

franklin orthopedics and sports medicine

franklin orthopedics and sports medicine is a leading healthcare provider specializing in the diagnosis, treatment, and rehabilitation of musculoskeletal injuries and conditions. This comprehensive field combines advanced orthopedic care with sports medicine expertise to cater to both athletes and individuals suffering from orthopedic issues. Patients in Franklin and surrounding areas benefit from state-of-the-art diagnostic tools, cutting-edge treatment options, and personalized care plans designed to restore mobility and improve quality of life. Whether addressing acute sports injuries, chronic joint pain, or post-surgical rehabilitation, franklin orthopedics and sports medicine offers multidisciplinary approaches to optimize recovery outcomes. This article explores the various services, treatment methodologies, and specialized care programs available within this medical specialty, providing valuable insights for patients seeking expert orthopedic and sports medicine care. The following sections will guide readers through the main aspects of franklin orthopedics and sports medicine, including common conditions treated, treatment techniques, rehabilitation protocols, and the role of preventive care.

- Overview of Franklin Orthopedics and Sports Medicine
- Common Conditions Treated
- Diagnostic and Treatment Techniques
- Rehabilitation and Recovery Programs
- Preventive Care and Injury Prevention
- Choosing the Right Provider in Franklin

Overview of Franklin Orthopedics and Sports Medicine

The field of franklin orthopedics and sports medicine focuses on the musculoskeletal system, including bones, joints, muscles, ligaments, and tendons. Combining traditional orthopedic surgery with sports medicine expertise, providers deliver comprehensive care tailored to active individuals and patients with orthopedic disorders. This specialty addresses a spectrum of issues ranging from fractures and arthritis to sports-related injuries such as ligament tears and tendonitis. The integration of sports

medicine principles allows for a holistic approach that emphasizes not only treatment but also prevention and performance optimization. Clinics specializing in franklin orthopedics and sports medicine typically feature board-certified orthopedic surgeons, sports medicine physicians, physical therapists, and other rehabilitation specialists working collaboratively to ensure optimal patient outcomes.

Multidisciplinary Care Approach

Franklin orthopedics and sports medicine centers employ a multidisciplinary team approach involving orthopedic surgeons, sports medicine doctors, physical therapists, and athletic trainers. This collaborative model ensures that patients receive comprehensive evaluations and individualized treatment plans based on their unique needs. The team works closely to coordinate surgical interventions, nonsurgical therapies, and rehabilitation exercises, enhancing recovery speed and effectiveness. Additionally, this integrated care model supports patient education and long-term musculoskeletal health maintenance.

Advanced Technology and Techniques

Utilizing the latest advancements in medical technology, franklin orthopedics and sports medicine clinics offer innovative diagnostic and treatment options. These include digital imaging technologies such as MRI and CT scans, minimally invasive arthroscopic surgeries, platelet-rich plasma (PRP) therapy, and cutting-edge regenerative medicine techniques. The adoption of these technologies enables precise diagnosis and targeted treatments that minimize recovery time and improve patient satisfaction.

Common Conditions Treated

Franklin orthopedics and sports medicine specialists treat a wide range of musculoskeletal disorders and sports-related injuries. Understanding these common conditions helps patients recognize when to seek specialized care.

Sports Injuries

Sports injuries are prevalent among athletes and active individuals, ranging from acute trauma to overuse injuries. Common sports injuries treated include:

- Anterior cruciate ligament (ACL) tears
- Rotator cuff injuries

- Meniscus tears
- Sprains and strains
- Fractures
- Shin splints
- Tendonitis

Effective management of these injuries requires timely diagnosis and appropriate intervention to prevent long-term damage and facilitate a safe return to activity.

Arthritis and Degenerative Conditions

Arthritis, including osteoarthritis and rheumatoid arthritis, is a common reason for referral to franklin orthopedics and sports medicine specialists. These conditions cause joint pain, stiffness, and reduced mobility, necessitating comprehensive management strategies. Treatment may involve medication, physical therapy, joint injections, or surgical options such as joint replacement in advanced cases.

Fractures and Trauma

Orthopedic trauma resulting from accidents or falls frequently requires specialized care. Franklin orthopedics and sports medicine providers manage complex fractures of bones in the arms, legs, hands, feet, and spine. Treatment approaches include casting, bracing, surgical fixation, and rehabilitation to restore function and prevent complications.

Diagnostic and Treatment Techniques

Accurate diagnosis and effective treatment are cornerstones of franklin orthopedics and sports medicine. Providers employ a variety of diagnostic tools and treatment modalities to address musculoskeletal issues efficiently.

Diagnostic Tools

Comprehensive patient evaluation begins with a detailed medical history and physical examination, supplemented by advanced imaging studies. Common diagnostic tools include:

- X-rays for bone fractures and joint alignment

- MRI scans for soft tissue evaluation including ligaments and cartilage
- CT scans for complex bone injuries and surgical planning
- Ultrasound for dynamic assessment of tendons and muscles
- Electromyography (EMG) for nerve and muscle function analysis

These diagnostic techniques enable precise identification of the underlying condition and help guide treatment decisions.

Nonsurgical Treatments

Many orthopedic and sports medicine conditions can be managed without surgery. Common nonsurgical treatments include:

- Physical therapy and rehabilitation exercises
- Medications such as anti-inflammatory drugs and pain relievers
- Joint injections including corticosteroids and hyaluronic acid
- Bracing and orthotic devices
- Regenerative therapies such as platelet-rich plasma (PRP) and stem cell injections

These modalities aim to reduce pain, improve function, and promote tissue healing.

Surgical Interventions

When conservative treatments are insufficient, surgical options may be recommended. Franklin orthopedics and sports medicine surgeons specialize in minimally invasive arthroscopic techniques as well as open surgeries. Common procedures include:

- Arthroscopic ligament reconstruction (e.g., ACL repair)
- Meniscectomy and meniscus repair
- Rotator cuff repair
- Joint replacement surgeries (hip, knee, shoulder)
- Fracture fixation with plates, screws, or rods

Surgical approaches are tailored to the patient's condition, activity level, and overall health status to optimize recovery.

Rehabilitation and Recovery Programs

Rehabilitation is a critical component of franklin orthopedics and sports medicine, facilitating functional recovery and preventing future injuries. Structured recovery programs support patients through each phase of healing.

Physical Therapy

Physical therapy forms the foundation of post-injury and post-surgical rehabilitation. Therapists design individualized exercise regimens to restore strength, flexibility, balance, and range of motion. Therapy may include manual techniques, therapeutic modalities such as ultrasound and electrical stimulation, and progressive resistance training.

Return-to-Play and Activity Protocols

For athletes and active individuals, franklin orthopedics and sports medicine specialists develop return-to-play protocols to ensure safe resumption of sports participation. These protocols assess functional milestones, pain levels, and joint stability to minimize the risk of re-injury. Gradual progression in activity intensity is emphasized to rebuild endurance and confidence.

Patient Education and Support

Educating patients about their condition, treatment options, and rehabilitation importance is integral to successful outcomes. Providers offer guidance on injury prevention, proper biomechanics, and lifestyle modifications. Support groups and counseling services may also be available to address psychological aspects of recovery.

Preventive Care and Injury Prevention

Preventive strategies are essential in franklin orthopedics and sports medicine to reduce the incidence of injuries and chronic orthopedic conditions. These measures are beneficial for athletes, aging populations, and individuals with physically demanding occupations.

Screening and Risk Assessment

Routine musculoskeletal screenings help identify risk factors such as muscle imbalances, joint instability, and improper movement patterns. Early detection enables targeted interventions to prevent injury. Functional assessments and biomechanical analyses are commonly employed screening tools.

Conditioning and Strength Training

Proper conditioning programs focusing on strength, flexibility, and cardiovascular fitness improve musculoskeletal resilience. Strengthening key muscle groups reduces joint stress and supports overall physical performance. Conditioning regimens are often customized according to sport-specific demands or daily activity requirements.

Education on Proper Techniques and Equipment

Instruction on correct exercise form, sport-specific techniques, and ergonomic practices is vital to injury prevention. Additionally, the use of appropriate protective gear, footwear, and orthotic devices is emphasized to safeguard joints and soft tissues during physical activity.

Choosing the Right Provider in Franklin

Selecting a qualified and experienced provider in franklin orthopedics and sports medicine is crucial for receiving optimal care. Patients should consider factors such as board certification, subspecialty training, and clinic facilities. Reputation, patient reviews, and insurance acceptance also play important roles in the decision-making process.

Credentials and Expertise

Providers with specialized training in orthopedic surgery and sports medicine bring advanced skills to patient care. Board certification in orthopedic surgery and fellowship training in sports medicine are indicators of expertise. It is beneficial to seek providers who remain current with evolving treatment modalities through continuing education.

Comprehensive Services and Facilities

Clinics offering integrated services including diagnostics, surgical care, physical therapy, and rehabilitation provide a seamless patient experience. Access to modern facilities equipped with advanced imaging and therapeutic technologies enhances treatment quality and convenience.

Patient-Centered Care

Effective communication, personalized treatment planning, and compassionate care are hallmarks of reputable franklin orthopedics and sports medicine providers. Patients are encouraged to engage actively in their care and seek providers who prioritize education and shared decision-making.

Frequently Asked Questions

What services does Franklin Orthopedics and Sports Medicine offer?

Franklin Orthopedics and Sports Medicine offers comprehensive orthopedic care including diagnosis, treatment, and rehabilitation for musculoskeletal injuries and conditions, sports medicine services, physical therapy, and surgical interventions.

Does Franklin Orthopedics and Sports Medicine accept insurance?

Yes, Franklin Orthopedics and Sports Medicine accepts most major insurance plans. It is recommended to contact their office directly to confirm your specific insurance coverage.

Who are the specialists at Franklin Orthopedics and Sports Medicine?

The clinic features board-certified orthopedic surgeons, sports medicine physicians, physical therapists, and other healthcare professionals specializing in musculoskeletal health and injury prevention.

Can Franklin Orthopedics and Sports Medicine treat sports-related injuries?

Yes, Franklin Orthopedics and Sports Medicine specializes in treating sports-related injuries such as ligament tears, fractures, sprains, strains, and overuse injuries, offering both non-surgical and surgical treatment options.

How do I schedule an appointment with Franklin Orthopedics and Sports Medicine?

Appointments can be scheduled by calling their office directly, using their online appointment request form on the official website, or through patient portals if available.

Does Franklin Orthopedics and Sports Medicine offer physical therapy on-site?

Yes, Franklin Orthopedics and Sports Medicine provides on-site physical therapy services to aid in recovery and rehabilitation following injuries or surgeries.

What types of surgeries are performed at Franklin Orthopedics and Sports Medicine?

The orthopedic surgeons at Franklin Orthopedics and Sports Medicine perform various surgeries including arthroscopic procedures, joint replacements, fracture repairs, and ligament reconstructions.

Are telemedicine consultations available at Franklin Orthopedics and Sports Medicine?

Many orthopedic and sports medicine clinics, including Franklin Orthopedics and Sports Medicine, offer telemedicine consultations for initial evaluations and follow-up visits; it's best to contact them directly to confirm availability.

Additional Resources

1. Comprehensive Guide to Franklin Orthopedics: Principles and Practice

This book offers an in-depth exploration of orthopedic principles tailored specifically to the Franklin region. It covers diagnostic techniques, surgical procedures, and rehabilitation strategies with a focus on local patient demographics. The text also integrates case studies from Franklin Orthopedics, making it an essential resource for practitioners and students alike.

2. Sports Medicine in Franklin: Injury Prevention and Treatment

Focused on the unique challenges faced by athletes in Franklin, this book provides practical approaches to preventing and managing sports injuries. It includes sections on conditioning, nutrition, and recovery protocols that align with the latest research. The authors draw from their experiences working with regional sports teams to offer real-world insights.

3. Advanced Techniques in Franklin Orthopedics and Sports Medicine

Designed for orthopedic surgeons and sports medicine specialists, this volume delves into cutting-edge surgical and non-surgical treatments. It highlights minimally invasive procedures, biologic therapies, and rehabilitation innovations that are being implemented in Franklin. Detailed illustrations and step-by-step guides enhance the learning experience.

4. Rehabilitation Strategies in Franklin Sports Medicine

This book concentrates on post-injury rehabilitation tailored to athletes and

active individuals in Franklin. It covers therapeutic exercises, manual therapy, and patient education techniques to optimize recovery. The text also discusses psychological aspects of rehabilitation, emphasizing holistic care.

5. *Franklin Orthopedics: Pediatric and Adolescent Sports Injuries*

Addressing the specific needs of younger athletes, this book explores common orthopedic injuries in pediatric and adolescent populations. It discusses growth-related considerations, injury mechanisms, and appropriate treatment plans. The book serves as a valuable guide for clinicians working with youth sports programs in Franklin.

6. *Diagnostic Imaging in Franklin Orthopedics and Sports Medicine*

This comprehensive resource covers the use of MRI, CT scans, ultrasound, and X-rays in diagnosing musculoskeletal conditions common in Franklin. It includes interpretative tips and case examples relevant to sports medicine practitioners. The book emphasizes accuracy and efficiency in imaging to support clinical decision-making.

7. *Nutrition and Performance in Franklin Sports Medicine*

Exploring the vital role of nutrition in athletic performance and injury prevention, this book provides evidence-based dietary guidelines tailored to athletes in Franklin. It addresses supplementation, hydration, and special considerations for different sports. The text also highlights collaborative strategies between nutritionists and sports medicine teams.

8. *Emergency Management of Orthopedic Injuries in Franklin*

This practical guide focuses on the acute care and stabilization of orthopedic injuries often encountered in Franklin's sports settings. It outlines protocols for managing fractures, dislocations, and soft tissue injuries in emergency scenarios. The book is essential for first responders, athletic trainers, and emergency department personnel.

9. *Biomechanics and Movement Analysis in Franklin Sports Medicine*

This book examines the principles of biomechanics as they apply to injury prevention and performance enhancement in Franklin athletes. It details techniques for motion analysis and the interpretation of movement patterns. The content supports clinicians and trainers in developing individualized training and rehabilitation programs.

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Jeffrey E. Martus, MD, MS, 2018-08-21 OKU: Pediatrics 5 reflects the substantial number of high-quality studies in pediatric orthopaedics, as well as the most recent clinical practice guidelines and appropriate use criteria. This comprehensive multispecialty resource explores the latest advances in pediatric trauma, sports-related injuries, and upper and lower extremity conditions, with a brand-new section on Neuromuscular, Metabolic, and Inflammatory Disorders.

franklin orthopedics and sports medicine: Orthopaedic Knowledge Update: Hip and Knee Reconstruction 5 Michael A. Mont, MD, Michael Tanzer, MD, FRCSC, 2018-08-08 Explore the many changes in hip and knee arthroplasty in recent years with completely new information on implants, bearing surfaces, surgical approaches, alternate approaches, risk reduction, and blood management. Expand your knowledge with the standard in adult hip and knee reconstruction, while you advance patient care with the best practices available.

franklin orthopedics and sports medicine: DeLee & Drez's Orthopaedic Sports Medicine E-Book Mark D. Miller, Stephen R. Thompson, 2018-12-20 Indispensable for both surgeons and sports medicine physicians, DeLee, Drez, & Miller's Orthopaedic Sports Medicine: Principles and Practice, 5th Edition, remains your go-to reference for all surgical, medical, rehabilitation and injury prevention aspects related to athletic injuries and chronic conditions. Authored by Mark D. Miller, MD and Stephen R. Thompson, MD, this 2-volume core resource provides detailed, up-to-date coverage of medical disorders that routinely interfere with athletic performance and return to play, providing the clinically focused information you need when managing athletes at any level. - Provides a unique balance of every relevant surgical technique along with extensive guidance on nonsurgical issues—making it an ideal reference for surgeons, sports medicine physicians, physical therapists, athletic trainers, and others who provide care to athletes. - Offers expanded coverage of revision surgery, including revision ACL and revision rotator cuff surgery. - Features additional coverage of cartilage restoration procedures and meniscal transplantation. - Provides significant content on rehabilitation after injury, along with injury prevention protocols. - Includes access to a comprehensive video collection, with more than 100 videos new to this edition. - Retains key features such as coverage of both pediatric and aging athletes; a streamlined organization for quick reference; in-depth coverage of arthroscopic techniques; extensive references; levels of evidence at the end of each chapter; and Author's Preferred Technique sections. - Enhanced eBook version included with purchase. Your enhanced eBook allows you to access all of the text, figures, and references from the book on a variety of devices.

franklin orthopedics and sports medicine: Insall & Scott Surgery of the Knee E-Book W. Norman Scott, 2017-02-10 Insall & Scott Surgery of the Knee by Dr. W. Norman Scott remains the definitive choice for guidance on the most effective approaches for the diagnosis and management of the entire scope of knee disorders. This edition reflects a complete content overhaul, with more than 50 new chapters and over 400 contributors from around the world. The video program includes 70 new video clips, while new and expanded material covers a range of hot topics, including same-day surgery and hospital management of knee arthroplasty patients and anesthesia specific for knee surgery. - Extensive visual elements and video program include nearly 70 new videos -- over 230 in total - as well as a Glossary of Implants featuring 160 demonstrative pictures. - Over 50 new chapters and brand-new sections on Same Day Surgery and Hospital Management of Knee Arthroplasty Patients; Quality and Payment Paradigms for TKA; Anesthesia Specific for Knee Surgery; and Preoperative Assessment, Perioperative Management, and Postoperative Pain Control. - An expanded Adult Reconstruction Section informs readers about Enhanced Primary Revision and the treatment of Peri-prosthetic fractures in TKA. - Includes enhanced worldwide approaches for all aspects of disorders of the knee from nearly 400 contributors worldwide. - Boasts updated pediatric knee considerations and updated tumor surgery principles for the treatment of tumors about the knee. - Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, images, videos (including video updates), glossary, and references from the book on a variety of devices.

franklin orthopedics and sports medicine: Netter's Sports Medicine E-Book Christopher

Madden, Margot Putukian, Eric McCarty, Craig Young, 2013-11-25 Netter's Sports Medicine, by Christopher C. Madden, MD, Margot Putukian, MD, FACSM, Craig C. Young, MD, and Eric C. McCarty, MD, is a reference designed to help you meet the challenges presented by your patients in this growing interdisciplinary field. More than 1,000 Netter images, along with photos of physical examination techniques and imaging examples, provide a rich visual understanding, while a bulleted text format, combined with a user-friendly organization by specific types of injuries as well as different types of sports, makes reference quick and easy. Discussions of a full range of sports—traditional as well as less common—ensure that the coverage is comprehensive and up to date. From pre-participation exams, musculoskeletal injuries, sports nutrition, and sports psychology...to general medical problems in athletes...this reference equips you with the guidance you need to keep your patients at the top of their game. Presents more than 1,000 Netter illustrations accompanied by photos of physical examination techniques, radiographs, and other imaging techniques—including CT and MRI—that equip you with a rich visual understanding of sports medicine. Features a bulleted text format for quick-read guidance. Organizes information by specific types of injuries as well as different types of sports for an easy-to-access reference. Discusses traditional along with less common sports for comprehensive coverage that is up to date. Includes a section that examines considerations for specific athlete populations, including children, women, the senior athlete and the physically challenged, to help you meet their special needs. Presents the cross-disciplinary contributions of primary care physicians, athletic trainers, physical therapists, dentists, orthopaedic surgeons, and others, who provide a well-rounded perspective on the subject. Combines current, evidence-based information with expert clinical guidance for a high-yield reference.

franklin orthopedics and sports medicine: Morrey's The Elbow and Its Disorders E-Book

Bernard F. Morrey, Joaquin Sanchez Sotelo, Mark E. Morrey, 2017-05-05 Revised to include the most up-to-date surgical techniques and their outcomes, Morrey's The Elbow and Its Disorders, 5th Edition, is an essential reference for today's orthopaedic surgeons, appealing both to those in general practice and those with a subspecialty interest in elbow surgery. This edition by Drs. Bernard Morrey, Mark Morrey, and Joaquin Sanchez-Sotelo, provides a practical focus on technique - both in the text and on dozens of high-quality instructional videos produced at the Mayo Clinic. Authoritative guidance from leading experts enables you to provide optimal care to your patients - even those with the most challenging elbow problems. - Covers all major areas of elbow surgery, including arthroscopy, trauma, sports, pediatrics, arthroplasty, and salvage procedures. - Supplements the text with full-color-photos, illustrations, and diagrams for a more instructive and visually appealing approach. - Provides expanded coverage of key topics in trauma, soft tissue procedures, joint replacement techniques, and innovative techniques for addressing cartilage lesions and restoring joint motion. - Includes over 2 hours of exam and procedural videos - such as arthroscopic procedures, fracture fixation, arthroplasty, and other reconstructive techniques - performed by the experts online for step-by-step guidance. - Features a new section on arthroscopic surgical procedures, now with expanded indications and evolving techniques. - Expert Consult™ eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, Q&As, and references from the book on a variety of devices.

franklin orthopedics and sports medicine: Indianapolis Monthly, 2006-07 Indianapolis

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franklin orthopedics and sports medicine: The Athlete's Shoulder James R. Andrews,

Kevin E. Wilk, Michael M. Reinold, 2008-10-30 The latest edition of this in-depth look at athletic injuries of the shoulder has been updated to feature 16 new chapters, additional illustrations and algorithms, an added focus on arthroscopic treatments, and pearls that highlight key information. Additional contributing authors give you a fresh spin on new and old topics from rehabilitation

exercises to special coverage of female athletes, pediatrics, and golfers. This book offers coverage of arthroscopy, total joint replacement, instability, football, tennis, swimming, and gymnastic injuries, rotator cuff injuries, and much, much more! The large range of topics covered in this text ensures that it's a great resource for orthopaedists, physical therapists, athletic trainers, and primary care physicians. - Presents a multidisciplinary approach to the care of the shoulder, combining contributions from the leaders in the field of orthopedic surgery, physical therapy, and athletic training. - Demonstrates which exercises your patients should perform in order to decrease their chance of injury or increase strength following an injury through illustrated exercises for rehabilitation and injury prevention. - Illustrates how the shoulder is affected during activity of certain sports with a variety of tables and graphs. - Covers a large range of topics including all shoulder injuries to be sufficiently comprehensive for both orthopaedists and physical therapists/athletic trainers. Features 16 new chapters, including Internal Impingement, Bankarts: Open vs. Arthroscopy, Adhesive Capsulitis of the Shoulder, Cervicogenic Shoulder Pain, Proprioception: Testing and Treatment, and more. - Details current surgical and rehabilitation information for all aspects of shoulder pathology to keep you up-to-date. - Organizes topics into different sections on anatomy, biomechanics, surgery, and rehabilitation for ease of reference.

franklin orthopedics and sports medicine: AAOS Essentials of Musculoskeletal Care AAOS, April Armstrong, Mark C. Hubbard, 2018-06-26 Essentials of Musculoskeletal Care, Enhanced Fifth Edition is a robust educational resource focused on how to evaluate and manage common musculoskeletal conditions. This text is used for immediate, point-of-care guidance in decision making and intervention and is a powerful educational product for many health professions dealing with the care of the musculoskeletal system. The easy-to-understand content and crisp presentation appeal to health care professionals and students. It is also a powerful tool to help educate patients regarding conditions and treatment.

franklin orthopedics and sports medicine: Indianapolis Monthly, 2006-07 Indianapolis Monthly is the Circle City's essential chronicle and guide, an indispensable authority on what's new and what's news. Through coverage of politics, crime, dining, style, business, sports, and arts and entertainment, each issue offers compelling narrative stories and lively, urbane coverage of Indy's cultural landscape.

franklin orthopedics and sports medicine: Arthritis & Arthroplasty Thomas E. Brown, 2009-01-01 Offering state-of-the-art guidance on challenging issues in total knee replacement and reconstruction, this resource includes a DVD with procedural videos and access to additional materials online.

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franklin orthopedics and sports medicine: Miller's Review of Orthopaedics E-Book Mark D. Miller, Stephen R. Thompson, 2015-11-27 For nearly a quarter century Miller's Review of Orthopaedics and the accompanying annual Miller Review Course (www.MillerReview.org) have

been must-have resources that residents and practitioners have turned to for efficient and effective exam preparation. This 7th Edition continues to provide complete coverage of the field's most-tested topics, now reorganized to be more intuitive, more user-friendly, and easier to read. Numerous study aids help you ace your exams: a superb art program, including full-color tables, images, and pathology slides; improved concise, bulleted text design; testable facts in every chapter; multiple-choice review questions written by experts in the field; and much more. Content and topic emphasis are fully aligned with the ABOS (American Board of Orthopaedic Surgery) and OITE (Orthopaedic In-Service Training Exam) exams, giving you the confidence you need to prepare for certification and recertification. Completely revised sections on anatomy, spine, and tumors, along with input from many new authors, keep you fully up to date. An increased emphasis on imaging, along with the most current results and techniques, ensure that you're prepared for today's exams. Includes new coverage of femoroacetabular impingement, spine trauma, common medications used in orthopaedics, and recent advances in basic sciences.

franklin orthopedics and sports medicine: Operative Techniques: Sports Knee Surgery E-Book Mark D. Miller, Brian J. Cole, Andrew Cosgarea, Jon K. Sekiya, 2008-07-11 This multimedia resource offers you all the how-to step-by-step guidance you need to perform all of the latest and best techniques in sports knee surgery. The complete, lavishly illustrated volume is made even better with a state-of-the-art companion web site! With chapters on such hot topics as knee arthroscopy and meniscus, articular cartilage procedures, knee ligament procedures, and patellofemoral procedures, you will appreciate the clear and concise, detailed, and visual approach of this atlas and video collection. Large full-color intraoperative photos, diagrammable illustrations, dedicated website, and companion DVD demonstrate the full range of procedures. This short, accessible multimedia resource shows you what you need to know and how to do it all. The result is a detailed, easy-to-use reference that no orthopedic surgeon should be without. This is a title in the Operative Techniques series. Please visit www.operativetechniques.com for more information. Includes full-text web access so you can search the text online and surgical video clips that let you see the experts perform the techniques and perfect your own. Discusses pearls and pitfalls with an emphasis on optimizing outcomes to improve the quality of your technique and learn the expert's approach to getting the best results. Outlines positioning, exposures, instrumentation, and implants to give you a step-by-step guide for every procedure. Provides post-operative care and expected outcomes including potential complications and brief notes on controversies and supporting evidence to give you important details about patient-focused surgery. Highlights key anatomies with color photos and illustrations as well as diagrams that present cases as they appear in real life to help you see every detail with clarity.

franklin orthopedics and sports medicine: Sports Knee Surgery Mark D. Miller, 2008 Accompanying DVD-ROM contains ... experts perform[ing] key techniques via video clips.--P. [4] of cover.

franklin orthopedics and sports medicine: Orthopedic Surgery Clerkship Adam E. M. Eltorai, Craig P. Eberson, Alan H. Daniels, 2017-08-09 This quick-reference guide is the first book written specifically for the many third- and fourth-year medical students rotating on an orthopedic surgery service. Organized anatomically, it focuses on the diagnosis and management of the most common pathologic entities. Each chapter covers history, physical examination, imaging, and common diagnoses. For each diagnosis, the book sets out the typical presentation, options for non-operative and operative management, and expected outcomes. Chapters include key illustrations, quick-reference charts, tables, diagrams, and bulleted lists. Each chapter is co-authored by a senior resident or fellow and an established academic physician and is concise enough to be read in two or three hours. Students can read the text from cover to cover to gain a general foundation of knowledge that can be built upon when they begin their rotation, then use specific chapters to review a sub-specialty before starting a new rotation or seeing a patient with a sub-specialty attending. Practical and user-friendly, Orthopedic Surgery Clerkship is the ideal, on-the-spot resource for medical students and practitioners seeking fast facts on diagnosis and management. Its

bullet-pointed outline format makes it a perfect quick-reference, and its content breadth covers the most commonly encountered orthopedic problems in practice.

franklin orthopedics and sports medicine: Biologic Joint Reconstruction Brian J. Cole, Andreas Gomoll, 2009 The treatment of chondral damage and early arthritis in active patients remains a challenge. This book has accepted this challenge, providing a comprehensive look into the fast growing area of cartilage repair and early arthritis surgery for virtually every major joint. The text includes a detailed approach to surgical management utilizing procedures relative to all joints such as osteotomy, cartilage repair, cartilage restoration, and limited resurfacing. Treatment indications, surgical techniques, and non-operative treatment in the knee, shoulder, hip and smaller joints are also highlighted in the text. This book is the only orthopedic text on the market that combines discussion of biological and limited prosthetic options for the treatment of chondral damage and early arthritis for the young active adult, as well as for traditional joint replacement patients.

franklin orthopedics and sports medicine: Revision Anterior Cruciate Ligament Reconstruction Michael J. Alaia, Kristofer J. Jones, 2022-06-02 Anterior cruciate ligament reconstruction is one of the most common procedures performed in sports medicine centers. However, these procedures can carry a long-term failure rate as high as 5-15%, and when these procedures fail, revision is significantly more complex. Considerable factors need to be assessed in patients that are indicated for surgery, as revisions carry a higher failure rate and potentially less optimal outcomes and return to sport and activity. These factors include, but are not limited to, the status of the meniscus, overall alignment, graft options, placement of prior implants or tunnels, collateral ligament quality, and whether or not the revision must be staged into two procedures. This text provides a comprehensive, case-based presentation of the most efficient and practical treatment algorithms for patients in need of revision ACL repair and reconstruction. Opening chapters discuss the initial patient work-up, radiography, surgical indications, graft options, and pre-operative considerations and preparations. The main portion of the book then describes both common factors leading to revision surgery as well as the surgical techniques themselves, illustrated via plentiful operative photos and vivid clinical case material. The management of osteolysis, ligamentous laxity, extra-articular tenodesis, plane correction, and meniscus deficiency, among others, are discussed in detail. Special populations, such as the pediatric patient, the elite athlete and the female athlete, are discussed as well. Shedding light on this challenging surgical repair, Revision Anterior Cruciate Ligament Reconstruction is the go-to resource for sports medicine and orthopedic surgeons, knee specialists and residents and fellows in these areas.

franklin orthopedics and sports medicine: The Knee Nicholas Sgaglione, James Lubowitz, Matthew Provencher, 2024-06-01 Co-published with the Arthroscopy Association of North America, The Knee: AANA Advanced Arthroscopic Surgical Techniques is a comprehensive technique-based book that presents the latest diagnostic and reconstructive techniques in arthroscopic surgery for the knee. The Knee: AANA Advanced Arthroscopic Surgical Techniques is authored by premier arthroscopic surgeons Drs. Nicholas A. Sgaglione, James H. Lubowitz, Matthew T. Provencher, and their international list of expert contributors. This comprehensive resource includes preferred physical examination testing and diagnostic imaging choices in pre-operative planning and patient selection, state-of-the-art step-by-step description of the procedures, detailed surgical equipment lists to perform each procedure, clear and precise indications for surgery and the thoughtful rationale behind stated contraindications, controversial indications, post-operative protocols, and potential complications. The written text is supported by numerous color images and a website with invaluable, narrated video clips depicting disease-specific arthroscopic techniques specific to the knee. Features inside The Knee: AANA Advanced Arthroscopic Surgical Techniques Narrated video accompanies all surgical techniques, focusing on the stepwise approach to each operation Consistent organization throughout the book results in a bulleted and user-friendly interface for a quick reference or prolonged study Top 5 Technical Pearls for each procedure to enhance outcomes and to avoid common pitfalls and complications High-quality artwork and figures to complement

clinical images Equipment and surgical technique checklists for quick reference prior to surgery Each expert contributor was chosen for his or her expertise for a specific topic related to The Knee, so the reader benefits by the highest quality and treatment recommendations to provide state-of-the-art care to his or her patient. Some chapter topics include: -Arthroscopic Reduction and Fixation of Tibial Plateau and Eminence Fractures -Arthroscopic Treatment of Patellar Tendinopathy -Arthroscopic Meniscal Repair -Novel Techniques in Articular Cartilage Restoration -Advances in Anterior Cruciate Ligament Reconstruction

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