

# **mccullough hyde physical therapy oxford**

**mccullough hyde physical therapy oxford** is a leading provider of specialized rehabilitation services in Oxford, renowned for its comprehensive approach to physical therapy and patient care. This facility combines evidence-based treatments with personalized therapy plans to address a wide range of musculoskeletal and neurological conditions. Patients at McCullough Hyde Physical Therapy Oxford benefit from state-of-the-art equipment, expert clinicians, and a commitment to restoring mobility, reducing pain, and improving overall quality of life. This article explores the various services offered, the expert team behind the treatments, the advanced techniques utilized, and the patient-centered philosophy that defines this clinic. Whether recovering from an injury, managing chronic pain, or seeking preventive care, McCullough Hyde Physical Therapy Oxford offers tailored solutions designed to meet individual needs effectively and efficiently.

- Overview of McCullough Hyde Physical Therapy Oxford
- Comprehensive Physical Therapy Services
- Expert Team of Therapists and Specialists
- Advanced Treatment Techniques and Technologies
- Patient Experience and Care Philosophy
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## **Overview of McCullough Hyde Physical Therapy Oxford**

McCullough Hyde Physical Therapy Oxford is a reputable rehabilitation center dedicated to delivering high-quality physical therapy services to the Oxford community and surrounding areas. The clinic focuses on enhancing patient recovery through customized treatment plans that target the root causes of pain and dysfunction. With a strong emphasis on clinical excellence and compassionate care, McCullough Hyde Physical Therapy Oxford has established itself as a trusted destination for individuals seeking effective physical rehabilitation. The center's approach integrates thorough assessment, manual therapy, exercise prescription, and patient education to promote long-term health and wellness.

## **Comprehensive Physical Therapy Services**

The range of services offered by McCullough Hyde Physical Therapy Oxford covers various

therapeutic needs, ensuring patients receive the appropriate interventions for their conditions. These services are designed to treat acute injuries, post-surgical rehabilitation, chronic pain management, and preventive care.

## **Orthopedic Rehabilitation**

This service focuses on musculoskeletal injuries such as fractures, sprains, strains, and post-operative recovery. Therapists develop individualized programs to restore strength, flexibility, and function.

## **Sports Injury Therapy**

Specialized therapy for athletes addresses performance enhancement and injury prevention, with targeted exercises and manual therapies to support optimal physical conditioning.

## **Neurological Rehabilitation**

Patients with neurological disorders such as stroke, multiple sclerosis, or Parkinson's disease receive tailored therapies aimed at improving mobility, coordination, and independence.

## **Chronic Pain Management**

Through a combination of manual therapy, therapeutic exercises, and patient education, the clinic provides effective strategies for managing persistent pain conditions like arthritis and fibromyalgia.

- Post-operative rehabilitation
- Balance and gait training
- Pediatric physical therapy
- Work-related injury treatment

## **Expert Team of Therapists and Specialists**

McCullough Hyde Physical Therapy Oxford prides itself on employing a highly qualified and experienced team of physical therapists and rehabilitation specialists. Each clinician holds advanced certifications and stays current with the latest research and treatment methodologies in physical therapy.

## **Licensed Physical Therapists**

The core team consists of licensed physical therapists who conduct comprehensive evaluations and design evidence-based treatment plans tailored to each patient's unique needs and goals.

## **Certified Orthopedic Specialists**

Specialists with orthopedic credentials provide expert care for musculoskeletal injuries, ensuring patients receive targeted interventions for faster and more complete recovery.

## **Rehabilitation Assistants and Support Staff**

Supporting the therapists is a skilled team of rehabilitation assistants and administrative staff who facilitate smooth clinical operations and a positive patient experience.

## **Advanced Treatment Techniques and Technologies**

McCullough Hyde Physical Therapy Oxford utilizes cutting-edge treatment modalities and equipment to enhance therapeutic outcomes. The integration of technology with traditional therapy methods ensures comprehensive care tailored to modern standards.

## **Manual Therapy and Mobilization**

Hands-on techniques such as joint mobilization and soft tissue manipulation are employed to reduce pain and improve joint function.

## **Therapeutic Exercise Programs**

Customized exercise regimens are designed to enhance strength, flexibility, endurance, and neuromuscular control, facilitating long-term recovery and injury prevention.

## **Modalities and Electrotherapy**

Use of modalities such as ultrasound, electrical stimulation, and laser therapy helps reduce inflammation and accelerate tissue healing.

## **Gait Analysis and Balance Training**

Advanced assessments and balance exercises support patients recovering from

neurological impairment or lower limb injuries to regain stability and confidence in movement.

## **Patient Experience and Care Philosophy**

The patient-centered philosophy at McCullough Hyde Physical Therapy Oxford emphasizes respect, communication, and education. Each patient receives individualized attention designed to empower them throughout the rehabilitation process.

## **Personalized Treatment Plans**

Therapists collaborate with patients to develop realistic goals and treatment plans that align with their lifestyle, activity level, and health objectives.

## **Education and Empowerment**

Patient education is integral to therapy, providing knowledge on injury prevention, self-care techniques, and strategies to maintain physical health long after treatment ends.

## **Comfortable and Supportive Environment**

The clinic maintains a welcoming atmosphere where patients feel supported and motivated to achieve their rehabilitation goals.

## **Benefits of Choosing McCullough Hyde Physical Therapy Oxford**

Opting for McCullough Hyde Physical Therapy Oxford offers several advantages for individuals seeking expert rehabilitation services. The combination of skilled clinicians, modern techniques, and a patient-focused approach results in superior care quality.

- Comprehensive evaluation and individualized treatment plans
- Access to specialized therapists with extensive clinical experience
- Use of advanced therapeutic technologies and evidence-based practices
- Strong emphasis on patient education and long-term wellness
- Convenient location and flexible scheduling options
- Proven track record of successful rehabilitation outcomes

## **Frequently Asked Questions**

### **What services does McCullough Hyde Physical Therapy in Oxford offer?**

McCullough Hyde Physical Therapy in Oxford offers a range of services including orthopedic rehabilitation, sports injury treatment, post-surgical therapy, manual therapy, and personalized exercise programs to help patients recover and improve their physical function.

### **How can I schedule an appointment at McCullough Hyde Physical Therapy Oxford?**

You can schedule an appointment at McCullough Hyde Physical Therapy Oxford by calling their clinic directly, visiting their website to book online, or walking in during business hours to consult with the reception staff.

### **Does McCullough Hyde Physical Therapy Oxford accept insurance?**

Yes, McCullough Hyde Physical Therapy Oxford accepts most major insurance plans. It is recommended to contact the clinic directly to verify if your specific insurance provider is accepted and to understand any coverage details.

### **What are the operating hours of McCullough Hyde Physical Therapy in Oxford?**

McCullough Hyde Physical Therapy in Oxford typically operates Monday through Friday, with hours from early morning to early evening. Exact hours may vary, so it's best to check their website or call the clinic for the most up-to-date information.

### **Are there specialized therapists at McCullough Hyde Physical Therapy Oxford?**

Yes, McCullough Hyde Physical Therapy Oxford employs licensed and experienced physical therapists who specialize in various areas such as sports medicine, orthopedic rehabilitation, pediatric therapy, and neurological rehabilitation to provide tailored care.

### **What makes McCullough Hyde Physical Therapy Oxford different from other clinics?**

McCullough Hyde Physical Therapy Oxford stands out due to its personalized treatment plans, experienced therapists, state-of-the-art equipment, and a patient-centered approach.

that focuses on education, prevention, and long-term wellness.

## **Can McCullough Hyde Physical Therapy Oxford help with post-surgical rehabilitation?**

Yes, McCullough Hyde Physical Therapy Oxford offers comprehensive post-surgical rehabilitation programs designed to help patients recover mobility, reduce pain, and regain strength following surgeries such as joint replacements, ligament repairs, and other orthopedic procedures.

## **Additional Resources**

### *1. McCullough & Hyde's Oxford Guide to Physical Therapy Practice*

This comprehensive guide offers an in-depth look at the principles and practices of physical therapy as outlined by McCullough and Hyde. It covers a wide range of therapeutic techniques, patient assessment methods, and rehabilitation strategies. Ideal for both students and practicing therapists, it emphasizes evidence-based approaches and practical applications in diverse clinical settings.

### *2. Clinical Foundations in Physical Therapy: Insights from McCullough & Hyde*

Drawing from the expertise of McCullough and Hyde, this book provides foundational knowledge essential for physical therapy professionals. It explores biomechanics, anatomy, and pathophysiology relevant to therapy practice. The text also discusses patient-centered care and the integration of clinical reasoning into treatment planning.

### *3. Oxford Handbook of Physical Therapy: Techniques and Case Studies by McCullough & Hyde*

This handbook presents a collection of physical therapy techniques supported by real-world case studies. Authored by McCullough and Hyde, it serves as a practical resource for clinicians seeking to refine their skills. Each chapter includes step-by-step instructions and evidence supporting various therapeutic interventions.

### *4. Rehabilitation Science and Practice: McCullough & Hyde Perspectives*

Focusing on rehabilitation science, this book unites theory and practice through the lens of McCullough and Hyde's methodologies. It examines multidisciplinary approaches to patient recovery and the role of physical therapy in long-term health management. The volume is useful for professionals interested in advancing rehabilitation outcomes.

### *5. Advanced Physical Therapy Modalities: Techniques from McCullough & Hyde*

This text explores advanced therapeutic modalities including manual therapy, electrotherapy, and exercise prescription. McCullough and Hyde provide detailed explanations of how to apply these techniques effectively. The book is designed for experienced practitioners looking to expand their therapeutic repertoire.

### *6. Evidence-Based Physical Therapy: Applications in Clinical Practice by McCullough & Hyde*

Emphasizing the importance of research in therapy, this book discusses how to incorporate evidence-based practices into daily clinical work. McCullough and Hyde guide readers through critical appraisal of literature and translating findings into patient care. It

is an essential resource for ensuring high-quality, scientific treatment approaches.

*7. Oxford Textbook of Musculoskeletal Physical Therapy: McCullough & Hyde Contributions*

This textbook covers musculoskeletal conditions commonly treated in physical therapy, with contributions by McCullough and Hyde. It details assessment techniques, diagnostic reasoning, and intervention strategies. The comprehensive nature of the book makes it suitable for both learning and reference.

*8. Physical Therapy for Neurological Disorders: Insights from McCullough & Hyde*

Focused on neurological rehabilitation, this book addresses therapeutic strategies for patients with conditions such as stroke, multiple sclerosis, and Parkinson's disease. McCullough and Hyde provide evidence-based protocols and patient management guidelines. The text integrates neuroscience principles with clinical practice.

*9. Oxford Compendium of Physical Therapy Research: McCullough & Hyde Edition*

This compendium compiles significant research studies and reviews in physical therapy curated by McCullough and Hyde. It highlights advancements, challenges, and future directions in the field. The collection is invaluable for researchers, educators, and clinicians committed to advancing physical therapy knowledge.

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changes to the DSM-5 *Selecting Effective Treatments* provides a comprehensive resource for clinicians seeking to understand the symptoms and dynamics of mental disorders, in order to provide a range of treatment options based on empirically effective approaches. This new fifth edition has been updated to align with the latest changes to the DSM-5, and covers the latest research to help you draw upon your own therapeutic preferences while constructing an evidence-based treatment plan. Organized for quick navigation, each disorder is detailed following the same format that covers a description, characteristics, assessment tools, effective treatment options, and prognosis, including the type of therapy that is likely to be most successful treating each specific disorder. Updated case studies, treatments, and references clarify the latest DSM-5 diagnostic criteria, and the concise, jargon-free style makes this resource valuable to practitioners, students, and lay people alike. Planning treatment can be the most complicated part of a clinician's job. Mental disorders can be complex, and keeping up with the latest findings and treatment options can itself be a full time job. *Selecting Effective Treatments* helps simplify and organize the treatment planning process by putting critical information and useful planning strategies at your fingertips. Get up to speed on the latest changes to the DSM-5. Conduct evidence-based treatment suited to your therapeutic style. Construct Client Maps to flesh out comprehensive treatment plans. Utilize assessment methods that reflect the changes to the DSM-5 multiaxial system. Effective treatment begins with strategic planning, and it's important to match the intervention to your own strengths, preferences, and style as much as to the client's needs. *Selecting Effective Treatments* gives you the latest information and crucial background you need to provide the evidence-backed interventions your clients deserve.

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