

# best fuel economy used trucks

**best fuel economy used trucks** are increasingly popular among buyers who need the utility and versatility of a truck without sacrificing fuel efficiency. With rising fuel costs and environmental concerns, selecting a used truck that offers optimal gas mileage is a smart financial and ecological decision. This article explores some of the best fuel economy used trucks available in the market, highlighting their key features, engine options, and fuel-saving technologies. Additionally, it provides valuable insights into factors affecting fuel efficiency and tips for maintaining a used truck to maximize its mileage. Whether for work or daily driving, understanding the fuel economy of used trucks can help buyers make informed decisions and find the ideal balance between power and efficiency.

- Top Fuel-Efficient Used Trucks to Consider
- Key Factors Influencing Fuel Economy in Used Trucks
- Technologies Enhancing Fuel Efficiency in Trucks
- Tips for Maintaining Fuel Efficiency in Used Trucks
- Comparing Diesel vs. Gasoline Used Trucks for Fuel Economy

## Top Fuel-Efficient Used Trucks to Consider

When searching for the best fuel economy used trucks, several models stand out due to their balance of power, capability, and impressive miles per gallon (MPG). These trucks combine advanced engine technology with aerodynamic designs to provide efficient fuel consumption without compromising truck functionality.

### Ford F-150 EcoBoost

The Ford F-150 with EcoBoost engines has become a benchmark for fuel efficiency in full-size trucks. The 2.7-liter and 3.5-liter EcoBoost V6 engines use turbocharging and direct injection to deliver strong performance while maintaining excellent gas mileage. Used models from recent years can achieve an EPA rating of up to 22 MPG city and 26 MPG highway, making them one of the best fuel economy used trucks available.

### Toyota Tacoma

The Toyota Tacoma is a midsize truck known for its reliability and fuel efficiency. With its 2.7-liter four-cylinder engine or the more powerful 3.5-liter V6, certain used Tacoma

models offer respectable fuel economy, especially the four-cylinder variants which can reach up to 20 MPG city and 23 MPG highway. Its smaller size and lighter weight contribute to its fuel-saving capability.

## **Chevrolet Colorado and GMC Canyon**

These midsize trucks share platforms and offer similar fuel efficiency benefits. Chevrolet Colorado and GMC Canyon models equipped with the 2.8-liter Duramax turbo-diesel engine are particularly noteworthy, delivering fuel economy figures around 20-22 MPG combined. Gasoline versions also provide competitive mileage, making these trucks efficient choices for used truck buyers.

## **Ram 1500 with Mild Hybrid System**

The Ram 1500 has incorporated a mild hybrid system called eTorque in recent model years, improving fuel economy by optimizing engine start-stop functionality and torque delivery. Used Ram 1500 trucks with the 3.6-liter V6 eTorque engine can achieve around 20 MPG combined, which is notable for a full-size pickup with strong towing and payload capacities.

## **Key Factors Influencing Fuel Economy in Used Trucks**

Several elements impact the fuel efficiency of used trucks, beyond just the engine specifications. Understanding these factors can help buyers evaluate trucks more effectively and anticipate real-world fuel economy.

### **Engine Type and Size**

Smaller engines with turbocharging or hybrid assistance typically offer better fuel economy than larger naturally aspirated V8s. Four-cylinder and V6 engines are generally more fuel-efficient, especially when paired with technologies like direct injection and turbocharging.

### **Drivetrain and Transmission**

Two-wheel drive (2WD) trucks tend to consume less fuel than four-wheel drive (4WD) due to reduced drivetrain losses and lighter weight. Additionally, modern transmissions with more gears, such as 8-speed or 10-speed automatics, help keep the engine operating efficiently at various speeds.

## **Vehicle Weight and Aerodynamics**

Heavier trucks require more energy to move, which can reduce fuel efficiency. Aerodynamic designs that reduce drag, such as streamlined bodies and active grille shutters, improve mileage by allowing the truck to cut through the air more efficiently.

## **Driving Conditions and Habits**

Fuel economy can vary significantly depending on whether the truck is used primarily for highway driving or city stop-and-go traffic. Smooth acceleration, steady speeds, and reduced idling improve overall fuel consumption.

## **Technologies Enhancing Fuel Efficiency in Trucks**

Modern trucks incorporate various technologies aimed at boosting fuel economy, many of which are present in used trucks from the last decade. These advancements have changed how trucks perform and consume fuel.

### **Turbocharging and Direct Injection**

Turbochargers increase engine power output without significantly increasing displacement, allowing smaller engines to replace larger ones. Direct injection improves fuel atomization and combustion efficiency, reducing fuel consumption and emissions.

### **Start-Stop Systems**

These systems automatically turn off the engine when the vehicle is stopped, such as at traffic lights, and restart it when the accelerator is pressed. This technology reduces wasted fuel during idling periods and is common in many newer used trucks.

### **Mild Hybrid and Hybrid Powertrains**

Mild hybrid systems, like Ram's eTorque, use a small electric motor to assist the engine during acceleration and capture energy during braking. Full hybrid trucks, though still rare in the used market, offer even greater fuel savings by operating on electric power alone in some situations.

### **Advanced Transmission Systems**

Transmissions with more gears enable the engine to operate efficiently at various speeds, reducing fuel consumption. Continuously variable transmissions (CVTs) and automatic transmissions with 8 or more speeds are common in fuel-efficient trucks.

# **Tips for Maintaining Fuel Efficiency in Used Trucks**

Proper maintenance is essential to preserve and enhance the fuel economy of used trucks. Neglecting routine care can lead to decreased efficiency and higher fuel costs over time.

## **Regular Engine Tune-Ups**

Keeping the engine in optimal condition ensures efficient combustion. Replacing spark plugs, air filters, and fuel filters as recommended can improve mileage and reduce emissions.

## **Proper Tire Inflation**

Underinflated tires increase rolling resistance, reducing fuel efficiency. Maintaining the manufacturer's recommended tire pressure helps maximize MPG and extends tire life.

## **Reducing Excess Weight and Drag**

Removing unnecessary cargo and accessories such as roof racks when not in use reduces weight and aerodynamic drag, positively impacting fuel economy.

## **Using Quality Motor Oil**

Using engine oil with the correct viscosity and meeting manufacturer specifications reduces engine friction, allowing the truck to operate more efficiently.

## **Comparing Diesel vs. Gasoline Used Trucks for Fuel Economy**

Choosing between diesel and gasoline used trucks involves weighing fuel economy, performance, and ownership costs. Both fuel types have distinct advantages and considerations related to efficiency.

## **Diesel Trucks**

Diesel engines typically offer superior fuel economy and torque compared to gasoline counterparts. Used diesel trucks often achieve 20-25% better mileage, especially on highways, making them ideal for towing and long-distance driving. However, diesel fuel can be more expensive, and maintenance costs may be higher.

# Gasoline Trucks

Gasoline trucks generally have lower upfront costs and maintenance expenses. Advances in engine technology, such as EcoBoost turbocharging, have narrowed the fuel economy gap between gasoline and diesel trucks. Gasoline trucks are often preferred for lighter-duty use and shorter trips where diesel benefits are less pronounced.

1. Evaluate intended use and driving patterns when choosing between diesel and gasoline.
2. Consider fuel prices and availability in your region.
3. Review maintenance history and condition of used trucks carefully.

## Frequently Asked Questions

### **What are some of the best used trucks known for fuel economy?**

Some of the best used trucks known for fuel economy include the Ford Ranger, Toyota Tacoma, Chevrolet Colorado, and the Honda Ridgeline. These models offer a good balance of power and fuel efficiency.

### **How does diesel engine affect fuel economy in used trucks?**

Diesel engines generally provide better fuel economy compared to gasoline engines in trucks. They offer higher torque and better mileage, making diesel-powered used trucks a popular choice for those seeking fuel efficiency.

### **What model years of used trucks are best for fuel economy?**

Model years from around 2015 to 2020 often feature improved fuel economy due to advancements in engine technology and lightweight materials. Trucks like the 2016 Ford F-150 with EcoBoost engines are notable for better mileage.

### **Are smaller trucks better for fuel economy compared to full-size trucks?**

Yes, smaller trucks like midsize pickups typically have better fuel economy than full-size trucks because they are lighter and often come with smaller, more efficient engines. However, fuel economy varies by make, model, and engine type.

# What features should I look for in a used truck to ensure good fuel economy?

Look for trucks with fuel-efficient engines such as turbocharged four-cylinder or V6 engines, diesel options, and features like automatic start-stop, aerodynamic design, and lighter curb weight. Additionally, trucks with manual transmissions may sometimes offer better fuel efficiency.

## Additional Resources

### 1. *Maximizing Fuel Efficiency in Used Trucks*

This comprehensive guide explores practical strategies to enhance the fuel economy of used trucks. It covers maintenance tips, driving techniques, and modifications that can significantly reduce fuel consumption. Ideal for truck owners looking to save money on gas without sacrificing performance.

### 2. *The Ultimate Guide to Buying Fuel-Efficient Used Trucks*

This book provides detailed advice on selecting used trucks known for their excellent fuel economy. It includes reviews of popular models, what to look for during inspections, and how to evaluate a truck's long-term fuel efficiency. Perfect for buyers aiming to invest in a cost-effective vehicle.

### 3. *Eco-Friendly Trucking: Saving Fuel with Used Vehicles*

Focused on sustainability, this book highlights how used trucks can be a greener choice when selected and maintained properly. It discusses eco-driving habits, fuel-saving technologies, and the environmental benefits of choosing fuel-efficient used trucks. A must-read for environmentally conscious drivers.

### 4. *Smart Maintenance for Fuel Economy in Used Trucks*

Learn how routine maintenance affects fuel efficiency in used trucks with this practical manual. It details key maintenance tasks like tire care, engine tuning, and fluid management that contribute to better mileage. Great for truck owners who want to keep their vehicles running efficiently.

### 5. *Top Fuel-Efficient Used Trucks: Models and Reviews*

This book offers an in-depth look at the best used truck models for fuel economy, complete with pros and cons. It includes real-world performance data and owner testimonials to help readers make informed decisions. A valuable resource for anyone in the market for a used truck.

### 6. *Driving Techniques to Boost Fuel Economy in Trucks*

Focuses on driver behavior and how it impacts fuel consumption in used trucks. The book provides actionable tips on acceleration, braking, and speed management to maximize fuel savings. Ideal for truck drivers who want to improve their driving efficiency.

### 7. *Aftermarket Upgrades for Better Fuel Economy in Used Trucks*

Explore various aftermarket parts and modifications that can enhance the fuel efficiency of a used truck. From aerodynamic kits to engine tuners, this book evaluates cost versus benefit for each upgrade. Useful for truck enthusiasts looking to optimize their vehicle's

mileage.

#### 8. *Comparing Diesel and Gasoline Used Trucks for Fuel Economy*

This title examines the fuel economy differences between diesel and gasoline used trucks. It covers fuel costs, maintenance, and environmental impact to help buyers choose the best option for their needs. A balanced guide for those weighing diesel versus gasoline powertrains.

#### 9. *Long-Term Cost Savings with Fuel-Efficient Used Trucks*

Analyze the financial benefits of owning a fuel-efficient used truck over time with this detailed study. The book covers fuel savings, maintenance expenses, and resale value to give a clear picture of long-term costs. Essential reading for budget-conscious truck buyers.

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