

benchmark physical therapy reidsville nc

benchmark physical therapy reidsville nc is a leading provider of rehabilitative services in the Reidsville area, known for its comprehensive approach to physical health and recovery. This facility specializes in personalized treatment plans designed to help patients regain mobility, reduce pain, and improve overall functionality. With experienced therapists and state-of-the-art equipment, Benchmark Physical Therapy offers a variety of services tailored to meet the unique needs of each individual. Whether recovering from surgery, managing chronic conditions, or seeking preventive care, patients in Reidsville, NC, can rely on this clinic for expert guidance and support. This article explores the range of services offered, the benefits of physical therapy, patient experiences, and what sets Benchmark Physical Therapy apart in the competitive healthcare market.

- Overview of Benchmark Physical Therapy in Reidsville, NC
- Comprehensive Services Offered
- Benefits of Physical Therapy at Benchmark
- Expert Team and Facilities
- Patient Experience and Testimonials
- Insurance, Accessibility, and Appointment Information

Overview of Benchmark Physical Therapy in Reidsville, NC

Benchmark Physical Therapy in Reidsville, NC, is a trusted name in rehabilitative care, dedicated to improving patient outcomes through evidence-based practices. The clinic focuses on delivering individualized treatment programs that address a wide range of musculoskeletal and neurological conditions. Located conveniently in Reidsville, it serves the local community by offering accessible, high-quality care designed to restore function and enhance quality of life. The facility is equipped with modern technology and provides a welcoming environment for patients of all ages and fitness levels.

Mission and Vision

The mission of Benchmark Physical Therapy is to facilitate recovery and promote long-term wellness through personalized care and expert guidance. The vision centers on becoming the premier physical

therapy provider in Reidsville, NC, recognized for clinical excellence and compassionate service.

Community Involvement

Benchmark Physical Therapy actively participates in local health initiatives and educational programs, emphasizing injury prevention and wellness promotion within the Reidsville community. These efforts reinforce their commitment to enhancing public health beyond the clinic walls.

Comprehensive Services Offered

Benchmark Physical Therapy in Reidsville, NC, offers an extensive range of therapeutic services designed to meet diverse patient needs. These services encompass post-operative rehabilitation, sports injury management, chronic pain treatment, and specialized programs for neurological and pediatric patients. The clinic's multidisciplinary approach ensures that every patient receives a customized care plan aimed at achieving optimal recovery.

Orthopedic Rehabilitation

Orthopedic rehabilitation at Benchmark includes treatment for conditions such as fractures, joint replacements, sprains, and strains. Therapists utilize manual therapy, therapeutic exercises, and modalities like ultrasound and electrical stimulation to promote healing and restore mobility.

Sports Injury Therapy

For athletes and active individuals, Benchmark provides tailored programs focusing on injury prevention, performance enhancement, and recovery from sports-related injuries. The clinic emphasizes functional training and biomechanical assessments to support safe return to activity.

Neurological Physical Therapy

Patients with neurological disorders such as stroke, Parkinson's disease, or multiple sclerosis benefit from specialized interventions to improve balance, coordination, and strength. Benchmark's therapists employ evidence-based techniques to enhance neuroplasticity and functional independence.

Post-Surgical Rehabilitation

Following surgical procedures, patients receive structured rehabilitation designed to reduce pain, prevent

complications, and expedite return to normal activities. The clinic collaborates closely with surgeons to ensure continuity of care and optimal outcomes.

Benefits of Physical Therapy at Benchmark

Choosing Benchmark Physical Therapy in Reidsville, NC, provides numerous advantages that contribute to successful recovery and long-term health. The clinic's patient-centered approach emphasizes education, empowerment, and safe rehabilitation protocols.

Pain Management Without Medication

Physical therapy offers effective pain relief through non-invasive methods, reducing reliance on pharmaceuticals. Techniques such as manual therapy, therapeutic exercises, and modalities are utilized to address the root cause of pain.

Improved Mobility and Function

Therapeutic interventions at Benchmark aim to restore joint mobility, muscle strength, and overall physical function. These improvements help patients resume daily activities and maintain independence.

Customized Treatment Plans

Each patient receives a personalized care plan tailored to their specific condition, goals, and lifestyle. This individualized approach maximizes therapy effectiveness and patient satisfaction.

Education and Injury Prevention

Educational components empower patients with knowledge about their condition, proper body mechanics, and strategies to prevent future injuries, promoting long-term wellness.

Expert Team and Facilities

Benchmark Physical Therapy boasts a team of licensed and experienced physical therapists committed to delivering high-quality care. Their expertise spans various specialties, enabling comprehensive treatment of complex conditions.

Qualified Therapists

The clinical staff includes board-certified therapists with advanced training in orthopedic, neurological, pediatric, and sports physical therapy. Their continuous professional development ensures adherence to the latest clinical guidelines.

State-of-the-Art Equipment

The facility features modern therapeutic equipment, including advanced modalities, resistance training devices, and balance and coordination tools. This technology supports effective and efficient rehabilitation processes.

Patient-Centered Environment

Benchmark's welcoming and accessible environment fosters comfort and motivation, enhancing patient engagement and adherence to treatment plans.

Patient Experience and Testimonials

Patients at Benchmark Physical Therapy in Reidsville, NC, frequently express satisfaction with the professionalism, compassion, and effectiveness of the care received. Positive feedback highlights the personalized attention and measurable improvements experienced during therapy.

Success Stories

Many patients report significant recovery milestones, such as regained mobility, reduced pain, and restored function, attributing their progress to the dedicated support of the Benchmark team.

Supportive Care Approach

The therapists' empathetic communication and encouragement contribute to a positive therapeutic relationship, which is critical for patient motivation and successful outcomes.

Insurance, Accessibility, and Appointment Information

Benchmark Physical Therapy in Reidsville, NC, accepts a variety of insurance plans and offers flexible scheduling to accommodate patients' needs. The clinic strives to make quality physical therapy accessible to

the community.

Insurance and Payment Options

The clinic works with numerous insurance providers to facilitate coverage for physical therapy services. Transparent billing practices and financial counseling help patients understand their benefits and options.

Location and Accessibility

Conveniently located in Reidsville, the facility provides accessible parking and accommodations for patients with disabilities, ensuring ease of access for all visitors.

Scheduling and Appointments

Flexible appointment times, including early mornings and evenings, accommodate various schedules. Patients can contact the clinic directly to arrange evaluations and ongoing therapy sessions.

- Comprehensive rehabilitation tailored to individual needs
- Experienced and certified physical therapy professionals
- State-of-the-art treatment modalities and equipment
- Patient education focused on prevention and wellness
- Accessible location with flexible scheduling options

Frequently Asked Questions

What services does Benchmark Physical Therapy in Reidsville, NC offer?

Benchmark Physical Therapy in Reidsville, NC offers a variety of services including orthopedic rehabilitation, sports injury therapy, post-surgical rehabilitation, and pain management treatments tailored to individual patient needs.

How can I schedule an appointment at Benchmark Physical Therapy in Reidsville, NC?

You can schedule an appointment at Benchmark Physical Therapy in Reidsville, NC by calling their clinic directly, visiting their official website to book online, or through a physician referral.

Does Benchmark Physical Therapy accept insurance in Reidsville, NC?

Yes, Benchmark Physical Therapy in Reidsville, NC accepts most major insurance plans. It is recommended to contact the clinic directly to verify if your specific insurance provider is accepted.

What are the operating hours of Benchmark Physical Therapy in Reidsville, NC?

Benchmark Physical Therapy in Reidsville, NC typically operates Monday through Friday during business hours. For the most accurate and updated hours, it is best to contact the clinic directly.

Are the therapists at Benchmark Physical Therapy in Reidsville, NC licensed and experienced?

Yes, the therapists at Benchmark Physical Therapy in Reidsville, NC are licensed professionals with extensive experience in physical therapy and rehabilitation to ensure quality care for their patients.

What is the patient experience like at Benchmark Physical Therapy in Reidsville, NC?

Patients at Benchmark Physical Therapy in Reidsville, NC often report positive experiences characterized by personalized care, attentive staff, effective treatment plans, and supportive rehabilitation environments.

Does Benchmark Physical Therapy offer specialized programs for athletes in Reidsville, NC?

Yes, Benchmark Physical Therapy in Reidsville, NC offers specialized rehabilitation programs designed for athletes, focusing on injury prevention, performance enhancement, and recovery from sports-related injuries.

Can Benchmark Physical Therapy in Reidsville, NC help with chronic pain management?

Benchmark Physical Therapy in Reidsville, NC provides chronic pain management services using various therapeutic techniques aimed at reducing pain, improving mobility, and enhancing quality of life for

patients with long-term conditions.

Additional Resources

1. *Comprehensive Guide to Benchmark Physical Therapy in Reidsville, NC*

This book offers an in-depth look at the services and methodologies used by Benchmark Physical Therapy in Reidsville, NC. It covers patient care approaches, rehabilitation techniques, and success stories. Readers will gain valuable insights into how this clinic helps individuals recover and improve mobility effectively.

2. *Rehabilitation Excellence: The Benchmark Physical Therapy Approach*

Focusing on the innovative treatment plans employed by Benchmark Physical Therapy, this book explores the science behind their success. It discusses evidence-based practices, patient engagement strategies, and the importance of personalized care. Ideal for both practitioners and patients seeking to understand advanced physical therapy methods.

3. *Healing in Reidsville: Stories from Benchmark Physical Therapy Patients*

This collection of patient testimonials highlights the transformative experiences at Benchmark Physical Therapy in Reidsville, NC. Each story reflects the dedication of therapists and the resilience of patients. The book serves as an inspiration for those facing physical challenges.

4. *Physical Therapy Techniques: Insights from Benchmark Reidsville*

Detailing various therapeutic techniques utilized at Benchmark Physical Therapy, this book serves as a practical manual for therapists. It includes step-by-step guides, common protocols, and adaptations for different injuries. The content is rooted in the real-world application within the Reidsville clinic.

5. *Community Health and Rehabilitation: Benchmark Physical Therapy's Role in Reidsville*

This book examines how Benchmark Physical Therapy contributes to the overall health and wellness of the Reidsville community. It discusses outreach programs, preventative care, and partnerships with local healthcare providers. Readers will understand the clinic's impact beyond individual patient care.

6. *Innovations in Physical Therapy: Case Studies from Benchmark Reidsville, NC*

Showcasing cutting-edge treatments and technologies, this book presents case studies from Benchmark Physical Therapy. It highlights successes with complex injuries and chronic conditions. The book is a resource for clinicians interested in modern rehabilitation strategies.

7. *Starting Your Recovery Journey at Benchmark Physical Therapy, Reidsville*

Designed for new patients, this guide explains what to expect during the initial evaluation and treatment process at Benchmark Physical Therapy. It emphasizes patient education, goal setting, and the importance of active participation. The approachable tone helps reduce anxiety about physical therapy.

8. *Sports Injury Rehabilitation at Benchmark Physical Therapy Reidsville*

This specialized book focuses on sports-related injuries and the rehabilitation protocols used at Benchmark

Physical Therapy. It covers injury prevention, recovery timelines, and return-to-play criteria. Athletes and coaches will find practical advice tailored to the Reidsville clinic's expertise.

9. Benchmark Physical Therapy: Leadership and Staff Profiles from Reidsville, NC

Highlighting the professionals behind the clinic's success, this book presents detailed profiles of the therapists, administrators, and support staff at Benchmark Physical Therapy. It explores their qualifications, philosophies, and commitment to patient care. Readers gain a personal connection to the team dedicated to healing in Reidsville.

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benchmark physical therapy reidsville nc: *Physical Therapy Management of Patients with Spinal Pain* Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside *Physical Therapy Management of Patients With Spinal Pain*, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include: • Over 650 photographs, images, and tables • Access to a supplemental video Website with new book purchase • Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine • Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with *Physical Therapy Management of Patients With Spinal Pain* is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

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philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide. Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

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Edition shows how to accurately document treatment progress and patient outcomes. Designed for use by rehabilitation professionals, documentation guidelines are easily adaptable to different practice settings and patient populations. Realistic examples and practice exercises reinforce concepts and encourage you to apply what you've learned. Written by expert physical therapy educators Lori Quinn and James Gordon, this book will improve your skills in both documentation and clinical reasoning. A practical framework shows how to organize and structure PT records, making it easier to document functional outcomes in many practice settings, and is based on the International Classification for Functioning, Disability, and Health (ICF) model - the one adopted by the APTA. Coverage of practice settings includes documentation examples in acute care, rehabilitation, outpatient, home care, and nursing homes, as well as a separate chapter on documentation in pediatric settings. Guidelines to systematic documentation describe how to identify, record, measure, and evaluate treatment and therapies - especially important when insurance companies require evidence of functional progress in order to provide reimbursement. Workbook/textbook format uses examples and exercises in each chapter to reinforce your understanding of concepts. NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations, re-evaluations, and discharge summaries. UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. EXPANDED number of case examples covers an even broader range of clinical practice areas.

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and intervention The latest technology in physiologic monitoring and patient support equipment Introduces the "PT Examination" and "ICU" algorithms to promote safe and progressive rehabilitation Emphasis on clinical decision making through the application of a clinical reasoning model applied to the end of chapter cases Acute Care Physical Therapy: A Clinician's Guide, Second Edition will serve as a valuable education tool for students, newer professionals as well as post-professionals who provide therapy services to the acutely ill patient regardless of setting.

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benchmark physical therapy reidsville nc: Expertise in Physical Therapy Practice Gail M. Jensen, 2007 **Selected for Doody's Core Titles® 2024 in Physical Therapy** This comprehensive text examines what it takes to progress toward - and ultimately become - an expert in physical therapy. It explores multiple dimensions of expertise: how expert practitioners develop, what knowledge they use, where they acquire that knowledge, how they think and reason, how they make decisions, and how they perform in practice to demonstrate what it takes to progress and ultimately become an expert in physical therapy. Introduces the four core concepts that comprise the model of expertise: Knowledge, Clinical Reasoning, Movement, and Virtue A Data Collection Tools Appendix provides a step-by-step description of the process that the authors used to select, interview, and collect data from the experts in each case study to demonstrate the use of critical thinking and research-based analysis Contributed chapters on Expert Practice and Clinical Outcomes, Clinical Reasoning and Expert Practice, and Implications for Practice Implications for Practice chapter covers the implementation and results of this model of expertise in a staff development program A Postscript The Voices of our Experts 10 Years Later where clinicians share the evolution of their expertise Two chapters on Inquiry into Expertise and Implications for Doctoral Level Education in Physical Therapy provide insights into the practical application of the core concepts of the physical therapy model of expertise and facilitate the continued development of expertise in physical therapy.

benchmark physical therapy reidsville nc: Wellness and Holistic Physical Therapy, 2nd

Edition Sharon Fair, 2020-10 Wellness and Holistic Physical Therapy, 2nd edition is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. Wellness and Holistic Physical Therapy, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupressure, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

benchmark physical therapy reidsville nc: The Color Atlas of Physical Therapy Eric Shamus, 2015-01-12 A FULL-COLOR, CASE-BASED PHYSICAL THERAPY ATLAS FOR CLINICIANS AND STUDENTS The Color Atlas of Physical Therapy delivers a high-quality visual presentation of the disorders a physical therapist would most likely encounter in daily practice. Enhanced by more than 1,000 full-color illustrations and concise, evidence-based treatment recommendations, the book features a consistent design that makes information retrieval at the point of care fast and easy. MOST CHAPTERS INCLUDE VITAL INFORMATION SUCH AS: Condition/Disorder Synonyms ICD -9 and 10-CM Codes Preferred Practice Patterns Patient Presentation Key Features: Description Essentials of Diagnosis General Considerations Demographics Clinical Findings: Signs and Symptoms Functional Implications Possible Contributing Causes Differential Diagnosis Functional Goals Means of Confirmation: Laboratory Imaging Findings and Interpretation Treatment: Medications Medical Procedures Referrals Impairments Tests and Measures Intervention Prognosis References Patient Resources

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SOTAbenchmarkbaseline - SOTAstate of the artSOTA
model benchmark

Benchmark Forum Benchmark sajt je najpopularniji ICT medij u Srbiji koji na dnevnom nivou informiše, edukuje i savetuje posetioce kroz mnoštvo sadržaja koji pokrivaju kako lokalno tržište, tako i

baselinebenchmark - 基准 benchmark 基准 baseline 基准 benchmark 基准 R 基准
benchmark (Benchmark Experiments) 基准 benchmark 基准 The
AgentBenchmark - 基准 AgentBenchmarkAgent
Benchmark

3Dbenchmark 3Dbenchmark 基准
BenchmarkBenchmark

| **7.1 Benchmark** 7.1 Benchmark Benchmark
WorkloadBenchmark

Hardver | Benchmark Forum Oglasi za procesore, matične ploče, memorije, napajanja, kućišta,

miševe, tastature, monitore, grafičke kartice i sve ostalo što spada u kompjuterski hardver i periferije
benchmarkbaseline benchmark benchmarkdataset

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