

potty training on the go

potty training on the go presents unique challenges and opportunities for parents and caregivers of toddlers. Unlike standard potty training at home, managing this developmental milestone during travel, outings, or busy schedules requires preparation, flexibility, and practical strategies. This article explores effective methods and tools to facilitate successful potty training outside the comfort of home, ensuring both child and caregiver experience confidence and convenience. Key topics include choosing portable potty solutions, establishing routines away from home, handling accidents gracefully, and maintaining consistency despite changing environments. Additionally, the article covers hygiene considerations, packing essentials, and tips for encouraging toddlers to embrace potty habits while on the move. The comprehensive guidance provided here supports seamless potty training on the go, making the process smoother and less stressful for all involved.

- Understanding Potty Training on the Go
- Essential Tools and Supplies for Portable Potty Training
- Strategies for Successful Potty Training Outside the Home
- Managing Accidents and Challenges on the Go
- Maintaining Hygiene and Comfort During Travel
- Encouraging and Motivating Toddlers While Traveling

Understanding Potty Training on the Go

Potty training on the go refers to the process of teaching a toddler to use the toilet or potty chair while away from their usual home environment. This can include travel in cars, visits to parks, restaurants, or other public places. Unlike training at home, where routines and familiar surroundings support learning, potty training on the go demands adaptability and proactive planning. Understanding the developmental readiness of a child and recognizing cues for bathroom needs are critical components. Additionally, caregivers must be prepared to handle unpredictability and create positive reinforcement despite distractions or unfamiliar settings.

Developmental Readiness and Signs

Recognizing when a child is ready for potty training on the go is essential. Signs include showing interest in the bathroom habits of others, staying dry

for longer periods, communicating discomfort with dirty diapers, and demonstrating basic motor skills to sit on a potty. Readiness ensures that the child is more likely to respond positively even when outside the home, reducing frustration for both child and caregiver.

Challenges Unique to Potty Training Away from Home

Potty training on the go involves specific challenges such as limited access to clean restrooms, unfamiliar bathroom layouts, and distractions. Children may also feel anxious or resistant in new environments. Understanding these challenges allows caregivers to anticipate potential issues and implement effective strategies to maintain potty training progress.

Essential Tools and Supplies for Portable Potty Training

Having the right tools and supplies is fundamental to successful potty training on the go. Portable potty equipment and accessories can make the process more convenient and hygienic, providing comfort and security to the child.

Types of Portable Potty Solutions

There are several options for portable potty training devices, including:

- **Travel Potty Chairs:** Compact, foldable chairs designed for easy transport and use in various locations.
- **Potty Seat Adapters:** Attachments that fit over public toilet seats to provide a child-sized, hygienic surface.
- **Disposable Potty Liners:** Single-use liners that can be placed inside portable potties for easy cleanup.
- **Urinal Bags:** Leak-proof bags suitable for emergencies when no restroom is available.

Additional Supplies to Pack

Besides the potty itself, caregivers should pack essential supplies to support potty training on the go, including:

- Flushable wipes and hand sanitizer for hygiene

- Extra underwear and clothing in case of accidents
- Plastic bags for soiled clothes or waste
- Reward charts or small incentives to motivate the child
- A small towel or seat cover for added comfort

Strategies for Successful Potty Training Outside the Home

Implementing effective strategies can enhance the success rate of potty training on the go. Consistency, communication, and positive reinforcement remain key principles, adapted to the mobile context.

Establishing a Portable Routine

Maintaining a routine similar to the home environment helps the child feel secure. Regular bathroom breaks should be scheduled, especially during car trips or outings. Predictable cues such as stopping every two hours or before meals can prompt children to use the potty proactively.

Communication and Encouragement

Clear communication regarding bathroom expectations plays an important role. Caregivers should use simple language and visual cues to remind toddlers to use the potty. Praising efforts and successes, even small ones, encourages continued cooperation and builds confidence.

Using Familiar Potty Training Techniques

Applying familiar techniques such as reading potty training books, using songs or games, and demonstrating proper hygiene helps maintain consistency. Bringing along a favorite potty training doll or toy can also provide comfort and motivation.

Managing Accidents and Challenges on the Go

Accidents are a normal part of potty training, especially when away from home. Preparing to handle these situations calmly and effectively supports the child's learning process and reduces stress.

Responding Calmly to Accidents

Caregivers should respond to accidents without punishment or frustration. Reassuring the child that accidents happen and encouraging them to try again fosters a positive attitude. Immediate cleanup and changing into fresh clothes help maintain hygiene and comfort.

Problem-Solving Common Obstacles

Common obstacles include reluctance to use unfamiliar toilets, fear of flushing, or distractions. Strategies to overcome these include:

- Bringing a portable potty to ensure familiarity
- Using distraction techniques like storytelling or singing to ease anxiety
- Allowing the child to flush independently when ready to reduce fear

Maintaining Hygiene and Comfort During Travel

Hygiene and comfort are paramount in potty training on the go to prevent infections and ensure the child's well-being. Proper sanitation practices and thoughtful planning contribute to a positive potty training experience.

Sanitizing Portable Equipment

Portable potty chairs and seat adapters should be cleaned regularly to maintain hygiene. Carrying disinfectant wipes and cleaning sprays allows caregivers to sanitize surfaces before and after use. Disposable liners also reduce the risk of contamination.

Ensuring Child Comfort

Comfort can be enhanced by choosing potty equipment with soft edges and child-friendly designs. Dressing the child in easy-to-remove clothing facilitates quick bathroom access. Additionally, maintaining a comfortable temperature and providing privacy when possible helps the child relax during potty time.

Encouraging and Motivating Toddlers While Traveling

Motivation is a critical factor in potty training success, especially when routines are disrupted by travel. Positive reinforcement and engaging activities support toddlers in developing good potty habits on the go.

Using Rewards and Praise

Reward systems such as sticker charts or small treats can incentivize children to use the potty consistently. Verbal praise and encouragement reinforce positive behavior and build self-esteem.

Incorporating Play and Learning

Integrating play into potty training keeps the child engaged. Interactive books, songs, and games related to potty use make learning enjoyable. Caregivers can also share stories about other children's potty training experiences to normalize the process.

Frequently Asked Questions

What are some essential items to pack for potty training on the go?

Essential items include a portable potty or travel toilet seat, flushable wipes, disposable potty liners, hand sanitizer, extra clothes, plastic bags for soiled items, and easy-to-remove clothing for your child.

How can I handle potty training in public restrooms?

Bring a portable potty seat or a disposable seat cover, encourage your child to wash hands afterward, and prepare them in advance by talking about public restroom etiquette. Using flushable wipes can also help maintain hygiene.

What are some tips for maintaining consistency in potty training while traveling?

Stick to your child's usual potty schedule as much as possible, bring familiar potty training tools, praise and reward your child for using the potty, and remain patient and calm to reduce stress during transitions.

How do I manage accidents when potty training on the go?

Prepare by carrying extra clothes and cleaning supplies, stay calm and reassuring, clean up promptly, and encourage your child to use the potty next time. Avoid punishment to maintain a positive potty training experience.

Are there portable potty options suitable for travel?

Yes, popular options include foldable potty seats, disposable travel potties, potty seats that fit over regular toilets, and compact potty chairs designed specifically for travel convenience and hygiene.

How can I encourage my child to use the potty when we are away from home?

Use positive reinforcement such as praise or small rewards, make the potty familiar by bringing their own potty or seat, maintain a consistent routine, and explain what to expect in a fun and supportive way.

What clothing is best for potty training on the go?

Dress your child in loose, easy-to-remove clothing like pants with elastic waistbands or dresses, which makes quick bathroom trips easier and reduces accidents caused by complicated clothing.

How do I handle potty training during long trips or flights?

Plan regular potty breaks, bring portable potty equipment, keep your child hydrated but monitor fluid intake before rest stops, and have distractions ready to keep them comfortable and calm during waits.

Can technology help with potty training on the go?

Yes, potty training apps can provide reminders, track progress, and offer rewards. Portable music players or tablets can distract and motivate children during potty breaks, making the process more engaging.

Additional Resources

1. Potty Training Adventures: On-the-Go Success

This book offers practical tips and strategies for parents to confidently potty train their toddlers while traveling or out and about. It covers preparation, choosing portable potty options, and maintaining routines away

from home. The engaging stories and step-by-step advice make potty training less stressful during family outings.

2. Travel-Friendly Potty Training: A Parent's Guide

Focused on helping parents navigate the challenges of potty training during trips, this guide includes checklists and travel hacks. It emphasizes consistency, patience, and the use of travel potties or toilet seat adapters. Helpful anecdotes from parents provide real-life solutions to common travel potty dilemmas.

3. Potty Training Anywhere: Tips for Busy Families

Designed for busy parents, this book provides quick and effective potty training techniques that work during errands, vacations, and playdates. It highlights the importance of flexibility and positive reinforcement in varied environments. The author shares insights on managing accidents and staying calm on the go.

4. The Portable Potty Training Handbook

This comprehensive handbook explores the best portable potty options and how to introduce them to your child. It includes advice on hygiene, cleaning, and discreet potty setups in public spaces. The book also discusses how to maintain training momentum outside the home.

5. Out and About Potty Training: A Toddler's Journey

Through a collection of relatable stories, this book illustrates the experiences of toddlers learning to use the potty during daily outings. It encourages parents to celebrate small victories and adapt to unexpected challenges. Practical tips for public restroom visits and travel preparations are included.

6. On-the-Go Potty Training Made Easy

This guide breaks down potty training into manageable steps tailored for parents who are frequently on the move. It offers advice on timing, recognizing readiness signs, and using portable equipment effectively. The book also addresses common fears and how to build your child's confidence.

7. Potty Training in Public: Strategies for Success

Focusing on public restroom use, this book helps parents teach children how to feel comfortable and safe when potty training outside the home. It discusses hygiene practices, dealing with distractions, and teaching proper handwashing. The author provides tips for making public potty visits a positive experience.

8. Adventures in Potty Training: Travel and Beyond

Ideal for families who love to explore, this book combines travel tips with potty training guidance. It covers packing essentials, planning potty breaks, and maintaining routines on the road. The playful illustrations and encouraging tone make it a favorite for both parents and children.

9. Quick Potty Tips for Parents on the Go

A concise resource offering straightforward advice for potty training in busy

or unpredictable situations. This book emphasizes preparation, consistency, and patience, with quick tips for handling accidents and encouraging progress. It's a handy companion for parents juggling multiple commitments.

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potty training on the go: Potty Training-How To Potty Train Your Child In One Day Lucy Watson, 2020-07-17 Have You Tried Other Methods and Are Still Unsuccessful With Potty Training Your Child? Then Get This Book Right Now And Your Little Boy and Little Girl Will Be A Toilet Super Hero In A Day! Potty training is an important milestone for your child. They are growing up and have reached the right developmental milestones to be able to go to the bathroom and understand what is going on. While this is so important and a big milestone to celebrate, many parents look at potty training with dread. They do not look forward to the races to the bathroom, the accidents and messes, and all the fights to get their child to learn how to use the potty. This guidebook is here to help. Inside, we are going to explore the technique that you need to use to potty train your child in just one day. Not only will we go through the steps that you need to potty train in just one day, we will also take a look at how to tell if your child is ready to be potty trained, tips for helping with boys and girls, how to pick out the right supplies, and even other training techniques that you can try with your child. Topics Covered in this book includes but are not limited to:- •When Should I Start Potty Training •Bowel and bladder control •What Supplies Do I Need? •Getting Ready the Day Before •The One-Day Method •Other Popular Potty Training Methods •How to Potty Train a Toddler •Tips to Make Potty Training Boys Easier •Tips to Make Potty Training Girls Easier and much more Buy Your Book Copy To Today! Potty training your child does not need to be a pain. It can be a fun experience that the two of you can enjoy together. Get This Guidebook Now and learn how to potty train your child in one day without both of you getting frustrated with the whole process!

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Playful pictures help them understand what potty training will look and feel like, and a short, rhyming potty song teaches them how to talk to you about their potty needs. Made for toddlers—Get toddlers involved in the potty-training process with easy-to-understand, kid-friendly language and illustrations. On-the-job potty training—Your little one can enjoy this book while on the potty, helping them develop positive feelings about the potty and reinforce their learning. Support for all toddlers—This inclusive, gender-neutral approach to toddler potty books makes it easy for any toddler to see themselves in the story. Watch diapers fall by the wayside thanks to one of the best potty-training books for toddlers.

potty training on the go: Potty Train Your Child in Just One Day Teri Crane, 2006-06-06 Finally...a fun, easy-to-use guide to potty training any child in just ONE DAY Just think, from the time babies are born until they are toilet trained, they use an average of 4,000 diapers! Potty Train Your Child in Just One Day is the helpful guide you've been waiting for to get your child out of diapers and turn the potentially terrifying process of toilet training into an effective and enjoyable bonding experience with your child. Teri guides parents to the successful one-day potty training of their child by teaching them how to: • Look for the signs that your child is ready to be potty trained • Make the potty connection by using a potty-training doll • Create incentive through consistent positive reinforcement • Use charts, quizzes, and checklists to help with every step of potty training • Know when it's time to bring in a potty pinch hitter • Complete your potty training -- no more accidents Once Teri teaches you her techniques, she shares her secret -- potty parties! She has carefully designed twelve imaginative themes for parties, such as a seriously silly circus, a cartoon character carnival, or a magic carpet express, and supplies parents with everything they will need. Teri has proven that a potty party day engages a child in potty training in a way that no other method has before -- by speaking a toddler's language. A party may translate to fun, games, cake, candy, presents, and prizes to a child, but with Teri's expertise, parents can use it as a tool to motivate their child to want to go to the bathroom -- and to keep on going. That's why it works in just one day!

potty training on the go: Potty Training for Boys in 3 Days Stephany Hicks, 2020-09-16 In just 3 days, accomplish what takes many parents months to achieve... Many parents consider potty training to be one of the most difficult hurdles to guide their growing toddler through. It can be frustrating, time consuming, and stressful for the whole family. You may have been told by friends and family that the only option is to spend months working with your child to get them out of diapers, and that the only way to do it is to accept a long, strenuous ordeal. But what if you could do all of that work in just 3 days? By following a system that allows your son to naturally build an understanding of their body cues, you can quickly and decisively remove diapers from their life in the course of just a few days. On average, parents spend 3 months potty training their kids, often cycling through method after method with little success and many false starts. Stephany Hicks knows how frustrating this process can be, having raised 3 children who all required very different approaches to get them out of diapers and into the next stage of their lives. She's compiled the tried and tested approach that thousands of parents have found success with, as well as the common mistakes you may be making without knowing it. Now, she's sharing her knowledge with you to help your experience go as smoothly as possible. In Potty Training for Boys in 3 Days, , here is just a fraction of what you will discover: The giveaway signs that indicate your son is ready to start potty training, and when to begin the first step How to tailor your training approach to your son's specific needs, even if you've tried several methods that have failed in the past Step by step instructions for a quick, effective potty training system that teaches your child to recognize their toilet needs 8 approaches for handling accidents and regression in a supportive and consistent manner without discouraging your son's motivation How to handle the most common problems parents encounter while potty training, including tips on how to prevent them from even arising An all-inclusive list of everything you'll need before you begin the potty training process How to continue reinforcing positive toilet behavior, even after the 3-day program is over And much more. Potty training is never going to be easy, but you don't have to accept months of stress in order to get it done. You and your son can go through this important milestone together in a way that healthily establishes their

understanding of their body, all while feeling relaxed at the same time. If you're ready to skip the stress of potty training and help your son go diaper-free over the course of one weekend, then scroll up and click the Add to Cart button right now.

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potty training on the go: *Easy Peasy Potty Training* Julie Schooler, 2021-01-12 Everything you need to potty train your toddler AND nothing you don't. · Do you want your child to be toilet trained quickly and easily but have no clue where to start and are worried that it could all go wrong? · Or have you started potty training your toddler and it's all turned to custard so you desperately need some solutions? This book is a simple to follow, step-by-step process to toilet train your child. It answers your burning questions, busts myths and misconceptions and tells you what to do if there are mishaps, problems or hiccups. All the tools and techniques you will need for toilet training your toddler are right here. The thought of potty training stresses most parents out. It's a topic that: · you may know very little about, and · what you do know sounds difficult, messy and full of conflicting messages The concept for this book came about when I started potty training my son. I read a lot of books and articles, searched all over the Internet and even took a course on potty training. But, surprisingly, I could not find one, relatively short, clear, gimmick-free guide to potty training. This is the book I wish I had when I was potty training my child. In the course of writing this book, I surveyed dozens of other parents who have toilet trained their children. You not only get to avoid all the mistakes we have made, but will have answers on hand for any issues that arise. Follow the short, chunked down chapters in *Easy Peasy Potty Training* to: · help you make decisions such as whether to start on a potty or the toilet · get a comprehensive shopping list for all your potty training needs · give you lots of tips on preparation tasks to make toilet training go smoothly · provide a simple three stage approach to potty training · find out what actions to take when accidents happen · have the best transition to no diapers at nighttime · prepare for childcare and leaving the house · get solutions to common potty training problems Read this book and you won't need to spend hours searching for information all over the Internet. You will have a clear direction and won't be confused by conflicting advice. This book has everything you need to know about toilet training and nothing you don't. It will save you time, money and your sanity during this challenging stage. One book.

Potty training. Done. What's stopping you from getting the best way to toilet train your toddler today? Buy this book and you WILL potty train your child - with less stress and less mess.

potty training on the go: Potty Training Magic Amanda Jenner, 2019-04-04 The easy, effective and playful way to potty train - fast! Potty training is a major and exciting milestone for toddlers yet something all parents universally dread - and put off! Amanda Jenner, ITV's Toilet Training expert with decades of experience, is here to help you think differently and approach this challenge with confidence - and even with a little bit of magic. Amanda's hugely successful five day plan, with no need to take time off work or wait until the holidays, will help you to: *know when your toddler is ready and how best to prepare *see the world through your toddler's eyes - and be their best coach *overcome setbacks including regression and constipation *use the most effective language and harness creative play to make it all fun! Covering every conceivable problem, and suitable for children with learning difficulties, with Amanda's super easy playful plan there's no excuse not to get started. 'After hearing about Amanda and her wonderful skills with toddlers, I called upon her for my youngest child, and I was absolutely amazed of the difference she made within a few days. Every home should have an Amanda.' - Charlotte Tilbury

potty training on the go: Good to Go Gia Gambaro Blount, Laura Birek, 2025-10-02 A practical and utterly-relatable guide that empowers parents to navigate potty training with confidence and ease. Potty-training methods all seem to follow one of two concepts: either waiting forever to see "signs of readiness" or resigning yourself to an intense and messy three-day naked weekend. But these approaches fail to align with today's more respectful, intentional, and collaborative parenting styles. Good to Go is here to fix that, teaching 90% of the potty-training skills children need before ditching the diapers. Developed by parenting expert Gia Gambaro Blount, this realistic, definitive approach to potty training draws from twenty years of wisdom. Alongside Blount's practiced insight, mom and podcaster Laura Birek documents her own personal (and often hilarious) stories about potty-training her toddler in real time. Together, Blount and Birek guide parents step-by-step through their time-tested method that features actionable tips, real-life examples, and practical strategies for everything from recognizing body cues to picking the right supplies. By combining the science of child development with modern parenting approaches, Good to Go honors the natural learning process, reduces parental stress, and sets children up for potty-training success.

potty training on the go: Toddler Potty Training Marie C. Foster, 2018-04-27 Learn Potty Training for your Child in 2 Days Or Less! Here's an Effective Way How to Potty Train your Child over the Weekend: Find out the best way to potty train your toddler today to help yourself save money, boost your child's confidence, and get the child using the toilet sooner. - Have you wanted to potty train your child but lacked the time to do it? - Have you always wanted to learn information on potty training such as - - what to do when your toddler refuses or won't do potty training - what age or about when is a toddler reading for potty training - how to help your toddler potty train - without the stress ? If you answered Yes to any of the questions above, then this book Toddler Potty Training: Incredibly Simple 2-Day Potty Training that Works is for you. In this book, you're about to discover the truth about toilet training and learn why many parents in the western world are 'behind the times' when it comes to the age that they potty train their toddler. ☐☐ Here is What You Will Learn: ☐☐ - How the 2-day potty training boot camp works and how it makes it easier for working or busy parents - Detailed specifics of the 2-day method - and why it is one of the most effective ways to toilet train your child - How to come up with a plan for your toddler, including what to buy for toilet training, choosing a reward, preparing them for the big weekend - Potty Training Tips for Boys - Potty Training Tips for Girls ... and many more! ☐☐ Added Benefits of owning this book: ☐☐ - You'll learn how to teach your child to be completely diaper-free, even on long car rides and at nighttime - Finding out the valuable reasons why you should potty train earlier, including why it is more effective in most cases ☐☐ PLUS: Bonus Section Included Helpful Tips for Dads - techniques that they may want to use for toilet training ☐☐ By implementing the lessons in this book, your little one will be a potty-trained warrior in no time. This means less money spent on diapers for you, as well as

increased confidence in your child. As an added benefit, you will no longer have to worry if daycare or their babysitter is changing them often enough because they will go to the potty on their own. Don't wait any longer! Scroll up and click the Buy Now button to begin your goal of applying effective toddler potty training for your child for time-saving and stress-free results.

potty training on the go: Ready, Set, Go! Sarah Ockwell-Smith, 2018-06-05 A calmer, simpler approach to potty training If you're like most parents, you're probably feeling pretty nervous about potty training. But don't worry, help is on the way. This supportive guide provides step-by-step advice for a compassionate and emotionally aware process—one that focuses on positive connection rather than relying on gimmicks, pressure, or rewards (which usually backfire). Topics include: * Signs your child is ready, and how to begin * Preparing your child emotionally * Tips for coping when away from home * Advice for handling accidents and setbacks * Practical stories and tips from parents Written by popular parenting expert Sarah Ockwell-Smith, creator of Gentle Parenting, this is the only book you'll need to guide your child through this developmental milestone--without trauma, drama and tears (for child and parents alike!).

potty training on the go: Potty Training Made Easy: A Step by Step Guide on How to Toilet Train Your Child Fast Jessica Smith, 2019-02-28 How do you get your toddler to use the potty independently without raising a fuss? Potty training is a very important topic, just ask the mom of any toddler. This is one issue that has given several parents a tough time, yet if you do a quick search online, there is no end to claims that you can get your little one potty trained in a couple of days or less. If you are struggling with training your toddler to use the potty and it is not yielding a lot of success, the temptation is to think that maybe there is something wrong with you. Or with your child. If those thoughts are sneaking into your consciousness, then this is the time to resist temptation. There is likely nothing wrong with either you or your child. So how exactly are you supposed to potty train your child? That is a question that might be running through your mind, and it is a good one. The fact is that there are many methods to potty training and the one that will work for you depends largely on your child. It is easy to assume that a parent just automatically knows how to toilet train a child. But, it does not work that way. As a parent, it is important to learn how to do things properly. Of course, there are those who just intuitively know how to go about the potty training business and some children who just automatically start using the toilet by themselves. However, these are the exception and you probably do not know very many people like that. In fact, you probably don't know anyone like that. What most people do is learn about the different methods of potty training and then pick the one that suits their child's temperament and personality. What works for one child might not work for his sister. So understanding your child is imperative for successful toilet training. What does not work though, is shaming and mocking your child whenever accidents happen. This can have far-reaching negative effects on your child. The psychologist, Erikson believed that potty training was one of the eight important stages in the psychosocial development of a person. In particular, that toilet training was the most important stage between the ages 1 and 2. He believed that it was an event that led to self-confidence and self-control in a child, breeding greater freedom and the ability to do things on their own. Autonomy Vs Shame and Doubt In order to achieve this autonomy in children, it is important that parents let the children do things on their own. This means not being too overprotective and certainly not shaming the child whenever there was a mistake. The result of the way you react to your child during this stage has a great significance on the child's world view later on. Whether your child goes on to become a confident and self-assured person or views the world through a lens of shame and doubt about his or abilities will depend a lot on the way you handle things during the potty training stage. Not to put pressure on you as a parent, this is merely a call for lots of patience during the toilet training phase. During any phase to be honest, but your toddler is going to need you to be patient and encouraging as she navigates her way through the strange, diaper-less world. Patience you say? Yes, asking you to be patient is easier said than done. There are times when it is going to seem as though your little angel is on a mission to test the limits of your patience. And there are times when mistakes are going to happen no matter how hard you try. Frankly, there is nothing as frustrating as placing your little

one on the potty for what seems like endless hours and nothing happens. Only for him to go just as soon as he gets up from the potty, leaving you to clean up the mess. Those days are going to happen. There is not much you can do about that. However, this book seeks to share strategies and tips that can help you speed up the process and yes, build up your reserve of patience

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