutic interventions.

#### **Workshops and Seminars**

The clinic regularly hosts educational events focusing on topics such as ergonomic workplace practices, fall prevention for seniors, and strategies for maintaining physical fitness. These sessions provide valuable information to help community members lead healthier lives.

#### Collaborations with Local Organizations

Partnerships with schools, sports teams, and senior centers enable Benchmark Physical Therapy to deliver specialized programs tailored to different population groups. These collaborations promote accessibility to quality physical therapy services and encourage proactive health management.

#### **Community Health Screenings**

Periodic health screenings offered by the clinic help identify individuals at risk for musculoskeletal problems and facilitate early intervention. These outreach activities demonstrate Benchmark Physical Therapy's commitment to preventive care and community well-being.

- Individualized rehabilitation plans
- Experienced and certified therapy team
- Advanced therapeutic modalities and equipment
- Collaborative and multidisciplinary care
- Active community involvement and education

### Frequently Asked Questions

# What services does Benchmark Physical Therapy in Milledgeville, GA offer?

Benchmark Physical Therapy in Milledgeville, GA offers a range of services including orthopedic rehabilitation, sports injury treatment, post-surgical therapy, balance training, and pain management.

# How can I schedule an appointment at Benchmark Physical Therapy Milledgeville?

You can schedule an appointment at Benchmark Physical Therapy Milledgeville by calling their office directly, visiting their website to book online, or getting a referral from your physician.

### Does Benchmark Physical Therapy accept insurance in

#### Milledgeville, GA?

Yes, Benchmark Physical Therapy in Milledgeville accepts most major insurance plans. It is recommended to contact their billing department to verify your specific insurance coverage.

# What are the operating hours of Benchmark Physical Therapy in Milledgeville, GA?

Benchmark Physical Therapy in Milledgeville typically operates Monday through Friday from 8:00 AM to 5:00 PM. Hours may vary, so it's best to call ahead or check their website for the most current information.

# Are there any patient reviews available for Benchmark Physical Therapy Milledgeville?

Yes, many patients have left positive reviews praising the staff's professionalism, personalized care, and effective treatment plans at Benchmark Physical Therapy in Milledgeville.

# What makes Benchmark Physical Therapy in Milledgeville, GA different from other clinics?

Benchmark Physical Therapy Milledgeville is known for its patient-centered approach, experienced therapists, advanced treatment techniques, and commitment to helping patients achieve optimal recovery.

# Does Benchmark Physical Therapy offer telehealth or virtual therapy sessions in Milledgeville, GA?

Due to recent healthcare trends, Benchmark Physical Therapy Milledgeville may offer telehealth or virtual therapy sessions. It is best to contact the clinic directly to confirm availability and scheduling options.

### **Additional Resources**

- 1. Comprehensive Guide to Physical Therapy in Milledgeville, GA
  This book offers an in-depth look at physical therapy practices specific to
  Milledgeville, Georgia. It covers local facilities, including Benchmark
  Physical Therapy, and highlights treatment techniques tailored to the
  community's needs. Readers will find practical advice on rehabilitation,
  patient care, and the latest advancements in physical therapy.
- 2. Benchmark Physical Therapy: Techniques and Success Stories
  Focusing on Benchmark Physical Therapy in Milledgeville, this book shares
  detailed treatment methods and inspiring patient recovery stories. It
  explores how personalized care and innovative therapy approaches have

improved outcomes for various conditions. Therapists and patients alike will benefit from the insights provided.

3. Rehabilitation Strategies in Milledgeville: A Physical Therapist's Handbook

Designed for practicing therapists and students, this handbook dives into effective rehabilitation strategies used in Milledgeville clinics. It includes case studies from Benchmark Physical Therapy and emphasizes community-specific health challenges. The book also discusses integrating new technology into patient care.

- 4. Physical Therapy for Chronic Pain Management in Milledgeville, GA
  This resource addresses the management of chronic pain through physical
  therapy, with a focus on services available in Milledgeville. Benchmark
  Physical Therapy's approach to pain relief and functional improvement is
  highlighted. The book provides evidence-based exercises and patient education
  techniques.
- 5. Sports Injury Rehabilitation: Insights from Benchmark Physical Therapy Athletes and therapists will find valuable information on sports injury prevention and rehabilitation from this book. It showcases Benchmark Physical Therapy's protocols for treating common sports injuries in the Milledgeville area. Emphasis is placed on restoring mobility and preventing future injuries.
- 6. Innovations in Physical Therapy: Case Studies from Milledgeville Clinics
  This collection of case studies highlights innovative treatments implemented
  at Benchmark Physical Therapy and other Milledgeville centers. It explores
  cutting-edge technologies and therapy modalities that have enhanced patient
  recovery. The book serves as a resource for clinicians seeking to update
  their practice.
- 7. Patient-Centered Care in Physical Therapy: Practices from Milledgeville, GA

Focusing on the importance of patient-centered care, this book details how Benchmark Physical Therapy engages and empowers patients. It discusses communication strategies, personalized treatment planning, and outcome measurement. The narrative underscores the role of empathy in successful rehabilitation.

- 8. Physical Therapy and Wellness Programs in Milledgeville
  This title explores how physical therapy clinics like Benchmark Physical
  Therapy promote overall wellness beyond injury recovery. It includes
  information on fitness programs, preventive care, and lifestyle modifications
  offered in Milledgeville. Readers will learn how integrated wellness supports
  long-term health.
- 9. Understanding Orthopedic Physical Therapy: A Milledgeville Perspective Orthopedic conditions are a major focus in physical therapy, and this book provides a comprehensive overview tailored to Milledgeville's patient population. Benchmark Physical Therapy's orthopedic treatment approaches are

detailed, including surgical rehab and conservative care. The book is ideal for clinicians and patients seeking specialized knowledge.

#### **Benchmark Physical Therapy Milledgeville Ga**

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benchmark physical therapy milledgeville ga:  $\underline{\text{Who's who of American Women, } 1991\text{-}1992}$ ,  $\underline{\text{1991}}$ 

benchmark physical therapy milledgeville ga: Foundations: An Introduction to the Profession of Physical Therapy Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. Foundations: An Introduction to the Profession of Physical Therapy by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy - important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

benchmark physical therapy milledgeville ga: Wellness and Holistic Physical Therapy, 2nd Edition Sharon Fair, 2020-10 Wellness and Holistic Physical Therapy, 2nd edition is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. Wellness and Holistic Physical Therapy, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupressure, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group

assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

benchmark physical therapy milledgeville ga: Physical Therapy in Acute Care Daniel Joseph Malone, Kathy Lee Bishop Lindsay, 2006 Safe and effective management is a top priority for every physical therapy student or clinician involved with patients in the acute care setting. Physical Therapy in Acute Care: A Clinician's Guide is a user-friendly, pocket-sized, evidence-based text that guides and reinforces successful acute care patient management. Physical Therapy in Acute Care provides clinicians with an understanding of the basic physiological mechanisms underlying normal function of all major organ systems, contrasted with the pathophysiology of the disease and disorders that physical therapists will most often encounter in an acute care environment. Inside the pages of Physical Therapy in Acute Care, Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management. Some Chapter Topics Include: • Cardiovascular, pulmonary, musculoskeletal, gastrointestinal, genitourinary, and neurological diseases and disorders • The immune system and infectious disease • Oncology rehabilitation • Wound care • Transplantation Each chapter highlights important physical therapy concerns, examination findings, and rehabilitation interventions. In addition, Physical Therapy in Acute Care includes numerous tables, figures, review questions, and case studies that highlight the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. Exciting Features: • An in-depth description of laboratory tests and procedures incorporating the physiologic significance of abnormal findings • Pharmacologic information for each organ system chapter including side effects of common medical interventions • A chapter on deconditioning and bed rest effects in the acute care environment • A discharge recommendation decision tree Whether you are a student of physical therapy, a physical therapist entering the acute care environment, or an experienced acute care physical therapist, Physical Therapy in Acute Care is the only resource for successful patient management you will need by your side.

benchmark physical therapy milledgeville ga: Teaching and Learning in Physical Therapy Margaret Plack, Maryanne Driscoll, 2024-06-01 Teaching and Learning in Physical Therapy: From Classroom to Clinic, Second Edition is based on the teaching, research, and professional experiences of Drs. Margaret Plack and Maryanne Driscoll, who together have over 60 years of experience. More importantly it contains practical information that allows students, educators, and clinicians to develop optimal instructional strategies in a variety of settings. Clinical scenarios and reflective questions are interspersed throughout, providing opportunities for active learning, critical thinking, and immediate direct application. Grounded in current literature, the Second Edition is geared for physical therapists, physical therapist assistants, students, educators, and other health care professionals. By extending the principles of systematic effective instruction to facilitate critical thinking in the classroom and the clinic, and providing strategies to enhance communication and collaboration, the Second Edition has a strong theoretical basis in reflective practice, active learning strategies, and evidence-based instruction. Features: A user-friendly approach integrating theory and practical application throughout Classroom/clinical vignettes along with integrative problem solving activities and reflective questions to reinforce concepts Key points to remember and chapter summaries throughout Updated references and suggested readings at the end of each chapter Included with the text are online supplemental materials for faculty use in the classroom. In physical therapy, teaching and learning are lifelong processes. Whether you are a student, clinician, first time presenter, or experienced faculty member, you will find Teaching and Learning in Physical Therapy: From Classroom to Clinic, Second Edition useful for enhancing your skills both as a learner and as an educator in physical therapy.

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benchmark physical therapy milledgeville ga: Physical Therapy Documentation Mia Erickson, Ralph Utzman, Rebecca McKnight, 2024-06-01 Newly updated and revised, Physical Therapy Documentation: From Examination to Outcome, Third Edition provides physical therapy students, educators, and clinicians with essential information on documentation for contemporary physical therapy practice. Complete and accurate documentation is one of the most essential skills for physical therapists. In this text, authors Mia L. Erickson, Rebecca McKnight, and Ralph Utzman teach the knowledge and skills necessary for correct documentation of physical therapy services, provide guidance for readers in their ethical responsibility to guality record-keeping, and deliver the mechanics of note writing in a friendly, approachable tone. Featuring the most up-to-date information on proper documentation and using the International Classification of Functioning, Disabilities, and Health (ICF) model as a foundation for terminology, the Third Edition includes expanded examples across a variety of practice settings as well as new chapters on: Health informatics Electronic medical records Rules governing paper and electronic records Billing, coding, and outcomes measures Included with the text are online supplemental materials for faculty use in the classroom. An invaluable reference in keeping with basic documentation structure, Physical Therapy Documentation: From Examination to Outcome, Third Edition is a necessity for both new and seasoned physical therapy practitioners.

benchmark physical therapy milledgeville ga: Acute Care Physical Therapy Daniel J. Malone, Kathy Lee Bishop, 2024-06-01 Acutely ill patients are found in the hospital, in the skilled nursing facility, in inpatient rehabilitation facilities, in outpatient practices, and in the home. The role of the physical therapist and physical therapist assistant is to rehabilitate these vulnerable and frail patients to enhance their health and functioning. The goal of Acute Care Physical Therapy: A Clinician's Guide, Second Edition is to provide the acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, Drs. Daniel Malone and Kathy Lee Bishop, along with their contributors, provide a comprehensive review of acute care physical therapist best practice. This text builds upon fundamental knowledge by addressing important components of the patient examination ranging from the patient's medical history to laboratory testing to life supporting equipment. Following this introduction, each chapter highlights specific organ systems with a review of pertinent anatomy and physiology followed by common health conditions and medical management. Important physical therapy concerns, examination findings, and rehabilitation interventions are discussed in detail. This Second Edition includes numerous tables, figures, review questions, and case studies that highlight clinical reasoning and the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. New in the Second Edition: Increased focus on evidence-based examination, evaluation, and intervention The latest technology in physiologic monitoring and patient support equipment Introduces the "PT Examination" and "ICU" algorithms to promote safe and progressive rehabilitation Emphasis on clinical decision making through the application of a clinical reasoning model applied to the end of chapter cases Acute Care Physical Therapy: A Clinician's Guide, Second Edition will serve as a valuable education tool for students, newer professionals as well as post-professionals who provide therapy services to the acutely ill patient regardless of setting.

benchmark physical therapy milledgeville ga: Introduction to Physical Therapy Michael A. Pagliarulo, PT, EdD, 2015-10-16 Start your physical therapy career path on the right foot with Introduction to Physical Therapy, 5th Edition. This comprehensive text offers an insightful and thorough overview of both the profession and the practice of physical therapy, including the latest topics and trends surrounding the industry. The first section walks readers through the key aspects of a career in physical therapy, including: roles of the physical therapist and physical therapist assistant, practice settings, the APTA, and laws, policies, and regulations. The second section then goes on to cover the practice of physical therapy: detailing the functions, disorders, and therapies of

the major organ systems. Featuring a new full-color design, this new fifth edition incorporates a wealth of updated content, new photos, and numerous learning aides - such as chapter outlines, learning objectives, questions to ask, suggested readings, and review questions - to give readers the complete foundation they need to successfully grow their professional knowledge and skills. An overview of the profession combined with clinical information guides the reader through everything they need to know to begin their physical therapy education. Chapter on reimbursement tells how reimbursement affects the profession and introduces the fiscal aspects of health care and reimbursement for physical therapy services. Chapter on communication and cultural competence describes how cultural differences influence patient interaction and helps the PTA and PT understand behavior due to cultural differences. Numerous learning aides such as - chapter outlines, key terms, learning objectives, questions to ask, boxes, tables, summaries and up to date references, suggested readings and review questions - enable learning retention. The latest information on current trends in health care and the profession of physical therapy keeps readers current on the latest issues. NEW! Full color design and images make the text more visually appealing. NEW! Updated content keeps readers in the know on the latest practices and procedures. NEW! Updated photos throughout depict the content that is current and applicable to today's practicing PT or PTA.

benchmark physical therapy milledgeville ga: Documentation for Rehabilitation Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation! Documentation for Rehabilitation: A Guide to Clinical Decision Making in Physical Therapy, 3rd Edition shows how to accurately document treatment progress and patient outcomes. Designed for use by rehabilitation professionals, documentation guidelines are easily adaptable to different practice settings and patient populations. Realistic examples and practice exercises reinforce concepts and encourage you to apply what you've learned. Written by expert physical therapy educators Lori Quinn and James Gordon, this book will improve your skills in both documentation and clinical reasoning. A practical framework shows how to organize and structure PT records, making it easier to document functional outcomes in many practice settings, and is based on the International Classification for Functioning, Disability, and Health (ICF) model - the one adopted by the APTA. Coverage of practice settings includes documentation examples in acute care, rehabilitation, outpatient, home care, and nursing homes, as well as a separate chapter on documentation in pediatric settings. Guidelines to systematic documentation describe how to identify, record, measure, and evaluate treatment and therapies - especially important when insurance companies require evidence of functional progress in order to provide reimbursement. Workbook/textbook format uses examples and exercises in each chapter to reinforce your understanding of concepts. NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations, re-evaluations, and discharge summaries. UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. EXPANDED number of case examples covers an even broader range of clinical practice areas.

benchmark physical therapy milledgeville ga: Physical Therapy Management of Patients with Spinal Pain Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practicce, an integral part of health care professional educational programs. With that goal in mind, Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside Physical Therapy Management of Patients With Spinal Pain, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include: • Over 650 photographs, images, and tables •

Access to a supplemental video Website with new book purchase • Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine • Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with Physical Therapy Management of Patients With Spinal Pain is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

benchmark physical therapy milledgeville ga: Quick Reference Dictionary for Physical Therapy Jennifer Bottomley, 2024-06-01 Quick Reference Dictionary for Physical Therapy has been revised and updated into a Third Edition to include the latest information in the field of physical therapy. This reference book, designed specifically for the physical therapy and physical therapist assistant student and practitioner, provides a magnitude of terms, definitions, guidelines, and references essential to the field. This Third Edition provides guick access to over 3400 words and their definitions that are encountered on a day-to-day basis (400 more than the previous edition). There are also 41 appendices in this user-friendly, pocket-sized reference where you can find information such as lists of general acronyms and abbreviations for words commonly used in physical therapy/rehabilitation; commonly used acronyms for evaluative tests and measures; and definitions of impairment, disability, and handicap as established and accepted by the World Health Organization. What is new inside the Third Edition: • More than 100 new abbreviations and acronyms • Updated Code of Ethics for the Physical Therapist• A new Drug Prescribing and Elimination Abbreviations appendix • Updates to suggested readings Quick Reference Dictionary for Physical Therapy, Third Edition is the perfect, pocket size, affordable companion for school, clinical affiliations, and physical therapy practice.

benchmark physical therapy milledgeville ga: Guide to Evidence-based Physical Therapy Practice Dianne V. Jewell, 2008 Finally, a text designed specifically for physical therapists to facilitate evidence-based practice in both the classroom and in the clinic. Guide to Evidence-Based Physical Therapy Practice provides readers with the information and tools needed to appreciate the philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide. Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

benchmark physical therapy milledgeville ga: Wellness and Physical Therapy Fair, Sharon Elayne Fair, 2010-10-22 The focus of Wellness and Physical Therapy will be the application of wellness, particularly fitness wellness, to the practice and profession of physical therapy. The book addresses all items related to wellness in the Normative Model of Physical Therapist Professional Education: Version 2004, the Guide to Physical Therapist Practice, and APTA's Education Strategic Plan. The text consists of foundational knowledge, theoretical models, empirical research and application of material to physical therapy practice. Evidence-based practice is emphasized through a mixed approach of formalist and reader-response. An important text for all physical therapy students! Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition.

benchmark physical therapy milledgeville ga: Introduction to Physical Therapy-

**E-BOOK** Michael A. Pagliarulo, 2011-05-01 Introduction to Physical Therapy, 4e by Michael Pagliarulo provides a comprehensive description of the profession and practice of physical therapy. - NEW! Evolve website with a test bank, PowerPoint presentations, and image collection. - The only introductory textbook that includes an overview of the profession and clinical information - Chapter on reimbursement introduces the fiscal aspect of health care and reimbursement for physical therapy services. - Chapter on communication and cultural competence helps the PT and PTA understand behavior due to cultural differences. - EXPANDED! Numerous learning aides, including chapter outlines, key terms, learning objectives, questions to ask, boxes, tables, summaries and up to date references, suggested readings, and reviewe questions. - The lastest information on current trends in health care and the profession of physical therapy keeps the students current on latest issues.

benchmark physical therapy milledgeville ga: Physical Therapy The Truth Monie Phillips, PT, 2006-04-19 The most exciting and challenging times are upon the healthcare professionals of this nation today and it is my hope the issues covered in this book will help guide your future decisions. This book will assist the reader by providing valuable information to the student trying to decide if PT is the right career or the PT student contemplating what area of practice to take on first. The reader will get a genuine account of the PT profession and what it takes to get in and stay in. For the practicing Physical Therapist you can be certain that what you read in this book will either elevate your spirit or convict your soul. For the PT student staying up all night trying to make it through another lecture under a sleep deprived state of mind this book will lead you in the right direction before you begin your practice. Last but not least to my peers practicing daily, you know if you are providing quality care or just putting in your eight-hour day watching patients perform chair aerobics, this book will give you reasons to strive for more than mediocrity. If you are already aligned with the material in this book then enjoy the feeling of accomplishment because you are the moral fiber of the profession. Keep digging in finding the true cause of the patient's limitations while simultaneously thinking of how to correct the problem and document the truth. Just a reminder, words like; Program integrity, and Error Rates, coupled with the fact that Medicare is requesting \$720 million for the Medicare Integrity Program means the medical community should take notice. The information in this book will make a difference in your career and in the PT profession as a whole, will you?

benchmark physical therapy milledgeville ga: Clinical Physical Therapy Toshiaki Suzuki, 2017-05-31 Physical therapy services may be provided alongside or in conjunction with other medical services. They are performed by physical therapists (known as physiotherapists in many countries) with the help of other medical professionals. This book consists of 11 chapters written by several professionals from different parts of the world. It includes different kinds of chapters for clinical physical therapy with precious points for physical therapy, physical therapy for cancer, chronic venous disease, mental health, and other topics. We hope that the information provided in this book will instruct global physical therapists and related professionals.

benchmark physical therapy milledgeville ga: Careers in Physical Therapy Institute For Institute For Career Research, 2017-05-23 A YOUNG MOTHER STRUGGLES WITH MULTIPLE SCLEROSIS. A teenager sustains a concussion playing football. A soldier loses a leg. A child is born with cerebral palsy. An elderly man suffers a stroke. Thanks to the efforts of physical therapists, the young mother can now hold her child without fear of falling. The teenager is no longer experiencing dizziness and headaches. The soldier learns to walk normally with a prosthesis. The child takes her first step. The elderly man regains function and resumes daily activities. Physical therapists, sometimes called PTs, play a major role in the diagnosis, treatment, and rehabilitation of people with all kinds of injuries, illnesses, and chronic conditions. The most common goal is to help people improve their movement and manage their pain. Treatment plans may include a combination of exercise, traction, mobilization, muscle manipulation, ultrasound, electrotherapy, vestibular training, motor development, and patient education. Assistive and adaptive devices may be used, such as crutches, wheelchairs, orthotics, and prosthetics. An important component of physical therapy is

teaching an individual how to move or perform particular tasks in ways that will speed recovery and prevent further injury. Physical therapy, which has been evolving for more than 200 years, can treat a wider range of problems with greater success than ever before. Today, there are many different kinds of physical therapy. Which kind is needed depends on the type of health problem. For example, a patient recovering from a heart attack needs different care than an athlete with a sports injury. Physical therapists are trained to be able to treat all kinds of patients. Because there are so many different kinds, many PTs specialize in one particular area, such as orthopedics or pediatrics. A physical therapist can become board certified in any of nine areas, but there are many more specialties that can be practiced without certification. Physical therapists must earn a Doctor of Physical Therapy (DPT) degree and become licensed to practice in their state. In total, it takes seven years of intense schooling after high school graduation to get to that point. Is it worth the time and hard work? Absolutely, say those in the field. In fact, physical therapy has been consistently ranked among the best careers to pursue. At a glance, the over 35 percent job growth over the next 10 years is exceptional. PTs are needed everywhere and the demand is far outpacing supply. Salaries are also good, generally ranging from \$85,000 to \$100,000 a year. The single reason most PTs are happy in their careers is the enormous satisfaction they get from helping people return to normal, fulfilling lives. Are you looking for a career that offers great job security and the opportunity to earn a comfortable living? If you are compassionate, patient, and physically fit, read on. Physical therapy may be what you are looking for.

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benchmark physical therapy milledgeville ga: Psychosocial Elements of Physical Therapy Hannah Johnson, 2024-06-01 Physical therapists know that their patients are more than just a list of symptoms. They are people first, often with a complex mix of medical and psychiatric circumstances, who may receive a wide range of care from a team of professionals. Keeping this in mind, Psychosocial Elements of Physical Therapy: The Connection of Body to Mind is both a textbook and a clinical resource for physical therapist students and clinicians practicing in any patient population with psychological concerns or disorders. Inside, Dr. Hannah Johnson provides an essential introduction of psychosocial concepts, general treatment approaches for culturally sensitive care, and selected classes of mental illness as defined by the Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM-5). A complete review of the current research and evidence base provides students a strong foundation to build their careers on, but can also act as a crash-course in the most recent literature for the busy clinician. Features: Clear, concise language and layout for efficient learning Application-based review questions Real world case studies to apply critical thinking skills Evidence-based practical tests and measures Vocabulary terms that facilitate interdisciplinary teamwork Psychosocial Elements of Physical Therapy: The Connection of Body to Mind provides physical therapist students and clinicians with an efficient yet comprehensive guide to helping patients with psychological concerns or disorders.

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